

**DISCIPLINE COMMITTEE OF  
THE COLLEGE OF NATUROPATHS OF ONTARIO**

This is Exhibit # 1  
In **CONO vs. Taras Rodak**  
Date: **October 5, 2020**

B E T W E E N :

COLLEGE OF NATUROPATHS OF ONTARIO

- and -

TARAS RODAK

**NOTICE OF HEARING**

The Inquiries, Complaints and Reports Committee of the College of Naturopaths of Ontario (the “College”) has referred specified allegations against you to the Discipline Committee of the College. The allegations were referred in accordance with section 26 of the *Health Professions Procedural Code* which is Schedule II to the *Regulated Health Professions Act, 1991*. The statement of specified allegations is attached to this notice of hearing. A discipline panel will hold a hearing under the authority of sections 38 to 56 of the *Health Professions Procedural Code*, as amended, for the purposes of deciding whether the allegations are true. A **pre-hearing conference** will be held at a date and location to be set by the Presiding Officer. A discipline panel will convene at the offices of the College at 150 John Street, 10th Floor, Toronto, Ontario at **9:30 a.m. on a date to be set by the Registrar**, or as soon thereafter as the panel can be convened, for the purposes of conducting the **discipline hearing**.

**IF YOU DO NOT ATTEND ON THE DATE FOR THE HEARING IN ACCORDANCE WITH THE PRECEDING PARAGRAPH, THE DISCIPLINE PANEL MAY PROCEED IN YOUR ABSENCE AND YOU WILL NOT BE ENTITLED TO ANY FURTHER NOTICE IN THE PROCEEDINGS.**

If the discipline panel finds that you have engaged in professional misconduct, it may make one or more of the following orders:

1. Direct the Registrar to revoke your certificate of registration.
2. Direct the Registrar to suspend your certificate of registration for a specified period of time.
3. Direct the Registrar to impose specified terms, conditions and limitations on your certificate of registration for a specified or indefinite period of time.
4. Require you to appear before the panel to be reprimanded.
5. Require you to pay a fine of not more than \$35,000 to the Minister of Finance.
6. If the act of professional misconduct was the sexual abuse of a patient, require you to reimburse the College for funding provided for that patient under the program required under section 85.7 of the *Health Professions Procedural Code*.
7. If the panel makes an order under paragraph 6, require you to post security acceptable to the College to guarantee the payment of any amounts the member may be required to reimburse under the order under paragraph 6.

The discipline panel may, in an appropriate case, make an order requiring you to pay all or part of the College's costs and expenses pursuant to section 53.1 of the *Health Professions Procedural Code*.

You are entitled to disclosure of the evidence against you in accordance with section 42(1) of the *Health Professions Procedural Code*.

You, or your representative, may contact the solicitor for the College, Rebecca Durcan, in this matter:

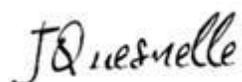
Steinecke Maciura LeBlanc  
Barristers & Solicitors  
401 Bay Street  
Suite 2308, P.O. Box 23  
Toronto, ON M5H 2Y4

Telephone: (416) 644-4783  
Facsimile: (416) 593-7867

You must also make disclosure in accordance with section 42.1 of the *Health Professions Procedural Code*, which states as follows:

Evidence of an expert led by a person other than the College is not admissible unless the person gives the College, at least ten days before the hearing, the identity of the expert and a copy of the expert's written report or, if there is no written report, a written summary of the evidence.

Date: June 21, 2018



\_\_\_\_\_  
Jeremy Quesnelle  
Deputy Registrar  
College of Naturopaths of Ontario

TO: **DR. TARAS RODAK, ND**  
Wellness Institute  
954 Royal York Road  
Toronto, ON M8X 2E5  
Tel: 416-234-1888 x 30  
Fax: 416-234-0006

c/o **BRIAN WHITWHAM**  
Miller Thomson LLP  
One London Place  
255 Queens Avenue, Suite 2010  
London, ON N6A 5R8  
[bwhitwham@millerthomson.com](mailto:bwhitwham@millerthomson.com)

## STATEMENT OF SPECIFIED ALLEGATIONS

1. At all relevant times, Dr. Taras Rodak (“the Member”) has been a member of the College.
2. On or about October 2, 2017 the Patient attended the Member’s clinic in Etobicoke, Ontario. The Patient was seeking assistance related to low energy and leg cramps related to her marathon training.

### Standards of the Profession

3. It is alleged that during the appointment, the Member:
  - a. [REDACTED]
  - b. [REDACTED]
  - c. [REDACTED]
  - d. Did not obtain informed consent to perform Bowen therapy on the patient;
  - e. Did not adequately respond to the Patient’s questions about Bowen therapy;
  - f. [REDACTED]
4. It is alleged that the above conduct constitutes professional misconduct pursuant to s. 51(1)(c) of the *Health Professions Procedural Code*, being Schedule 2 to the *Regulated Health Professions Act, 1991* (the “Code”) as set out in one or more of the following paragraphs of section 1 of Ontario Regulation 17/14 made under the *Naturopathy Act, 2007*:
  - a. **Paragraph 1** (Contravening, by act or omission, a standard of practice of the profession or failing to maintain the standard of practice of the profession); and/or
  - b. **Paragraph 46** (Engaging in conduct or performing an act relevant to the practice of the profession that, having regard to all the circumstances, would

reasonably be regarded by members as [REDACTED] dishonourable or unprofessional).

### Informed Consent

5. It is alleged that during the appointment, the Member failed to:
  - a. Provide the Patient with the nature of the Bowen therapy treatment;
  - b. Provide the Patient with the expected benefits of the Bowen therapy treatment;
  - c. Provide the Patient with the material risks of the Bowen therapy treatment;
  - d. Provide the Patient with the material side effects of the Bowen therapy treatment;
  - e. Provide the Patient with alternative courses of action to Bowen therapy treatment; and/or
  - f. Provide the Patient with the likely consequences of not having the Bowen therapy treatment.
  
6. It is alleged that the above conduct constitutes professional misconduct pursuant to s. 51(1)(c) of the Code as set out in one or more of the following paragraphs of section 1 of Ontario Regulation 17/14 made under the *Naturopathy Act, 2007*:
  - a. **Paragraph 3** (Doing anything to a patient for a therapeutic, preventative, palliative, diagnostic or other health-related purpose except, i. with the informed consent of the patient or the patient's authorized representative, or ii. as required or authorized by law); and/or
  - b. **Paragraph 46** (Engaging in conduct or performing an act relevant to the practice of the profession that, having regard to all the circumstances, would reasonably be regarded by members as [REDACTED] dishonourable or unprofessional).

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[Redacted text block]

## APPENDIX

1. The documents to be tendered in evidence at the hearing have been sent with this Notice of Hearing.
2. The *Rules of Procedure of the Discipline Committee* have been sent with this Notice of Hearing.
3. Take notice that the documents that have been and may later be disclosed to you will be tendered as business documents pursuant to the *Evidence Act* of Ontario.
4. All documents that are disclosed to you in this matter are disclosed on the basis that they are to be used solely for the purpose of this proceeding and for no other purpose.

COLLEGE OF NATUROPATHS OF ONTARIO

- and -

TARAS RODAK

DISCIPLINE COMMITTEE  
OF THE COLLEGE OF  
NATUROPATHS OF ONTARIO

**NOTICE OF HEARING**

**STEINECKE MACIURA LEBLANC**

Barristers & Solicitors  
401 Bay Street, Suite 2308  
P.O. Box 23  
Toronto, ON M5H 2Y4

**Rebecca Durcan**

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Lawyers for the College of  
Naturopaths of Ontario



**DISCIPLINE COMMITTEE OF  
THE COLLEGE OF NATUROPATHS OF ONTARIO**

This is Exhibit # 2  
In **CONO vs. Taras Rodak**  
Date: **October 5, 2020**

BETWEEN:

COLLEGE OF NATUROPATHS OF ONTARIO

- and -

TARAS RODAK

**JOINT BRIEF OF DOCUMENTS**

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Lawyers for the Member, Taras Rodak

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**STEINECKE MACIURA LEBLANC**  
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Lawyers for the College of Naturopaths  
of Ontario

# INDEX

**DISCIPLINE COMMITTEE OF  
THE COLLEGE OF NATUROPATHS OF ONTARIO**

BETWEEN:

COLLEGE OF NATUROPATHS OF ONTARIO

- and -

TARAS RODAK

**JOINT BRIEF OF DOCUMENTS INDEX**

TAB	DOCUMENT	DATE	PAGE #
1.	Email exchange between Patient and Dr. Rodak, ND	September 30, 2017- October 1, 2017	1-2
2.	Patient File, including: <ul style="list-style-type: none"><li>• Intake Form</li><li>• Signed Acknowledgement and Informed Consent</li><li>• Dr. Rodak, ND's Written Notes and indication of Digestive Enzymes on Chart</li><li>• Printouts</li><li>• Computer Printout of Appointment</li><li>• Invoice</li></ul>	October 2017 and November 2017	3-17
3.	Blank Acknowledgement and Informed Consent of Dr. Rodak, ND	Undated	18
4.	College Standard of Practice on Core Competencies	Undated	19-22
5.	College Standard of Practice on Consent	In place from July 1, 2015 until December 6, 2017	23-27
6.	██ ████████████████████	Undated	28-33

**TAB 1**

-----Original Message-----

From: [REDACTED]  
 Sent: Sunday, October 1, 2017 11:17 AM  
 To: Wellness Institute  
 Subject: Re: Appointment

Hi again.

That would be absolutely perfect!!! See you then - I really hope you can help 🙏🙏

[REDACTED]

> On Oct 1, 2017, at 10:03 AM, Wellness Institute <wellnessinstitute@sympatico.ca> wrote:  
 >  
 > Hello [REDACTED],  
 > Please confirm that tomorrow - Monday Oct 2 at 6:30pm works for you.  
 > Our clinic is located directly across the street from Royal York subway station:  
 > [http://secure-web.cisco.com/1WQskRhU9o8ArwJ2laOhhc0qspq8Xt\\_wlNjpXbDoc5AJYvgM5fj3lobn1oDHI9XGI4OJVcuP7KrdsoaBxDiBj6iGsMgppEGwttruhhtfB6AJe2Me0dXC5HT2ldwuixZU2gR8U\\_r47HNUlchLtseNo6vLqayy94DnInwEFh-pR5A1AWNVPxuzQQzx2fN6uKISr7DMZRVxTEBqXLMCv2hbKErEys8sxTRJmLVtYnD9XnFPoUEF1s0sbMrYpKfeiTKWbTMZ-OqtOrxONMc7yczG9tA/http%3A%2F%2Fwww.wellness-institute.ca%2Fcontact-us.aspx](http://secure-web.cisco.com/1WQskRhU9o8ArwJ2laOhhc0qspq8Xt_wlNjpXbDoc5AJYvgM5fj3lobn1oDHI9XGI4OJVcuP7KrdsoaBxDiBj6iGsMgppEGwttruhhtfB6AJe2Me0dXC5HT2ldwuixZU2gR8U_r47HNUlchLtseNo6vLqayy94DnInwEFh-pR5A1AWNVPxuzQQzx2fN6uKISr7DMZRVxTEBqXLMCv2hbKErEys8sxTRJmLVtYnD9XnFPoUEF1s0sbMrYpKfeiTKWbTMZ-OqtOrxONMc7yczG9tA/http%3A%2F%2Fwww.wellness-institute.ca%2Fcontact-us.aspx)  
 >  
 > Kindly arrive 10 minutes early to fill out some forms.  
 > This is construction at the subway traffic increasing traffic and affecting parking.  
 >  
 > Please confirm that tomorrow works for you.  
 >  
 > Wellness Institute  
 >  
 > -----Original Message----- From: [REDACTED] e  
 > Sent: Sunday, October 1, 2017 8:40 AM  
 > To: Wellness Institute  
 > Subject: Re: Appointment  
 >  
 > Hi  
 >  
 > After work ( after 5 ) is the only time that works. Do you have anything in Monday evening? If not I'll take the Wednesday 7pm  
 >  
 > Many thanks  
 >

> [REDACTED]  
>  
>> On Sep 30, 2017, at 7:50 PM, Wellness Institute <wellnessinstitute@sympatico.ca> wrote:  
>>  
>> Hello [REDACTED]  
>> Thank you for your inquiry.  
>> Here are a few options for next week for an appointment with our Naturopathic Doctor.  
>> Monday 11am  
>> Tuesday 3pm or 5pm  
>> Wed 10am, 1pm or 7pm  
>>  
>> Kindly let us know if any of these times and days work for you.  
>>  
>> Wellness Institute  
>>  
>>  
>>  
>> -----Original Message----- From [REDACTED]  
[REDACTED]  
>> To: wellnessinstitute@sympatico.ca  
>> Subject: Appointment  
>>  
>> Hi  
>>  
>> I rang and left a message today. I would like to see a naturopath to address two concerns. I  
am running a marathon ( my 5th) and I feel I have considerably less energy in training than  
normal and secondly I am plagued by cramps.  
>>  
>> Can someone call me back for an appointment time after work hours please on [REDACTED]  
[REDACTED]  
>>  
>> Many thanks  
>>  
>> [REDACTED]  
>  
>

**TAB 2**

**Appointments by Patient (All)**

Phone: [REDACTED]

Alt. Phone: [REDACTED]

Notes:

Confirmation by:

---

10/2/2017	06:30pm-07:30pm
	Employee Name: Dr. Rodak
	Services: First Visit
	Description: running marathone, cramps, low energy
	Status: Scheduled
	Patient Status: Arrived
	Payment Method: Visa
	Payment Total: 200.79
	Scheduled By:: email.10.1



Wellness Institute  
 954 Royal York Rd.  
 Toronto, ON M8X 2E5  
 Tel.:(416) 234-1888  
 Fax: (416) 234-0006

# Invoice

Date	Invoice #
10/2/2017 MM/DD/YYYY	259582

**PAID**  
 10/02/2017

Invoice To
[REDACTED]

Terms
On Receipt

Description	QTY	Rate	Amount
Naturopathic Visit - Dr. Rodak, N.D. (Registration No.: 741)		150.00	150.00
Complete Enzyme Formula (90 Capsules)		44.95	44.95T
HST On Sales		13.00%	5.84
Business Number: 898257878			

Thank You !	<b>Total</b>	\$200.79
-------------	--------------	----------

*Receipt for income tax purposes. No refund or exchange on products or services.*

<b>Balance Due</b>	\$0.00
--------------------	--------

Email	wellnessinstitute@sympatico.ca
-------	--------------------------------

Web Site	www.wellness-institute.ca
----------	---------------------------

**TAB 3**

ACKNOWLEDGEMENT AND INFORMED CONSENT

I, \_\_\_\_\_  
(patient's name - please print)

hereby acknowledge and confirm that prior to signing this document and prior to undergoing any treatment:

- (I) I have been informed by you and understand that any treatment or advice provided to me as a patient at The Wellness Institute (the "Institute") is not being provided in the place of or to the exclusion of any other treatment or advice that I may now be receiving or may in the future receive from a physician, surgeon or any other licensed health care provider (such other treatment collectively referred to as "Conventional Medical Treatment");
- (II) I have been informed by you and understand that I am at liberty to seek or continue to seek Conventional Medical Treatment and to consult with a physician, surgeon or any other licensed health care provider in order that I can make an informed decision as to whether at any given time or times it would be in my best interest to obtain Conventional Medical Treatment;
- (III) No naturopathic doctor, homeopathic practitioner(s), registered massage therapist(s), athletic therapist(s), registered nutritional consultant(s), osteopath(s), colon hydrotherapy practitioner(s), employee(s), agent(s) or any other person(s) directly or indirectly employed by or associated with the Institute ("Practitioner/Therapist") have suggested or recommended to me that I refrain from and/or discontinue seeking Conventional Medical Treatment;
- (IV) I have been informed by you and understand that the treatment and products that are rendered, recommended or supplied by this Institute ("Alternative Treatment and Products") may be different from the treatment and products that are rendered, recommended or supplied in Conventional Medical Treatment;
- (V) I have been informed by you and understand that the Alternative Treatment and Products provided by the Institute are not covered under the Ontario Health Insurance Plan (OHIP) and accordingly, I hereby agree to pay my account to the Institute at the conclusion of each and every visit. I further acknowledge and agree that I will be charged the full fee for all and any missed appointments, unless I have advised the Institute of my cancellation no less than **forty-eight (48) hours** in advance of the scheduled appointment;
- (VI) You have explained to me and I understand the nature of the Alternative Treatment and Products that you will be providing to me. You have advised me of and I understand the potential side effects that may be associated with certain Alternative Treatment and Products. You have also urged and encouraged me to ask such questions as I may have at any time and to advise you immediately if I either wish to discontinue or should decide not to undergo any specified type(s) of treatment(s).

I am at least sixteen years old and I have read and am in agreement with the foregoing statements and have had the opportunity to discuss the same with a Practitioner/Therapist at the Institute. I hereby authorize and consent to such treatment by the Institute as the Practitioner/Therapist considers necessary or desirable, subject to any additional instructions or modifications that I may provide/authorize from time to time.

**OR**

I am the \_\_\_\_\_ of the patient who is under the age of sixteen years. I confirm that I am legally  
(relationship)  
authorized to grant consent to have the patient treated by the Institute. I have read and am in agreement with the foregoing statements and have had the opportunity to discuss the same with a Practitioner/Therapist at the Institute. I hereby authorize and consent to such treatment of the patient by the Institute as the Practitioner/Therapist considers necessary or desirable, subject to any additional instructions or modifications that I may provide/authorize from time to time.

DATED this \_\_\_\_\_ day of \_\_\_\_\_ 2\_\_\_\_\_.

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Signature of Patient or Legal Guardian

**TAB 4**



The College of Naturopaths of Ontario

## Core Competencies



### Introduction

Naturopathic Doctors provide primary and adjunctive health care to people of all ages, focusing on the use of natural therapies to support and stimulate healing processes. Naturopathic Doctors promote health and prevent illness, and diagnose and treat disease in a manner consistent with the body of knowledge and standards of practice for the profession.

The following Core Competencies articulate the knowledge, skill and judgment required of Naturopathic Doctors at entry-to-practice.

### Naturopathic Medical Knowledge

#### The competent Naturopathic Doctor:

1. **Integrates naturopathic philosophy, theory and principles with naturopathic medical knowledge in the care of patients and case management including the assessment, diagnostic and treatment phases.**
  - Evaluates and integrates clinical arts and science knowledge within the context of naturopathic principles and philosophy in clinical practice.
  - Formulates diagnoses and treatment plans consistent with naturopathic philosophy and principles.
2. **Develops, maintains and respects a comprehensive naturopathic medical knowledge base.**
  - Demonstrates knowledge of the history and philosophy of Naturopathic Medicine.
  - Demonstrates knowledge of the clinical arts and sciences essential to the practice of Naturopathic Medicine.
  - Demonstrates knowledge of the theory and practice of therapeutics including botanical medicine, homeopathic medicine, traditional Chinese medicine and acupuncture, physical medicine, clinical nutrition, and lifestyle counselling.
  - Updates knowledge base continuously through the review of relevant research and ongoing continuing education.
3. **Conducts an assessment to formulate a diagnosis.**
  - Gathers information necessary to formulate a diagnosis.
  - Incorporates knowledge of the determinants of health and disease into assessment.
  - Formulates diagnoses based on a clinical assessment including but not limited to a medical history, physical examination and diagnostic testing.
4. **Critically evaluates medical information.**
  - Understands, respects and incorporates evidence-based medicine<sup>1</sup> in his/her practice.
  - Appraises evidence critically to address clinical questions.

- Integrates new information appropriately into clinical reasoning.
- Evaluates and reflects on patient outcomes.

## Inter-professional Practice and Collaboration

### The competent Naturopathic Doctor:

- 1. Develops and maintains relationships with other health care professionals in the care of his/her patients.**
  - Demonstrates an understanding of the scope of practice of other health care professionals.
  - Collaborates with others to support health promotion and disease prevention.
  - Utilizes community resources in professional practice.
  - Collaborates with other health care professionals in the care of his/her patients when necessary.

## Communication

### The competent Naturopathic Doctor:

- 1. Communicates effectively.**
  - Articulates information clearly and concisely and in a timely manner, listens actively and responds appropriately.
  - Communicates appropriately with patients or their authorized representatives, colleagues, other health professionals, the community, his/her regulator, and other legal authorities.
  - Requests from and provides to other health care professionals relevant patient information.
  - Advances naturopathic principles and philosophy in communication with patients, health care professionals and the public.
  - Maintains patients confidentiality and privacy.

## Patient Care and Health Promotion

### The competent Naturopathic Doctor:

- 1. Exemplifies the principle of doctor as teacher in patient interactions.**
  - Teaches the principles of healthy living and preventative medicine.
  - Educates the patient regarding the etiology and development of disease.
  - Educates the patient about the contributing factors to disease and dysfunction and the ways in which they impact health.
  - Educates the patient about treatment options and their potential risks, benefits, and side effects.
- 2. Provides safe and effective patient care.**
  - Provides compassionate, ethical, effective and safe care.
  - Utilizes naturopathic therapeutics effectively including botanical medicine, homeopathic medicine, traditional Chinese medicine and acupuncture, physical medicine, clinical nutrition and lifestyle counselling.
  - Identifies and assesses the actions of and interactions between drugs, substances and therapies being used by or provided to the patient.
  - Communicates a diagnosis.
  - Creates, implements, monitors and revises effective individualized treatment plans.
  - Documents patient care.

- Refers to other health care professionals when indicated.
- Engages patients in establishing a long-term strategy for their personal health.
- Maintains professional boundaries and refrains from conflicts of interest.

### **3. Promotes the principles and philosophy of Naturopathic Medicine to patients and the community.**

- Promotes naturopathic principles and philosophy.
- Promotes sustainable health practices.
- Educates others on the significance of environmental factors on health.
- Promotes a wider acceptance of Naturopathic Medicine in the health care system.

## **Practice Management**

### **The competent Naturopathic Doctor:**

#### **1. Establishes, develops and manages his/her practice.**

- Practices in a compassionate, ethical and legal manner.
- Engages in short and long term business planning.
- Organizes and manages systems and resources relevant to practice needs.
- Maintains a safe and secure workplace.
- Manages time effectively.
- Recognizes the importance of establishing and maintaining a personal/professional life balance.

## **Education and Learning**

### **The competent Naturopathic Doctor:**

#### **1. Ensures professional competence through ongoing self-assessment and professional development.**

- Integrates learning into practice.
- Recognizes limitations in knowledge, skill, judgment and scope of practice.
- Engages in on-going professional development and learning.
- Understands the significance of research with respect to predicting health outcomes.
- References and employs empirical, literary and information-technology sources.
- Self-assesses professional knowledge and skills regularly.

#### **2. Supports the advancement of Naturopathic Medicine through the development, critical assessment and dissemination of research and information.**

- Participates in research activities as appropriate for professional practice.

#### **3. Supports the mentorship of students and Members.**

- Participates in mentorship as appropriate.

## **Legislation/Ethics**

### **The competent Naturopathic Doctor:**

#### **1. Complies with all relevant laws and regulation.**

- Complies with federal, provincial, and municipal legislation, regulations and bylaws.

- Understands and complies with the *Regulated health Professions Act, Naturopathy Act* and all College regulations and standards of practice.

**2. Demonstrates ethical conduct and integrity in professional practice and personal conduct.**

- Practices with integrity and without prejudice.
- Abides by the naturopathic oath.
- Demonstrates accountability for practice decisions.
- Places the protection of the public ahead of self-interest.

**TAB 5**



The College of Naturopaths of Ontario

# Standard of Practice:

## Consent

### Introduction

The intent of this standard is to inform Members of their obligations with respect to consent.

### Definitions

**Capacity:** a person is deemed capable with respect to an intervention/decision if the person is able to understand the information relevant to making a decision about the intervention, and able to appreciate the reasonably foreseeable consequences of a decision, or lack of decision. People:

- are presumed capable unless there is information to lead the Member to think otherwise;
- may be capable with respect to one intervention/decision but not another;
- may be capable with respect to an intervention/decision at one time and incapable at another.

**Circle of Care:** a term of reference used to describe health information custodians and their authorized agents who are permitted to rely on an individual's implied consent when collecting, using, or disclosing personal health information for the purpose of providing health care or assisting in providing health care.

**Consent:** the agreement of the patient to a procedure. To be valid, consent must be informed, must relate to the intervention, must be given voluntarily and must not be obtained through misrepresentation or fraud.

**Consent and Capacity Board:** an independent agency that deals with disputes over treatment decisions where a patient has been deemed not to be capable.

**Substitute Decision-maker:** a person who makes decisions for someone who is incapable of making his/her own decisions, and who is authorized to give or refuse consent to an intervention on behalf of a person who is incapable of making a decision with respect to the intervention. See Appendix I.

## 1. Informed Consent

*Consent is an ongoing process and not a singular event. To be valid, consent must be informed.*

*The Member has a duty to ensure the patient has sufficient information to make valid decisions about his/her care.*

### Performance Indicators

The Member ensures that consent is obtained prior to:

- obtaining a case history;
- performing a physical examination/testing;
- initiating treatment;
- collecting personal health information in accordance with the *Personal Health Information Protection Act, 2004*.

To be valid, consent:

- relates to the proposed intervention;
- is informed;
- is voluntary;
- is not obtained through fear, misrepresentation or fraud.

The Member appropriately documents the discussion in the patient chart. Patients need to understand and appreciate the reasonable foreseeable consequences of their decisions, in order to give informed consent.

The Member ensures that the patient understands the following with respect to the proposed course of action:

- the nature of the intervention;
- its expected benefits;
- the material risks and side effects;
- available reasonable alternatives;
- the likely consequences of not receiving the intervention;
- any associated costs; and
- the right to withdraw consent.

The Member discloses non-trivial risks or side effects that are likely to occur as well as risks and side effects that can result in significant harm or death even though they are unlikely to occur.

The Member answers questions or addresses any special concerns of the patient.

The Member ensures that the patient understands the professional status of those providing professional services.

A signed consent form without dialogue is not informed consent. Signing a consent form following discussion reinforces in the mind of the patient the seriousness of the decision and provides evidence of the consent process should there be a question later.

## 2. Consent to Assessment and Treatment

*The Member ensures that informed consent is obtained from the patient or substitute decision maker at the start of and throughout the assessment and treatment process.*

### Performance Indicators

The Member discusses the following with the patient or substitute decision maker as appropriate:

- scope and reason for the assessment and treatment;
- associated costs;
- the purpose and nature of the assessment and treatment including whether information will be obtained from other individuals;
- the potential benefits and limitations of the assessment and treatment and the likely consequences of not receiving the intervention;
- the expected outcomes of the assessment and treatment;
- the right of the patient or substitute decision maker to withdraw consent at any time.

The Member:

- provides an opportunity for the patient or substitute decision maker to ask questions and responds to them in a manner that helps the patient or substitute decision maker understand.

### 3. Age of Consent

*There is no minimum age of consent.*

#### Performance Indicators

The Member uses professional judgment when determining the patient's capacity to make his/her own decisions with respect to care.

### 4. Record Keeping

*The Member documents the consent process.*

#### Performance Indicators

In addition to the College's Standard of Practice for Record Keeping, the Member documents:

- that a discussion regarding consent took place and the patient understands the proposed assessment or treatments and their risks, limitations and benefits;
- any modifications to the consent;
- when consent was obtained through the use of an interpreter, alternate means of communication, or a substitute decision maker; the identity of the interpreter or substitute decision maker, the legal entitlement of the substitute decision maker as applicable (documentation on file, copy of Power of Attorney for personal care provided, etc.);
- that the patient withdrew consent, why he/she did so, and what specifically was withdrawn.

Documentation can take either of the following forms:

- a note in the patient record; and
- a consent form, that is dated, signed, and witnessed.

### Related Standards

Acupuncture  
 Compounding  
 Dispensing  
 Fees and Billing  
 Inhalation  
 Injection  
 Internal Examinations  
 IV Infusion Therapy  
 Manipulation  
 Record Keeping

## Legislative Framework

[General Regulation](#)

[Health Care Consent Act, 1996](#)

[Personal Health Information Protection Act, 2004](#)

[Professional Misconduct Regulation](#)

### **Disclaimer**

*In the event of any inconsistency between this standard and any legislation that governs the practice of Naturopathic Doctors, the legislation shall govern.*

## Appendix I

The Health Care Consent Act, 1996 defines the hierarchy of substitute decision-makers as:

- the incapable person's guardian if the guardian has authority to give or refuse consent to the treatment;
- the incapable person's attorney for personal care, if the power of attorney confers authority to give or refuse consent to the treatment;
- the incapable person's representative appointed by the Consent and Capacity Board if the representative has authority to give or refuse consent to the treatment;
- the incapable person's spouse or partner (which need not be a sexual partner);
- a child or parent of the incapable person, or a children's aid society or other person who is lawfully entitled to give or refuse consent to the treatment in the place of the parent. This does not include a parent who has only a right of access and is not lawfully entitled to give or refuse consent to treatment. If a children's aid society or other person is lawfully entitled to give or refuse consent to the treatment in the place of the parent, this paragraph does not include the parent;
- a parent of the incapable person who has only a right of access;
- a brother or sister of the incapable person;
- any other relative of the incapable person;
- as a last resort, the Public Guardian and Trustee.

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**DISCIPLINE COMMITTEE OF THE  
COLLEGE OF NATUROPATHS OF ONTARIO**

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**JOINT BRIEF OF DOCUMENTS**

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**Rebecca Durcan**

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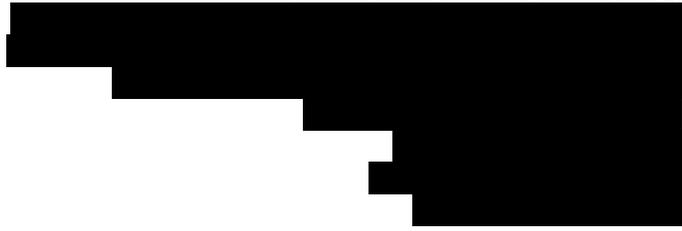
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Lawyers for the Member, Taras Rodak





**DR. JONATHAN E. PROUSKY, ND, MSc, MA, RP (Qualifying)**



### **CURRENT APPOINTMENTS**

Chief Naturopathic Medical Officer, 2003-Present  
Department of Clinical Education, CCNM

- Oversees and evaluates the safety of all medical procedures at CCNM's teaching clinics.
- Oversees the implementation and use of all the medical procedures at CCNM's teaching clinics.
- Chairs the Clinical Therapeutics Committee, which is an advisory body that focuses on issues relating to clinical safety and efficacy in CCNM's teaching clinics. The common issues addressed include clinical best practices, standards of clinical care, medical record keeping standards, assessment/diagnostic procedures, and therapies.
- Reports to an external Audit Committee of the college biannually to update them on new policies, important medical procedures, and issues/concerns regarding patient safety.
- Works with the Dean and Associate Deans on the development and implementation of the clinical education of upper-year naturopathic medical students.

Lead Clinical Supervisor for Mental Health Focussed Shift, 2017-Present  
Department of Clinical Education, CCNM

- Clinical rotation dedicated to the treatment of chronic mental illness with an emphasis on clinical nutrition.

Clinical Faculty, 2001-Present  
Department of Clinical Education, CCNM

- Supervises clinical interns to ensure that their educational needs are being met.
- Ensures the delivery of safe and effective naturopathic medical care to patients being co-treated/managed with clinical interns.

Professor, 2001-Present  
Department of Academics, CCNM

- Currently teaches 2nd-Year Health Psychology.
- Provides the naturopathic medical student with practical counselling skills when working with specific patient populations (e.g., the anxious patient, the psychotic patient, and the suicidal patient).

Private Naturopathic Clinical Practice, 2001-Present

- Private naturopathic medical practice with emphasis on the evaluation and treatment of mental health concerns.
- Therapeutic interventions include clinical nutrition, botanical medicine, and lifestyle counselling.

**PREVIOUS TRAINING/APPOINTMENTS**

Editor, 2010-2017

Journal of Orthomolecular Medicine  
Toronto, Ontario

Practicum in Individual and Group Adult Psychotherapy, 2015-2016  
Medical Clinic for Person-Centred Psychotherapy  
Toronto, Ontario

Editor-in-Chief, 2004-2007

International Journal of Naturopathic Medicine  
Toronto, Ontario

Associate Naturopathic Medical Officer, 2002-2003  
CCNM  
Toronto, Ontario

Private Naturopathic Family Practice, 2001-2003  
Dr. J. Dimerman & Associates  
Thornhill, Ontario

Residency in Naturopathic Medicine, 2000-2001  
CCNM  
Toronto, Ontario

Private Naturopathic Family Practice, 1999-2000  
Comprehensive Medical Center  
Bellevue, WA

Residency in Family Practice, 1998-1999  
Sponsored by the National University of Natural Medicine, Portland, OR (then National College of Naturopathic Medicine)  
Marysville Naturopathic Medical Clinic  
Marysville, Washington

**ACADEMIC/PROFESSIONAL QUALIFICATIONS**

Registered Psychotherapist (Qualifying) License #: 5061  
Registered to practice in Ontario, February 2017-Present

MA, Counselling Psychology, May 2016  
Yorkville University  
Fredericton, New Brunswick

MSc, International Primary Health Care, August 2008  
University of London  
London, UK

Naturopathic Doctor License #: 975  
Registered to practice in Ontario, April 2001-Present

Family Practice Residency Certification, September 1999  
National University of Natural Medicine (then National College of Naturopathic Medicine)  
Portland, Oregon

Doctor of Naturopathic Medicine, June 1998  
 Bastyr University  
 Bothell, Washington

Bachelor of Science in Natural Health Sciences, June 1995  
 Bastyr University  
 Seattle, Washington

Bachelor of Physical and Health Education, June 1993  
 University of Toronto  
 Toronto, Ontario

#### **PROFESSIONAL ASSOCIATIONS/REGULATORY COLLEGE MEMBERSHIP**

Canadian Association of Naturopathic Doctors  
 Ontario Association of Naturopathic Doctors  
 College of Naturopaths of Ontario  
 College of Registered Psychotherapists of Ontario

#### **PRESENTATIONS/CONFERENCES**

OAND Convention 2017  
 Suicide: Treatment pathways arising from phenomenology, biology, and clinicology,  
 November 2017  
 Collingwood, Ontario

Integrative Medicine for Mental Health (IMMH) Conference 2017  
 Everything under the sun: Why schizophrenia demands aggressive orthomolecular  
 treatment, September 2017  
 Orange County, California

BRB CE Group 2017 Live Event  
 Suicide - treatment pathways arising from phenomenology, biology, and clinicology,  
 September 2017  
 Gormley, Ontario

AANP Annual Convention  
 American Association of Naturopathic Physicians  
 Suicide - treatment pathways arising from phenomenology, biology, and clinicology, August  
 2017  
 Phoenix, Arizona

46<sup>th</sup> Annual International Conference, Orthomolecular Medicine Today  
 Childhood Absence Epilepsy - Putative Complementary Diet and Orthomolecular Treatment  
 Options, April 2017  
 Toronto, Ontario

International College of Integrative Medicine, "*Re-examining the Oath: Reversing Iatrogenic  
 Toxicity and Nutrient Depletion*"  
 The Problem with the Current Standard of Care in Psychiatry, September 2016  
 Toronto, Ontario

OAND Convention 2015  
 Providing Naturopathic Care amidst Psychotropic Drugs, September 2015  
 Toronto, Ontario

OAND Convention 2015  
Panel: Role of Naturopathic Medicine in Treating Patients with Mental Health Conditions,  
September 2015  
Toronto, Ontario

28<sup>th</sup> Annual Conference, GPPA Annual Conference  
General Practice Psychotherapy Association  
The Naturopathic Approach to Psychotherapy, April 2015  
Toronto, Ontario

44<sup>th</sup> Annual International Conference, Orthomolecular Medicine Today  
International Society for Orthomolecular Medicine  
Helping Patients to Overcome Psychosis and Schizophrenia: A Clinician's Experience with the  
Orthomolecular Approach, April 2015  
Toronto, Ontario

Pascoe Symposium – Mental Health 2015  
A Mental Health Conundrum – How to Deal with Concurrent Prescription Medications,  
February 2015  
Toronto, Ontario

BRB CE Group 2014 Live Event  
Clinical Nutrition – Use of Micronutrients and Difficult-to-Treat Mental Health Disorders,  
November 2014  
Gormley, Ontario

BCNA Pharmacotherapy 2014  
British Columbia Naturopathic Association  
The Treatment and Management of Patients with Psychotic Symptoms and/or Schizophrenia,  
October 2014  
Vancouver, British Columbia

Mind-alive!  
Health Action Network  
Overview of Mental Health in Canada and the Orthomolecular Approach, October 2014  
Vancouver, British Columbia

43<sup>rd</sup> Annual International Conference, Orthomolecular Medicine Today  
International Society for Orthomolecular Medicine  
Effective Tapering Strategies to Limit Drug Withdrawal and Destabilization: A Clinician's  
Perspective,  
April 2014  
Vancouver, British Columbia

Family Association for Mental Health Everywhere  
Naturopathic Treatments for Mental Health Issues, April 2013  
Toronto, Ontario

Holistic Mental Health Workshop, Canadian Mental Health Association  
Managing Mental Health with Psychosocial Support, Orthomolecular and Botanical Medicines,  
November 2013  
Toronto, Ontario

42<sup>nd</sup> Annual International Conference, Orthomolecular Medicine Today  
International Society for Orthomolecular Medicine  
Orthomolecular strategies to prevent mental breakdown, April 2013  
Toronto, Ontario

Central Toronto Youth Services – New Outlook  
Reducing psychotic symptoms and other comorbidities with orthomolecular and herbal  
(botanical) medicine, November 2012  
Toronto, Ontario

Functional Medicine Conference – Unraveling the Web of Chronic Fatigue  
Foundations of Chronic Fatigue Syndrome, September 2012  
An Integrative Approach to Chronic Fatigue, September 2012  
Lancaster London Hotel  
London, England

Holistic Mental Health Conference – Pathways to Empowerment and Well-being  
Orthomolecular Psychiatry, June 2012  
Reducing Psychotic Symptoms with Nutritional and Botanical (Herbal) Medicine, June 2012  
The Canadian College of Naturopathic Medicine  
Toronto, Ontario

41<sup>st</sup> Annual International Conference, Orthomolecular Medicine Today  
International Society for Orthomolecular Medicine  
Treating the Hyperactive Child without Drugs, April 2012  
Vancouver, British Columbia

Rouge Valley Centenary Hospital  
Rouge Valley Health System-Mental Health Program  
Orthomolecular Treatment of Common Mental Health Disorders, February 2012  
Toronto, Ontario

Canadian Association of Naturopathic Doctors, Health Fusion Conference  
Chronic Fatigue Syndrome: A Disorder of Microcirculation Brought on by Toxic Stimuli, June  
2011  
Calgary, Alberta

International Schizophrenia Foundation Public Information Sessions  
Orthomolecular Treatment of Schizophrenia and Associated Mental Health Disorders, March  
2011  
Toronto, Ontario

Nutritional Preceptorship Program, Edison Institute of Nutrition  
Anxiety and Depression, October 2010  
Toronto, Ontario

Parkinson's Disease Carepartners Support Group  
Parkinson Society of Canada  
The Role of Nutrition in Parkinson's disease, September 2010  
Toronto, Ontario

39<sup>th</sup> Annual International Conference, Orthomolecular Medicine Today  
International Society for Orthomolecular Medicine  
Vitamin B<sub>12</sub> and Psychiatry, May 2010  
Chronic Fatigue Syndrome: A Disorder of Microcirculation, May 2010  
Vancouver, British Columbia

International Schizophrenia Foundation  
Mental Health Regained, March 2010  
Toronto, Ontario

Mood Disorders Association of Ontario  
Naturopathy and Mental Health, February 2010  
Toronto, Ontario

22<sup>nd</sup> Annual Conference, GPPA Annual Conference  
General Practice Psychotherapy Association  
Naturopathic Synergy – How to Use Complementary Medicinal Supplements to Improve  
Treatment Outcomes in Mental Health Disorders, April 2009  
Toronto, Ontario

International Schizophrenia Foundation  
Orthomolecular Treatment for Mental Health, November 2008  
Toronto, Ontario

The Healthy Brain Conference  
Holistic Health Research Foundation of Canada  
The Orthomolecular Treatment of Depression, September 2008  
Toronto, Ontario

37<sup>th</sup> Annual International Conference, Orthomolecular Medicine Today  
International Society for Orthomolecular Medicine  
Clinical Pearls in the Orthomolecular Treatment of Mental Health, May 2008  
Vancouver, British Columbia

Family Association for Mental Health Everywhere  
Naturopathic Treatment of Mental Health, November 2007  
Etobicoke, Ontario

Ontario Medical Association Evening CME Program  
Complementary and Alternative Approaches for the Treatment of Mental Health Disorders,  
November 2007  
Toronto, Ontario

Restorative Medicine Conference  
Orthomolecular Psychiatry for Anxiety, Depression and Schizophrenia, October 2007  
Sedona, Arizona

Tourette Syndrome Association of Ontario  
Complementary and Alternative Treatments, September 2007  
Toronto, Ontario

Ontario Association of Naturopathic Doctors, Primary Care Series  
Anxiety & Depression, February 2007

Toronto, Ontario  
International Schizophrenia Foundation  
Orthomolecular Medicine in Mental Health, November 2006  
Toronto, Ontario

Peel Memorial Hospital  
The Use of Nutrients in the Treatment of Mental Illness, November 2006  
Brampton, ON

Ontario Association of Naturopathic Doctors Convention  
Clinical Excellence in the 21<sup>st</sup> Century  
Orthomolecular Treatment of Anxiety Disorders, October 2006  
Collingwood, Ontario

International Schizophrenia Foundation  
Orthomolecular Medicine In Mental Health, August 2006  
Montreal, Quebec

Progress Place  
Optimizing Mental Health with Orthomolecular Medicine, June 2006  
Toronto, Ontario

Primary Care Today, International Centre  
CAM: Practical Tips to Take Home to Your Practice, May 2006  
Toronto, Ontario

35<sup>th</sup> Annual International Conference, Nutritional Medicine Today  
International Society for Orthomolecular Medicine  
Orthomolecular Treatment of Anxiety Disorders, April 2006  
Vancouver, British Columbia

Total Health 06 Conference  
Consumer Health Organization of Canada  
Optimizing Mental Health with Orthomolecular Medicine, April 2006  
Toronto, Ontario

The Alliance for Education in Community Mental Health  
Optimizing Mental Health with Orthomolecular Medicine, February 2006  
Toronto, Ontario

AANP Annual Convention  
American Association of Naturopathic Physicians  
Orthomolecular Treatment of Anxiety Disorders, August 2005  
Phoenix, Arizona

34<sup>th</sup> Annual International Conference, Nutritional Medicine Today  
International Society for Orthomolecular Medicine  
Low Gastric Acid, May 2005  
Ottawa, Ontario

Certificate in Dual Diagnosis, York University  
Pharmacological, Non-traditional and Alternative Interventions, November 2004  
Owen Sound, Ontario

Natural Health Products, Insight Information  
 Role of Natural Health Products in Complementary Medicine, September 2004  
 Toronto, Ontario

Toxicology Grand Rounds, Hospital for Sick Children  
 Toxicology of Commonly Used Vitamins, May 2004  
 Toronto, Ontario

Primary Care Today, International Centre  
 Alternative Medicine I: Most Commonly Prescribed Herbs, May 2003  
 Toronto, Ontario

32<sup>nd</sup> Annual International Conference, Nutritional Medicine Today  
 The International Society for Orthomolecular Medicine  
 Vitamin B-3: New Therapeutic Applications, April 2003  
 Toronto, Ontario

Certificate in Dual Diagnosis, York University  
 Pharmacological, Non-traditional and Alternative Interventions, April 2003  
 Toronto, Ontario

The First Canadian Integrative Medicine Grand Rounds  
 Migraine Presentation, October 2002  
 University Health Network, General Division  
 Toronto, Ontario

### **WEBINARS**

International Schizophrenia Foundation  
 Clinical Use of Orthomolecules in the Treatment of Schizophrenia, October 2015

Pasco Canada  
 Preventing Mental Breakdown with Psychosocial Support, Orthomolecular and Botanical  
 Medicines, November 2013

Pascoe Canada  
 Weaning patients off antidepressant medication, January 2013

### **JOURNAL PUBLICATIONS**

Prousky J: Repositioning individualized homeopathy as a psychotherapeutic technique with  
 resolvable ethical dilemmas. *Journal of Evidence-Based Integrative Medicine*, 2018;23:1-4.

Prousky J: Towards a multi-micronutrient anti-suicide strategy. *Journal of Orthomolecular  
 Medicine*, 2017;32(3):1-22.

Prousky J. Childhood absence epilepsy: putative complementary diet and orthomolecular  
 treatment options; with an addendum to an earlier report. *Townsend Letter*. 2017;403/404.  
<http://www.townsendletter.com/FebMarch2017/CAEprousky0217.html>. Accessed August 1,  
 2018.

Prousky J: Childhood absence epilepsy: Putative complementary diet and orthomolecular  
 treatment options; with an addendum to an earlier report. *Journal of Orthomolecular  
 Medicine*, 2016;32(2):97-116.

Prousky J: How do orthomolecules work? A pragmatic perspective based on their presumed psychoactive effects. *Journal of Orthomolecular Medicine*, 2016;31(1):23-38.

Prousky J: Intolerance of uncertainty: A Cognitive vulnerability related to the etiology of social anxiety disorder. *Ethical Human Psychology and Psychiatry*, 2015;17(3):159-165.

Prousky J: A transdiagnostic approach to the orthomolecular treatment of emotional disorders: preliminary ideas for intervention and suggestions for future research. *Journal of Orthomolecular Medicine*, 2015;30(2):117-128.

Prousky J: Does early exposure to stimulants lead to substance use disorders later on? *Ethical Human Psychology and Psychiatry*, 2015;17(1):22-32.

Prousky J: The Use of Niacinamide and Solanaceae (Nightshade) Elimination in the Treatment of Osteoarthritis. *Journal of Orthomolecular Medicine*, 2015;30(1):13-21.

Prousky J: Counseling Male Members of the Canadian Forces. *Ethical Human Psychology and Psychiatry*, 2014;16(3):158-166.

Prousky J: The manifestations and triggers of mental breakdown, and its effective treatment by increasing stress resilience with psychosocial strategies, therapeutic lifestyle changes, and orthomolecular interventions. *Townsend Letter*, 2015;379/380:54-66.

Prousky J: Existential oppression faced by individuals having psychosis and schizophrenia. *Ethical Human Psychology and Psychiatry*, 2014;16(2):91-98.

Prousky J: The clinical use of orthomolecules in the treatment of schizophrenia: critical reflections and commentary. *Journal of Orthomolecular Medicine*, 2014;29(4):141-153.

Prousky J: The adjunctive treatment of epilepsy with orthomolecular substances. *Journal of Orthomolecular Medicine*, 2014;29(4):167-175.

Prousky J: Complementary and alternative mental health requires more honesty. *The Neuropsychotherapist*, 2014;Oct(7):30-32.

Prousky J: Sedation, relaxation, and regulation: the clinical application of gamma-aminobutyric acid, niacin, and melatonin for the treatment of insomnia. *Journal of Orthomolecular Medicine*, 2014;29(3):109-114.

Prousky J: The treatment of alcoholism with vitamin B<sub>3</sub>. *Journal of Orthomolecular Medicine*, 2014;29(3):123-131.

Prousky J: Naturopathic doctors' perspectives on mental health and psychiatric drugs: results of a pilot survey. *Ethical Human Psychology and Psychiatry*, 2014;16(1):29-36.

Prousky J: The treatment of cancer with a combination of broad-spectrum micronutrients: review of six relevant studies. *Journal of Orthomolecular Medicine*, 2014;29(1):5-18.

Prousky J: Tapering off psychotropic drugs: using patient cases to understand reasons for success and failure. *Journal of Orthomolecular Medicine*, 2013;28(4):159-174.

Prousky J: The manifestations and triggers of mental breakdown, and its effective treatment by increasing stress resilience with psychosocial strategies, therapeutic lifestyle changes, and orthomolecular interventions. *Journal of Orthomolecular Medicine*, 2013;28(3):111-130.

Prouscky J: What to do when patients wish to discontinue their psychotropic medications? Effective tapering strategies to limit drug withdrawal and destabilization: a clinician's perspective. *Townsend Letter*, 2013;355/56:63-69.

Prouscky J: Orthomolecular psychiatric treatments are preferable to mainstream psychiatric drugs: a rational analysis. *Journal of Orthomolecular Medicine*, 2013;28(1):17-32.

Prouscky J: Mild Adrenocortical Deficiency and its Relationship to: (1) Chronic Fatigue Syndrome; (2) Nausea and Vomiting of Pregnancy and Hyperemesis Gravidarum; and (3) Systemic Lupus Erythematosus. *Journal of Orthomolecular Medicine*, 2012;27(4):165-176.

Prouscky J: Efficacy of Vitamin B<sub>3</sub> and its Coenzymes for the Treatment of Bell's Palsy, Huntington's Disease, Migraine and Chronic Tension-Type Headaches, Multiple Sclerosis, Parkinson's Disease, and Tinnitus. *Journal of Orthomolecular Medicine*, 2012;27(2):69-86.

Prouscky J: When patients want to get off their psychotropic medication(s). *Integrated Healthcare Practitioners*, 2012;5(1):56-59.

Prouscky J: Treating dementia with vitamin B<sub>3</sub> and NADH. *Journal of Orthomolecular Medicine*, 2011;26(4):163-174.

Prouscky J: Vitamin treatment of hyperactivity in children and youth: review of the literature and practical treatment recommendations. *Journal of Orthomolecular Medicine*, 2011;26(3):117-126.

Hunninghake R (moderator), LePine T, Prouscky J, Lord RS: Roundtable discussion: The value of nutrient laboratory testing. *Alternative and Complementary Therapies*, 2011;17:142-148.

Prouscky J: Niacin for detoxification: a little-known therapeutic use. *Journal of Orthomolecular Medicine*, 2011;26(2):85-92.

Prouscky J, Millman CG, Kirkland JB: Pharmacologic use of niacin. *Journal of Evidence-Based Complementary & Alternative Medicine*, 2011;16:91-101.

Prouscky J, Seely D: Randomized, double-blind, placebo-controlled pilot study assessing the ability of inositol hexaniacinate (hexanicotinate) to reduce symptoms of nonulcer dyspepsia possibly due to insufficient hydrochloric acid production. *Journal of Orthomolecular Medicine*, 2011;26(1):21-31.

Prouscky J: Understanding the serum vitamin B<sub>12</sub> level and its implications for treating neuropsychiatric conditions: an orthomolecular perspective. *Townsend Letter*, 2011;331/332:54-63.

Prouscky J: An N-of-1 placebo-controlled trial in clinical practice: testing the effectiveness of oral niacinamide (nicotinamide) for the treatment of anxiety. *Journal of Orthomolecular Medicine*, 2010;25(4):195-213.

Prouscky J: Vitamin B<sub>3</sub> for depression: case report and review of the literature. *Journal of Orthomolecular Medicine*, 2010;25(3):137-147.

Prousky J: Understanding the serum vitamin B<sub>12</sub> level and its implications for treating neuropsychiatric conditions: an orthomolecular perspective. *Journal of Orthomolecular Medicine*, 2010;25(2):77-88.

Prousky J: Continuing education lesson – Parkinson’s disease. Contemporary and natural therapeutic interventions. *Integrated Healthcare Practitioners*, 2010;3(2):84-91.

Prousky J: Common forms of anemia. Diagnosis and management in clinical practice. *Integrated Healthcare Practitioners*, 2010;3(1):48-51.

Prousky J: Continuing education lesson – Circulatory overload leading to pulmonary edema. A possible life-threatening complication of outpatient intravenous therapy. *Integrated Healthcare Practitioners*, 2009;2(6):84-87.

Prousky J: Continuing education lesson – Managing anxiety with orthomolecular and botanical medicine: a simple and effective approach to treatment. *Integrated Healthcare Practitioners*, 2009;2(3):84-89.

Prousky J: Continuing education lesson - Myalgic encephalomyelitis (chronic fatigue syndrome) is a microcirculatory disorder: orthomolecular treatment options to “normalize” red blood cell morphology and improve circulation. *Integrated Healthcare Practitioners*, 2009;2(2):68-73.

Prousky J: Autism spectrum disorders: improving clinical outcomes with natural medicines. *Integrated Healthcare Practitioners*, 2009;2(1):54, 57-59.

Prousky J: Intravenous glutathione therapy. *Integrated Healthcare Practitioners*, 2008/2009;1(6):74-77.

Prousky J: Systemic lupus erythematosus: complementary management strategies and case reports. *Integrated Healthcare Practitioners*, 2008;1(5):76-78.

Prousky J: Irritable bowel syndrome. *Integrated Healthcare Practitioners*, 2008;1(3):50-53.

Hoffer A, Prousky J: Successful treatment of schizophrenia requires optimal daily doses of vitamin B<sub>3</sub>. *Alternative Medicine Review*, 2008;13(4):287-291.

Hoffer A, Prousky J: The proper treatment of schizophrenia requires optimal daily doses of vitamin B<sub>3</sub>. *Journal of Orthomolecular Medicine*, 2008;23:191-195.

Prousky J: The treatment of pulmonary diseases and respiratory-related conditions with inhaled (nebulized or aerosolized) glutathione. *Evidence-Based Complementary and Alternative Medicine*, 2008;5:27-35.

Prousky J: The orthomolecular treatment of schizophrenia: a primer for clinicians. *Townsend Letter*, 2007;283:86-100.

Prousky J: Clinical experiences with a vitamin B-3 dependent family. *Journal of Orthomolecular Medicine*, 2006;21(4): 205-211.

Prousky J: Double agent niacin - its beneficial effect upon the lipid profile, but its adverse effect upon plasma homocysteine: a case report. *Queen's Health Sciences Journal*, 2006;8(1):34-38.

Prouscky J, Hayman R: orthomolecular and botanical treatments to help alleviate the side effects of atypical antipsychotic drugs. *Journal of Orthomolecular Medicine*, 2006;21(1):17-33.

Prouscky J: Supplemental niacinamide mitigates anxiety symptoms: report of three cases. *Journal of Orthomolecular Medicine*, 2005; 20(3):167-178.

Prouscky J: Orthomolecular treatment of anxiety disorders. *Townsend Letter*, 2005;259/260:82-87.

Prouscky J, Seely D: The treatment of migraines and tension-type headaches with intravenous and oral niacin (nicotinic acid): systematic review of the literature. *Nutrition Journal*, 2005;4:3.

Prouscky J: Niacinamide's potent role in alleviating anxiety with its benzodiazepine-like properties: a case report. *Journal of Orthomolecular Medicine*, 2004;19(2):104-110.

Prouscky J: The Gastro-Test®: a simple in-office test for the determination of gastric pH & gastroesophageal reflux disease. *Townsend Letter*, 2004;250:60-63.

Mills EJ, Prouscky J, Raskin G, Gagnier J, Rachlis B, Montori VM, Juurlink DN: The safety of over-the-counter niacin. A randomized placebo-controlled trial. *BMC Clinical Pharmacology*, 2003;3:4.

Prouscky J, Sykes E: Two case reports on the treatment of acute migraine with niacin. Its hypothetical mechanism of action upon calcitonin-gene related peptide and platelets. *Journal of Orthomolecular Medicine*, 2003;18(2):108-110.

Prouscky J: Pellagra may be a rare secondary complication of anorexia nervosa: a systematic review of the literature. *Alternative Medicine Review*, 2003;8(2):180-185.

Prouscky J, Seely D: Follow-up report on the use of inositol hexaniacinate for the treatment of achlorhydria. Is a vitamin B-3 dependency the cause of this patient's gastrointestinal symptoms? *Townsend Letter*, 2003;238:70-71.

Prouscky J, Seely D: A case report on the successful use of inositol hexaniacinate for the treatment of achlorhydria: its possible mechanism of action upon the central nervous system and parietal cell-adenosine triphosphate-dependent  $K^+/H^+$  pump. *Townsend Letter*, 2003;235/236:72-75.

Prouscky J, Kerwin C: Niacin (Nicotinic Acid) a putative treatment for hypochlorhydria: re-analysis of two case reports. *Journal of Orthomolecular Medicine*, 2002;17(3):163-169.

Prouscky J, Lescheid D: Vitamins B<sub>3</sub> and C: their role in the treatment of histadelia. *Journal of Orthomolecular Medicine*, 2002;17(1):17-21.

Prouscky J: Is vitamin B<sub>3</sub> dependency a causal factor in the development of hypochlorhydria and achlorhydria? *Journal of Orthomolecular Medicine*, 2001;16(4);225-237.

Ross C, Prouscky J: Plantar fasciitis: a case review. *Journal of Orthomolecular Medicine*, 2001;16(1):40-46.

**CORRESPONDENCES**

Prouskey J: Editor's reply. Poor analytical skills lead to dangerous misinformation. *Journal of Orthomolecular Medicine*, 2013;28(2):91-93.

Prouskey J: Does vitamin B<sub>3</sub> really reduce adrenochrome? *Journal of Orthomolecular Medicine*, 2012;27(2):93-94.

Prouskey J: An N-of-1 placebo-controlled trial in clinical practice. *Journal of Orthomolecular Medicine*, 2011;26(1):38-39.

Prouskey J: Cobalamin deficiency in elderly patients. *Canadian Medical Association Journal*, 2005;172(4):450.

Prouskey J: Vitamin B<sub>3</sub> for nicotine addiction. *Journal of Orthomolecular Medicine*, 2004;19(1):56-57.

**EDITORIALS**

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#### **RESEARCH GRANT APPLICATION REVIEWER**

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#### **AWARDS & HONORS**

Inducted into the 14th Annual Orthomolecular Medicine Hall of Fame, International Society for Orthomolecular Medicine, April 29, 2017, at the Orthomolecular Medicine Today Conference in Toronto, ON.

First place winner, "Best of Naturopathic Medicine" competition in *Townsend Letter*, 2015, Publication: "The manifestations and triggers of mental breakdown, and its effective treatment by increasing stress resilience with psychosocial strategies, therapeutic lifestyle changes, and orthomolecular interventions."

Favorite Professor, Canadian College of Naturopathic Medicine Class of 2014, April 2013.

Third place winner, "Best of Naturopathic Medicine" competition in *Townsend Letter*, 2013, Publication: "What to do when patients wish to discontinue their psychotropic medications? Effective tapering strategies to limit drug withdrawal and destabilization: a clinician's perspective."

Favorite Teacher, Canadian College of Naturopathic Medicine Class of 2012, April 2011.

Grand Winner, "Best of Naturopathic Medicine" competition in *Townsend Letter*, 2011, Publication: "Understanding the serum vitamin B12 level and its implications for treating neuropsychiatric conditions: an orthomolecular perspective."

Winner "Orthomolecular Doctor of the Year." Presented by the International Society for Orthomolecular Medicine on April 30, 2010, at the Orthomolecular Medicine Today Conference in Vancouver, BC.

Winner "Best of Naturopathy" competition in *Townsend Letter*, 2007, Publication: "The orthomolecular treatment of schizophrenia: a primer for clinicians."

Winner "Best of Naturopathy" competition in *Townsend Letter*, 2005, Publication: "Orthomolecular Treatment of Anxiety Disorders."

Winner "Best of Naturopathy" competition in *Townsend Letter*, 2003, Publication: " A case report on the successful use of inositol hexaniacinate for the treatment of achlorhydria: its possible mechanism of action upon the central nervous system and parietal cell-adenosine triphosphate-dependent  $K^+/H^+$  pump."

Excellence in Teaching Award, Canadian College of Naturopathic Medicine, "Selected by the graduating class of 2002 in recognition of outstanding academic instruction," May 30, 2002.

Gordon Storie Award, Canadian College of Naturopathic Medicine, "...for his strong commitment to mentoring CCNM students in topics which promote and enhance the profession in Canada, and for his contribution and support in the community," March 3, 2001.





This is Exhibit # 11  
In CONO vs. Taras Rodak  
Date: October 6, 2020

ROBERT SCHAD NATUROPATHIC CLINIC  
Informed Consent

**Please note that this form must be signed prior to your first appointment.**

Naturopathic medicine is the treatment and prevention of diseases by natural means. Naturopathic Doctors assess the whole person, taking into consideration physical, mental, emotional and spiritual aspects of the individual. Gentle, non-invasive techniques are generally used in order to stimulate the body's inherent healing capacity. Your interns at the RSNC will take a thorough case history, perform a physical examination, including a breast exam, and take blood and urine samples. If your case requires, the physical may include more specific examinations such as gynecological, rectal, prostate or genital exams.

It is very important that you inform your Naturopathic Doctor immediately of any disease process from which you are suffering and any medications/over the counter drugs that you are currently taking. Please advise your Naturopathic Doctor immediately if you are pregnant, suspect you are pregnant or if you are breast-feeding.

As a patient you will receive information about your diagnosis and/or treatment, alternative courses of action, the material effects, costs, expected benefits, risks, side effects and in each case the consequences of not having the diagnosis and/or treatment acted upon.

The staff is trained to handle emergencies should the need arise.

There are some slight health risks associated with treatment by naturopathic medicine.

These include but are not limited to:

- Homeopathic remedies may occasionally result in the aggravation of pre-existing symptoms. When this occurs the duration is usually short.
- Some patients experience allergic reactions to certain supplements and herbs. Please advise your intern of any allergies you may have.
- Pain, bruising or injury from venipuncture or acupuncture or parenteral therapy.
- Fainting or puncturing of an organ with acupuncture needles.
- Muscle strains and sprains or disc injuries from spinal manipulation.
- There is a very small potential for stroke in neck manipulation. Patients are thoroughly screened by the intern prior to manipulating the neck.
- The staff and Interns are trained to handle emergencies should the need arise.

**I understand:**

- The RSNC is a teaching clinic, where faculty and students observe or participate in the care provided.
- The clinic does not guarantee treatment results.
- That my intern will explain to me the exact nature of any treatment provided and will answer any questions I may have.
- I am free to withdraw my consent and to discontinue treatment at any time.
- That the intern and supervisor will assess your health and provide you with recommendations based on their findings. At times this may differ from your expectations, however please keep in mind, all recommendations are made with your best health interest in mind.

---

Patient Name (please print): \_\_\_\_\_

Signature of Patient or Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

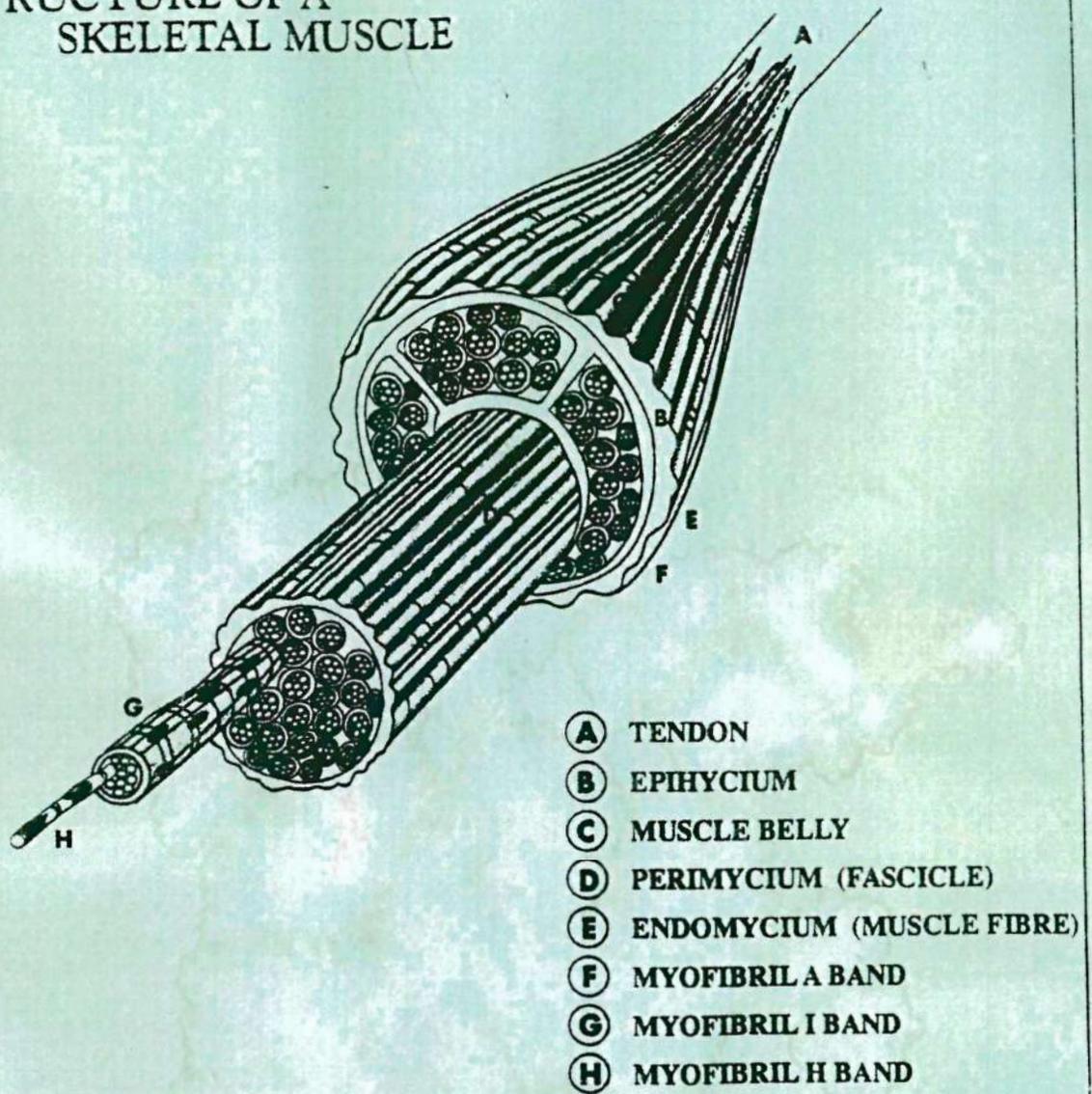
Intern: \_\_\_\_\_ Supervisor: \_\_\_\_\_



TARAS RODAK

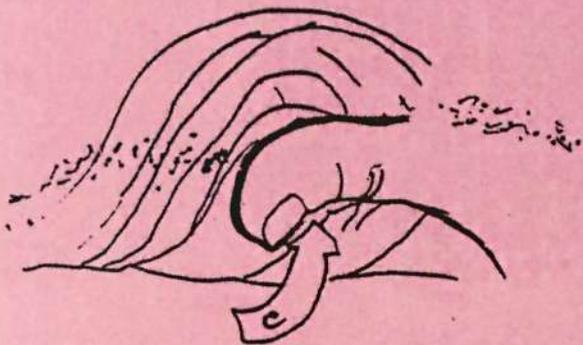
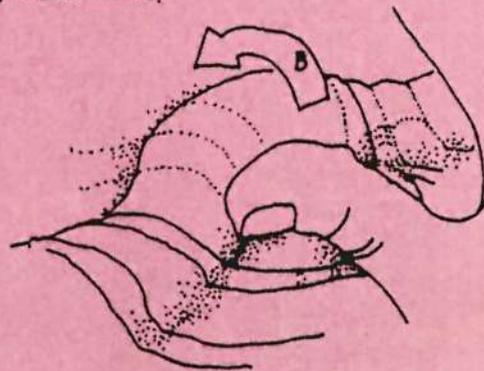
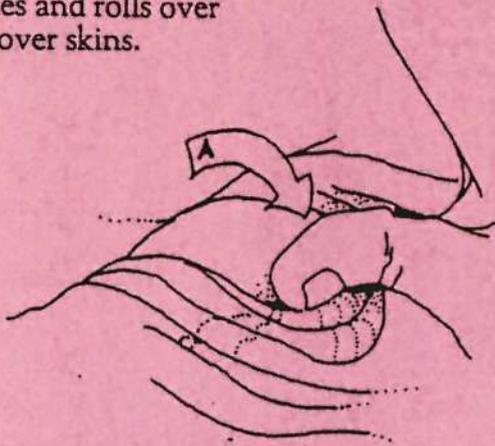
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In CONO vs. Taras Rodak  
Date: October 6, 2020

## STRUCTURE OF A SKELETAL MUSCLE

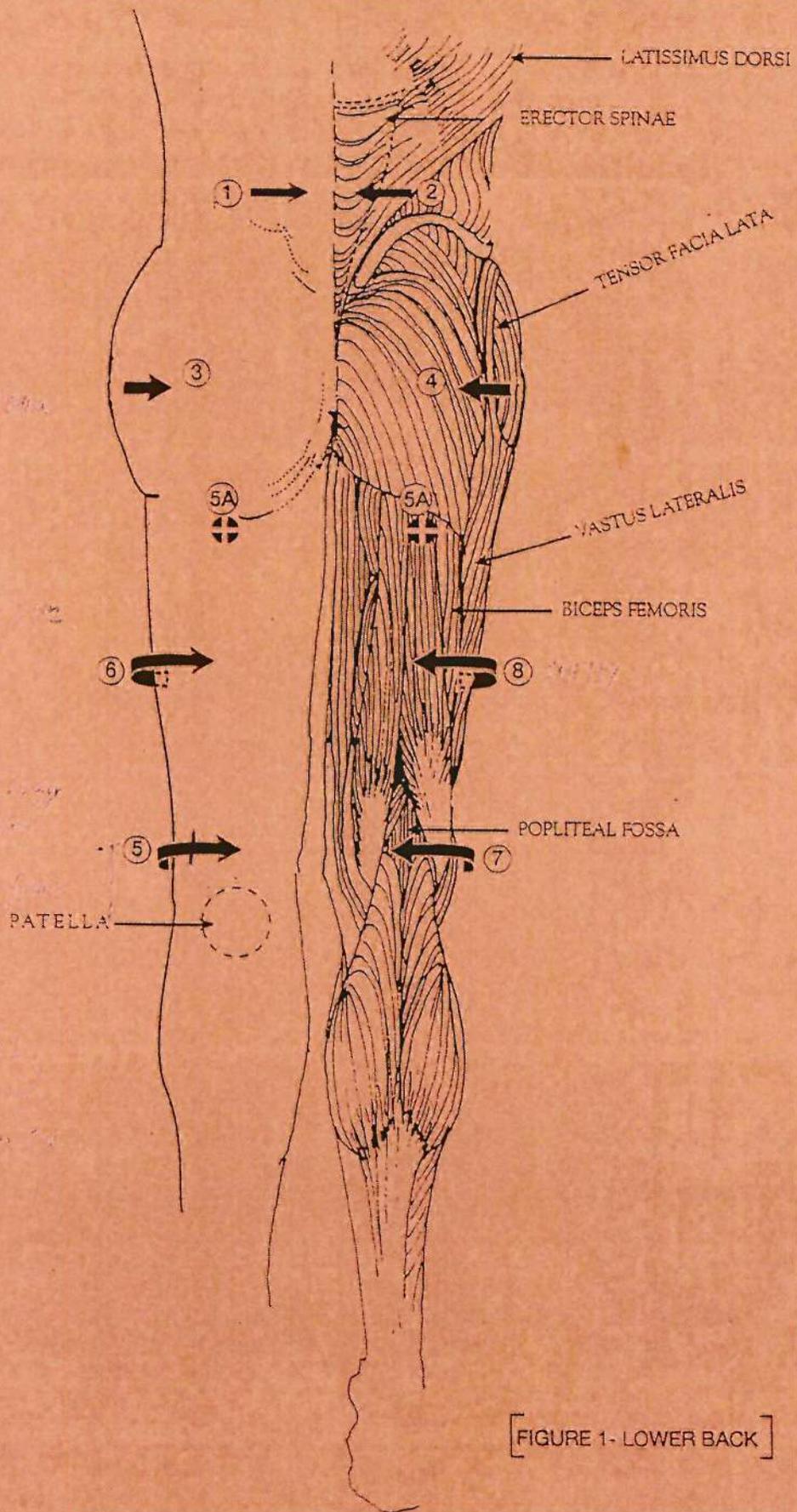


### THUMB PLACEMENT FOR BASIC MOVE

- A. Thumb draws skin back over muscle.
- B. Thumb pushes and rolls over muscle- not over skins.







[FIGURE 1- LOWER BACK]

# The Bowen Technique — an interpretation by Oswald Rentsch.

FOR DISCUSSION PURPOSES ONLY

## NECK AND SHOULDERS

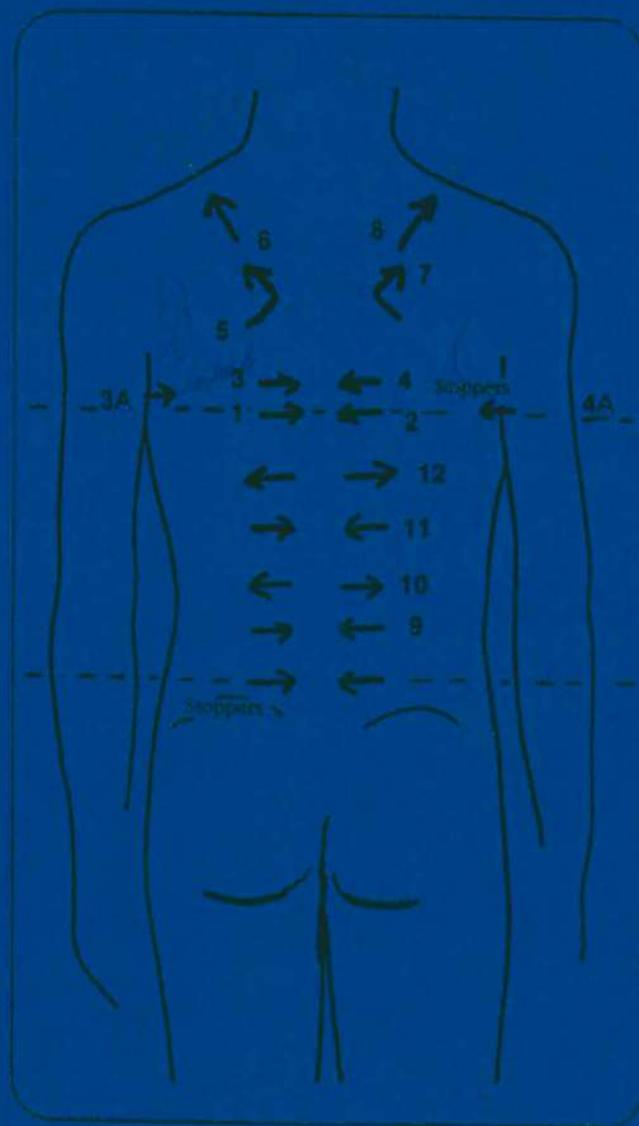
Specific back relaxation moves. Right side of the body is positive, the left side is negative.

1. left side first always. On the line just below the inferior angle of the left scapula, draw the skin slack laterally. Apply pressure to the lateral margin of the erector spinae, hold for three seconds then, while maintaining pressure, move the erector spinae medially.
2. Right side medially as above.
3. left side. Same procedure as Move 1 but one inch higher.
4. Right side medially as above. Wait two minutes.
5. From the margin of the left scapula move in a semicircle over the rhomboids major medially and return to the scapula margin.
6. Move over the levator scapula rounding the superior medial angle of the scapula and execute a rolling motion over the medial shoulder.
7. Right side as in Move 5.
8. Right side as in Move 6. Wait two minutes. If no response, muscles still tense. Move 3A teres major and 4A medially. Wait two minutes then repeat 1 to 8.

Always commence treatments at lumbar. The procedure is to move to shoulders after lumbar — you must not reverse this procedure.

Page 3 follows to complete neck and shoulders procedure.

Figure 2.



*People forget how fast you did a job — but they remember how well you did it.*

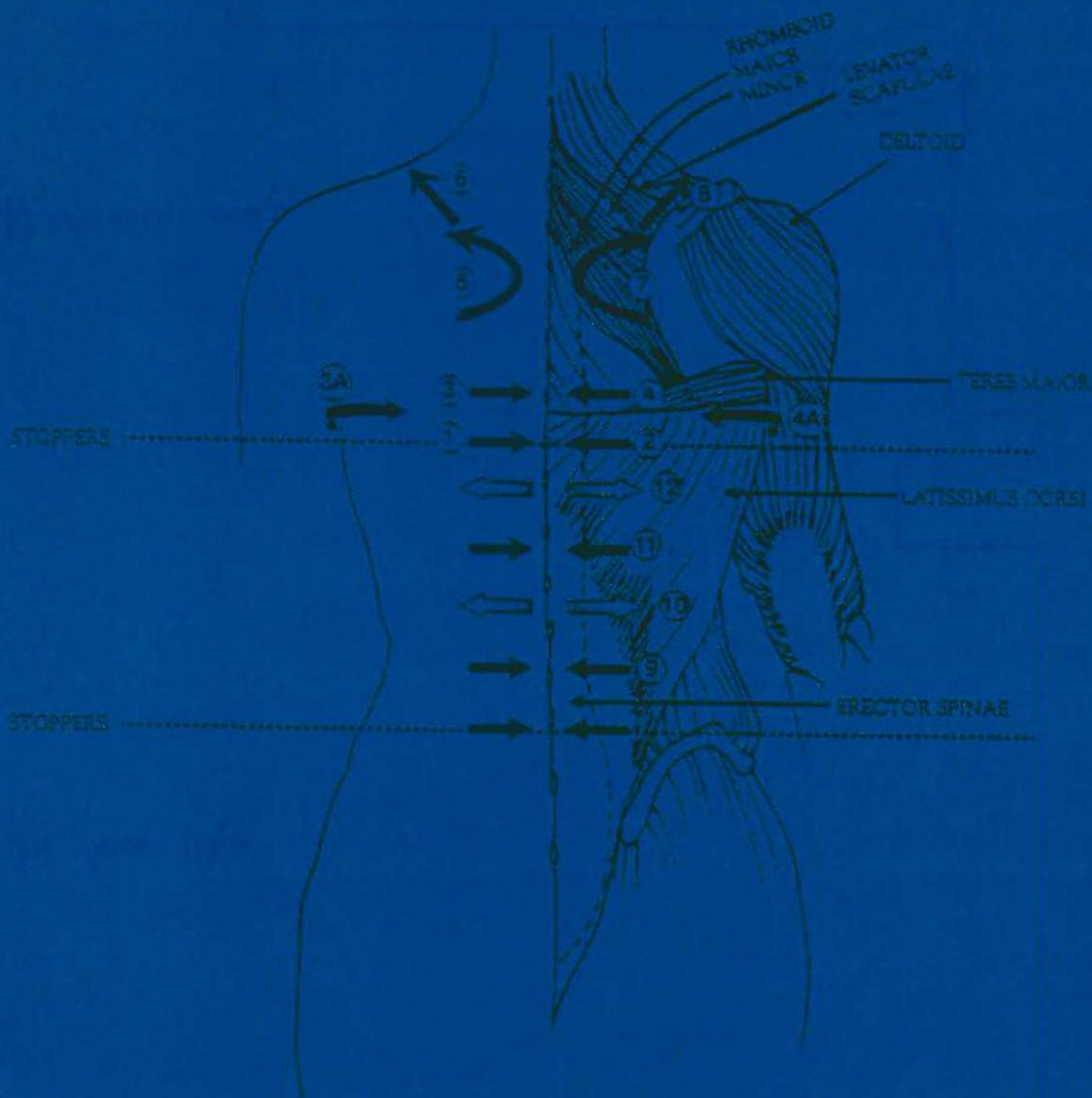
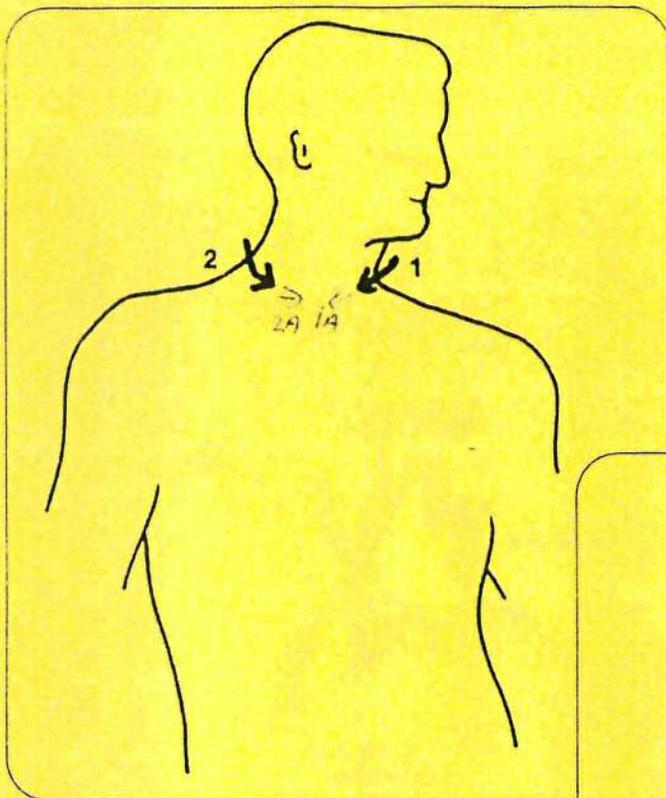
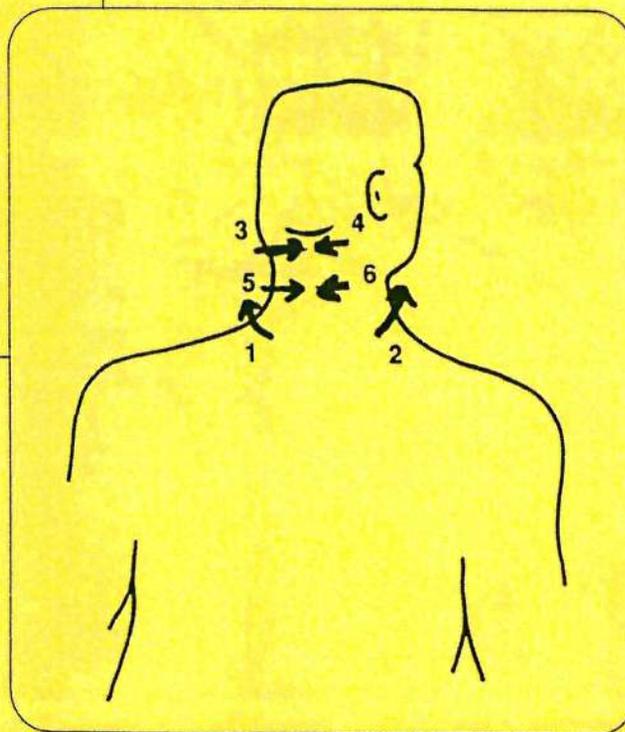


FIGURE 2 } NECK & SHOULDER

# The Bowen Technique — an interpretation by Oswald Rentsch.



-if no response to first shoulder  
 1M) - 17th from shoulder move  
 -add 1 week later  
 2A) - standing  
 1M + 5 4  
 2A + 6 4  
**Figure 3.**



FOR DISCUSSION PURPOSES ONLY

## NECK AND SHOULDERS (continued)

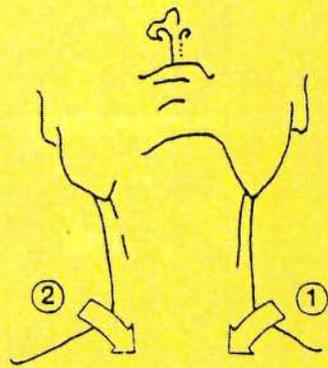
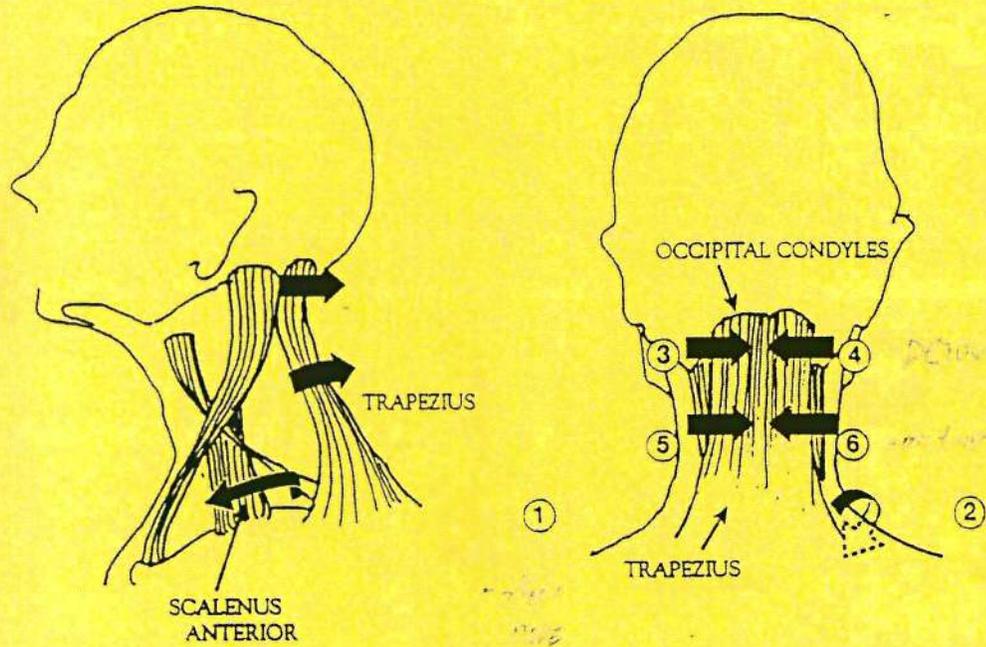
After completion of Page 2, turn patient on to back, hands by side. No pillows except for aged or special cases. Specific basic relaxation moves.

1. Position yourself at the head of the patient, left side first with left thumb, move the scalenus anterior forward around neck line.

2. Right side follows.
3. At the occipital condyles move the trapezius insertions medially.
4. Right side follows. Wait two minutes.
5. Gently move trapezius medially between C3 & 4.
6. Right side follows. Wait two minutes.

Repeat 1 to 6 --- in severe cases, observing the two minutes wait as directed.

*Take time to deliberate; but when the time for action arrives, stop thinking and go in.*



[ FIGURE 3 } NECK & SHOULDER ]





## RESUME

**Paul Richard Saunders, PhD, ND, DHANP, CCH**

**Local**

**Practice**

**Current Positions:**

Professor of Materia Medica and Clinical Medicine  
(Botanical and Homeopathic Medicine, and Pharmacology)  
Canadian College of Naturopathic Medicine

Beaumont Health System  
Senior Naturopathic Doctor  
Integrative Medicine Troy Hospital

Professor of Integrative Medicine  
Oakland University William Beaumont School of Medicine

Professor of Botanical Medicine, Clinical Medicine, and Intravenous Therapies  
National University of Health Sciences

Professor of Homeopathic Medicine  
Canadian College of Homeopathic Medicine 416-966-2350

**Education:**

N.D. National College of Naturopathic Medicine, Portland, OR, June 1991  
N.D. Ontario (now Canadian) College of Naturopathic Medicine,  
Toronto, ON, June 1990  
Ph.D. Duke University, Durham, NC, May 1979  
Major: forest ecology, environmental management  
M.S. Purdue University, West Lafayette, IN, December 1972  
Major: natural resource management, recreation management  
Minor: glacial geology, North American Indian anthropology  
B.S. Purdue University, West Lafayette, IN, January 1972  
Major: natural resource management  
Minor: forestry, geology, molecular biology, wildlife  
science

**Naturopathic Thesis:**

Homeopathic proving of *Acer saccharum* sap

**Dissertation:**

The vegetational impact of human disturbance on the spruce-fir  
forests of the Southern Appalachian Mountains

**Thesis:**

Indiana natural, scenic and recreational stream system

**Credentials:**

Diploma, North American Homeopathic Master Clinician  
Two-Year Course, Toronto, ON, June 2001  
Diploma, Practitioner of Classical Homeopathy, Three Year  
Dynamis School of Homeopathy, Toronto, ON, 1999  
Diplomat, Chelation Therapy, Great Lakes College of Clinical  
Medicine (now International College of Integrative Medicine-- ICIM)

1998- present  
 DHANP, Diplomate of the Homeopathic Academy of Naturopathic Physicians, Examination, June 1993  
 CCH, Certified Classical Homeopath, American Council on Homeopathic Certification, June 1993  
 Licensed Naturopathic Physician: Ontario #702, Oregon #763; 1991- present  
 Licensed Naturopathic Physician: British Columbia, 1992-2018  
 Residency: Portland, OR 1990-91; New Day Homeopathic Clinic  
 Private practice in Dundas, Ontario 1991- present  
 Certified Parenteral Therapy Instructor and Therapist, Ontario Board of Drugless Therapy: Naturopathy, 2002- 2015  
 Parenteral Therapy Emergency Medicine Instructor for Ontario Board of Drugless Therapy: Naturopathy, 2008- 2009  
 Parenteral Therapy Instructor, National University of Health Sciences, Lombard, IL: 2018- present

**Teaching and Research Experience**

2018 – Present, National University of Health Sciences  
 Courses Taught: Botanical Medicine  
 Intravenous Therapy for Naturopathic Doctors  
 Clinical Supervision  
 2001-2016 Lecturer, Canadian Memorial Chiropractic College, Toronto,  
 Guest Lectures on Naturopathic Medicine; Intertwining of Chiropractic Medicine and Naturopathic Medicine; Naturopathic Clinical Practices  
 2004-2020 Lecturer, University of Western Ontario, School of Medicine and Pharmacy, to Medical Students and Residents; Botanical Medicine; Herb Drug Interactions; Role of CAM in Medical Practice; Case Studies in Integrative Practice; Naturopathic Approaches to Clinical Cases  
 1991- present, Canadian College of Naturopathic Medicine  
 Courses taught: Homeopathic Medicine, Botanical Medicine, Advanced Botanical Medicine and Pharmacognosy, Clinical Botanical Medicine Prescribing  
 Physical and Clinical Diagnosis, Differential Diagnosis, Laboratory Diagnosis  
 Proctology, Cardiology, Parenteral Therapy, Venipuncture and Parenteral Therapy  
 Naturopathic History and Philosophy, Dermatology  
 Men's Health  
 Clinical Supervisor, Clinical Extern Supervisor 2004-present  
 Clinic Director 1991-1995  
 Chief Naturopathic Medical Officer 1996-1998  
 Associate Dean, Naturopathic Medical Affairs 1998-2000  
 Chair of Materia Medica 2000-2003  
 Professor of Materia Medica and Clinical Medicine 2000- present  
 2008-present, McMaster University Physical Therapy and Occupational Therapy Graduate Program, Instructor: naturopathic medicine, botanical medicine  
 2002- present, Mohawk College of Applied Arts and Technology Health Sciences, Phytotherapy Program, Hamilton, ON, Instructor: Naturopathy, Venipuncture, Clinical Herbalism, Phytochemistry  
 1995- present, Canadian College of Homeopathic Medicine (formerly Toronto School of Homeopathic Medicine), Toronto, ON  
 Instructor: Materia Medica, Pharmacognosy, Physical and Clinical Diagnosis, Physical Examination, Laboratory Diagnosis, Ethics and Jurisprudence, Oncology, Cardiology, Pediatrics  
 1995- present, Dominion Herbal College, Toronto, ON  
 Instructor: Botany, History and Philosophy  
 1990-1991 National College of Naturopathic Medicine, Portland, OR, Interim Director of Research  
 1990-1991 Marylhurst College, Portland, OR, Instructor, Biological Science

1981-1986 Washington State University, Pullman, WA, Associate Professor (tenured) and Program Leader, Department of Forest and Range Management

1980 Summer Sabbatical Roosevelt National Forest and Pawnee National Grassland, USDA, Fort Collins; sabbatical leave to design data collection system for use patterns in national forests and grasslands

1977-1981 Clemson University, Clemson, SC, Assistant Professor, College of Forestry and Recreation

1974-1977 Duke University, Durham, NC, School of Forestry and Environmental Studies, Lecturer, Teaching and Research Assistant

1973 Indiana University-Kokomo, IN, Instructor, Biology Department

1973 Indiana University-Richmond, IN, Instructor, Geography Department

**Honors,  
Memberships,  
Committees:**

Sigma Xi, The Scientific Research Society, 1983- present

Ontario Association of Naturopathic Doctors, 1991- present

British Columbia Association of Naturopathic Physicians, 1992- present

Canadian Association of Naturopathic Doctors, 1991- present; Government Affairs Committee 1997- present

Institute for Naturopathic Education and Research, 1991- present

Homeopathic Academy of Naturopathic Physicians, 1993- present

Naturopathic Physicians Licensing Examination, Board Member- 1993-present, President 2001- present, Chair of Botanical Medicine 1993-present

Journal of Naturopathic Medicine, Editorial Staff- 1992- present

President's Award, Canadian Naturopathic Association- 1998

Member, Medical Advisory Board, Canadian Association of Retired Persons, 1998- present

Council on Naturopathic Medical Education, Professional Physician Board Member- 2000-2007

Committee on Management, Therapeutic Products Programme, Health Protection Branch, Health Canada, 1996-2000

Natural Health Products Transition Team, Health Protection Branch, Health Canada, 1999-2000

Expert Advisory Committee, Natural Health Products Directorate, Health Protection Branch, Health Canada, 2000-2006

Advisory Committee on Complementary and Alternative Health Care, Health Policy and Communication Branch, Health Canada, 2000-2001

Product Advisory Committee, Natural Health Products, Health Canada, 2009-present

Botanical Medicine Academy, Board Member, AANP; 1998- present

International College of Integrated Medicine (formerly Great Lakes College of Clinical Medicine, Member 1998- present

American College for the Advancement of Medicine, 2007-present

Vice-Chair and Board Member, Toronto School of Homeopathic Medicine- 1999-2009

Canada Arthritis Society, external grant reviewer, 2000-2002

Sick Kids Foundation, External Grants Reviewer, 2002-present

National Institutes of Health, National Center for Complementary and Alternative Medicine, external reviewer, 2001- present

The Canadian Journal of Herbalism, Editor- 2000 – 2002

Wellness Options, Editorial Advisory Board- 2000 – 2010

Tyler Pioneer Award for Most Outstanding Graduate, National College of Naturopathic Medicine- 2002

Expert Witness on Homeopathy, Botanical Medicine, Intravenous Therapy-Crown Attorney 2001-2002, 2007

Ontario College of Veterinary Medicine- 1996

Ontario College of Chiropractic- 1995

Arbitrator 2007

Naturopathic Medicine Submission Committee to Health Professional Review Advisory Committee, 1992-2009

Ontario Association of Naturopathic Doctors- Naturopathic Doctor of the Year 1994, 2002

Ovarian Cancer Information Project Steering Committee, 2002 - 2004  
 Advisory Committee on Naturopathic Medicine, Ministry of Health and Long Term Care, 2003  
 Community Health Advisory Committee, Canadian Aids Treatment and Information Exchange, 2002- present  
 Natural Health Products Research Society, founding board member, 2003 – 2007  
 Society member 2003 - present  
 Naturopathic Student Association Instructor and Mentor of the Year, Canadian College of Naturopathic Medicine 2003-2004  
 Scientific Advisory Panel on Hepatotoxicity of Health Products, Health Canada, 2003 – present  
 Citronella Scientific Review Panel, Pest Management Regulatory Agency, Health Canada, 2005-2006  
 Homeo-Net: Homeopathic Research Network for Canada: Founding Board Member 2005 – 2015  
 Canadian CAM Research Fund, External Reviewer 2006- present  
 Canadian Memorial Chiropractic College Continuing Education Advisory Committee, 2008 - present  
 International Journal of Naturopathic Medicine: member of Editorial Board, special areas: Botanical Medicine, Homeopathy, Elders Council; 2008-present  
 Institute for Safe Medicine Practices Canada, Health Canada. Good Label and Package Practices Guide. Expert Panel Member 2012-2014.  
 Journal for Restorative Medicine. Review Editor; 2013-Present; Botanical Monograph Editor; 2017-2018.  
 Vital Link, CAND Journal. External Reviewer 2013 – present.  
 Vital Link Editorial Award, Canadian Association of Naturopathic Doctors, Calgary, AB, June 27, 2015.  
 Beacon Award: Exceptional Elder, Naturopathic Medical Student Association. August 28, 2015. San Diego, CA.  
 Council for Homeopathic Certification. Member of Examination Team and Examination Reviewer, Item Writer for Entrance to Practice Examination 2015 – present  
 World Naturopathic Federation, Member of Antimicrobial Resistance Scientific Committee, July 2018 - Present

**Research:**

High vs Low dose Ginseng in Pediatric Upper Respiratory Tract Infection, University Of Alberta and Sick Kids, 2005-2008. Co-Investigator as CAM Expert.  
 Orthomolecular Treatment as an Add-on Therapy for Childhood Asthma, Sick Kid Foundation, 2005-2010; Co-Investigator as CAM Expert  
 Homeo-Net: Homeopathic Research Network for Canada, Hecht Foundation. 2006-2014. Co-Investigator.  
 Ontario Ginseng and Research Centre, Ontario Agriculture and Development Ministries and University of Western Ontario. 2007-2010. Co-Investigator.  
 Naturopathic Medicine for the Treatment of Gastro-Esophageal Reflux Disease (GERD): An Open Labeled Prospective Case Series, Canadian College of Naturopathic Medicine. 2008-2009. Supervising Co-Investigator.  
 A National Survey of Naturopathic Doctors Management of Patients with A/H1N1 Influenza and Its Complications in Primary Medical Care. 2009-2010 PI. Holistic Health Research Foundation.  
 A Multi-National Survey of Homeopathic Management of Patients with A/H1N1 Influenza and Its Complications in Primary Medical Care: Canada. 2009-2010. Holistic Health Research Foundation and Homeopathic Research Network of Canada.  
 Benchmarking Homeopathic Practitioners across Canada. E. Bonilla and PR Saunders. Canadian College of Homeopathic Medicine. 2011-2012.  
 Role of Gut Microbiome in Metabolic Syndrome and Obesity; Polina Kapoustina, and PR Saunders; Canadian College of Naturopathic Medicine, NDNR; 2013-2015  
 Obstructive Sleep Apnea versus Central Nervous System Sleep Apnea: Survey, Homeopathic Medicines, Clinical Recommendations. F Ho. and PR Saunders. Canadian College of Homeopathic Medicine. 2016-2017.  
 Survey of Naturopathic IV Therapy Practitioners in Ontario: Effects of CONO Regulations. Iva Lloyd and PR Saunders. CAND. 2014-2017.

Homeopathic Treatment of Cancer: Multiple Myeloma Case Studies.  
 2014-Present. PR Saunders. CCNM and CCHM. 2014-Present.  
 Castor Oil: Homeopathic vs Botanical Indications for Clinical Practice. Prahlow TJ and PR  
 Saunders. Canadian College of Homeopathic Medicine. 2018-2019.  
 World Naturopathic Federation, Research Committee, 2017-present; Rapid reviewer for  
 Covid-19 2020-present  
 Hahnemann and Vithoukias: Materia Medica Comparisons of Polycrest Medicines; Brett  
 Harris and PR Saunders, Canadian College of Homeopathic Medicine, 2019 –  
 present

## PUBLICATIONS

### 2020

- Lloyd I, Saunders PR, Hausser T, Casteleijn D. 2020. Novel Coronavirus (2019-nCoV). World Naturopathic Federation. Toronto, ON. 5 p.
- Lloyd I, Saunders PR, Hausser T, Casteleijn D. 2020. Novel coronavirus (2019-nCoV) Supportive Care: respiratory. World Naturopathic Federation. Toronto, ON. 3p.
- Saunders, PR. 2020. Autoimmune: naturopathic approaches. Autoimmunity: Clinical Approaches to Multi-System Diseases. National University of Health Sciences 3<sup>rd</sup> PostGrad Concurrence. Lombard, IL. February 22-23, 2020. 34p.
- Moore P, Saunders PR. 2020. *Arum palaestinum*: science and experiences of one year. OncANP Naturopathic Oncology Conference. February 28-March 1, 2020. Fort McDowell, AZ. 6p.
- Harris B, Saunders PR. 2020. Different health professional's uses of strontium: a narrative review. CCNM Research Day Presentation. Toronto, ON.
- Saunders PR. 2020. Ultra-processed food consumption and mortality: a prospective study looks at mortality and obesity risks. Natural Medicine Journal. 12(4):1-7.
- Lloyd, I, Saunders PR. 2020. Overview of current research: CoVID-2019. World Naturopathic Federation. Toronto, ON 4p.
- Lloyd I, Bradley R, Lescheid D, Saunders, PR, Wardle J. 2020. Naturopathic contribution in the combined effort to control COVID-19. Traditional, Complementary and Integrative Unit Meeting of the World Health Organization. March 30, 2020. Online, Geneva, Switzerland.
- Saunders PR. 2020. Botanical medicine: Annual research review 2020. 35<sup>th</sup> Annual AANP Conference. 28p.
- Saunders, PR. 2020. Coca (>85%) improves walking distance in those with peripheral artery disease: review of cocoa research and findings. Natural Medicine Journal. 12(6):1-9.
- Saunders, PR. 2020. Western-style diet: short-term exposure trial impairs neurocognitive hippocampus function. Natural Medicine Journal. Submitted.
- Saunders, PR. 2020. Vitamin C: Possible treatment for critically ill ventilated patients. Natural Medicine Journal. Submitted.
- Saunders, PR. 2020. Acute prescribing: recent clinical homeopathy cases. CCNM-CCHM Homeopathy Club Lecture Series. May 28, 2020. 10p.
- Acoin M, Cooley, K, Saunders PR, Cardozo V, Cramer H, Abad CN, Hannon N. 2020. The effect of quercetin on the prevention and treatment of COVID-19 and other respiratory tract infections in humans: a rapid review. World Naturopathic Federation, Advances in Integrative Medicine, Volume 7.
- Acoin M, Cooley, K, Saunders PR, Cardozo V, Hannon N. 2020. The effect of *Echinacea* spp. on the prevention and treatment of COVID-19 and other respiratory tract infections in humans: a rapid review. World Naturopathic Federation. Advances in Integrative Medicine. Volume 7.
- Saunders, PR. 2020. Ancient herbs: potential cancer treatment in a new clinical trial. Townsend Letter. 445/446:34-35.
- Lloyd I, Saunders PR. 2020. Laboratory testing: pre- and post-Covid-19. June 17. World Naturopathic Federation. 9p.
- Lloyd I, Saunders PR. 2020. Assessing for co-morbidities and factors that may affect a patient's Response to COVID-19. Vital Link, Submitted.

### 2019

- Saunders, PR. 2019. Entheogenic botanicals: an overview within naturopathic medicine. Arizona Psychedelic Conference, Tempe, AZ. February 8-10, 2019. Tempe, Arizona. 11p.
- Proefrock K, Saunders PR, 2019. Are psychedelics part of naturopathic medicine? Arizona Psychedelic Conference, Tempe, AZ. February 8-10, 2019. Tempe, Arizona. 10p.
- Saunders, PR. 2019. Botanicals and cancer: promising herbs and clinical trials. OncANP Annual Conference, San Diego, California. February 15-17, 20-19. 14p.
- Saunders, PR. 2019. Lyme disease and associated conditions: advanced prescribing. Lyme Literacy for Naturopathic Doctors. Collaborative Continuing Education, Vancouver, British Columbia. March 2, 2019.
- Saunders, PR. 2019. Early-life alcohol consumption and high-grade prostate cancer: Is there an association? *Natural Medicine Journal*.11(3):1-6.
- Saunders, PR and Anderson P 2019. IV-C: Part I: Research update. Canadian College of Naturopathic Medicine, Continuing Education Parenteral Course. March 10, 2019. 13p.
- Anderson P and Saunders PR. 2019. Parenteral therapy update Part 2: Customizing IVs. Canadian College of Naturopathic Medicine, Continuing Education Parenteral Course. March 10, 2019. 20p.
- Saunders PR. 2019. Physician assurance reduces patient symptoms: Placebo effect or meaningful response? *Natural Medicine Journal*. 11(7):1-5.
- Saunders PR. 2019. Introduction to homeopathic and botanical medicine for health care providers. Beaumont Faculty Scholar Program. Troy, Michigan. April 12, 2019. 30p.
- Lloyd I, Saunders PR. 2019. IV Therapy practice by NDs in Ontario: a short survey. Michigan Integrative Medicine Conference Proceedings. Beaumont Troy, Michigan. May 17-18, 2019.
- Saunders, PR. 2019. Pernicious anemia: two cases. *Matrix Minutes*. July. 6p.
- Saunders, PR. 2019. Blueberries for knee osteoarthritis: another indication? *Natural Medicine Journal*.11(8):1-6.
- Yarnell E, Saunders, PR. 2019. Botanical Medicine: Research Update 2019. 34<sup>th</sup> Annual American Association of Naturopathic Physicians Conference, Portland OR. August 14-18, 2019. 19p.
- Saunders PR. 2019. Escharotic treatment: cases from naturopathic medical practice. 34<sup>th</sup> Annual American Association of Naturopathic Physicians Conference, Portland OR. August 14-18, 2019. 1p.
- Saunders, PR. 2019. Blueberries improve cardio-metabolic function. *Natural Medicine Journal*. 11(9):1-6.
- Saunders, PR. 2019. Esophageal cancer: treatment with radiation, oral vitamin C, chemotherapy and the effects on inflammatory markers. *Natural Medicine Journal*. 11(10):1-6.
- Saunders. PR. 2019. *Nigella sativa* dissolves small renal liths: ground seed may help treat renal liths. *Natural Medicine Journal*.11(12):1-6.
- 2018**
- Saunders, PR. 2018. Cancer treatment: is there a role for homeopathy? *Natural Health Products Research Society*. 15<sup>th</sup> Annual Conference. Guelph, ON. May 14-17, 2018. 4p.
- Saunders, PR. 2018. Bioavailable curcumin for rheumatoid arthritis: a randomized controlled trial. *Natural Medicine Journal*.10(5):1-5.
- Saunders, PR. 2018. Acupuncture at CV-12 for type 2 diabetes. *Natural Medicine Journal*. 10(3):1-3.
- Saunders, PR, Barlow, K. 2018. Principles and practice of naturopathic botanical medicine. Revised Edition. CCNM Press. Submitted.
- Saunders. PR. 2018. Homeopathic medicine for treatment of multiple myeloma---clinical cases. 7<sup>th</sup> Oncology Association of Naturopathic Physicians Conference. Phoenix, AZ. February 16-18,2018.
- Saunders PR. 2018. Protomorphogens and laboratories: a clinical perspective. Back to Basics. Alberta Naturopathic Association Conference, Calgary, AB June 15-16. 31p.
- Saunders PR. 2018. Scope of practice: the determinants of possible change. *Vital Link*. 2018. 24(3):9-11.
- Saunders, PR.2018. Botanical Medicine Research Update. 33<sup>rd</sup> Annual American Association of Naturopathic Physicians Conference. San Diego, CA. July 11-14, 2018. 28p.
- Saunders, PR. 2018. Caffeine, CYP1A2 and athletic performance: a review of clinical trials. *Natural Medicine Journal*. 10(6):1-5.
- Saunders, PR. 2018. Epigallocatechin-3-gallate and facial dysmorphology in trisomy-21. *Natural Medicine Journal*. 10(8):1-6.
- Saunders PR. 2018. Nanocurcumin and riluzole for amyotrophic lateral sclerosis: a pilot

- randomized clinical trial. *Natural Medicine Journal*. 10(9):1-12.
- Saunders, PR. 2018. Expectations and placebo effect in allergic rhinitis: a randomized controlled trial. *Natural Medicine Journal*. 10(10):1-6.
- Saunders, PR. 2018. Lyme and related conditions: botanical of clinical significance. ILADS Conference. Chicago, IL. November 1-4,2018. 10p.
- 2017**
- Lloyd, I, Saunders PR. 2017. IV Therapy Survey: Ontario Naturopathic Doctors. 6<sup>th</sup> OncANP Conference, Tempe, AZ. February 17-19, 2017. Proceedings.
- Armstrong, Hallie, Saunders, PR. 2017. Homeopathic Medicine: an introduction. Faculty Scholars Program, Beaumont Health System. Troy, MI. April 21, 2017. 7p.
- Saunders, PR. 2017. Botanical medicine for clinical practice. Faculty Scholars Program, Beaumont Health System. Troy, MI. April 21, 2017. 7p.
- Crowder, Michelle, McDonald Jim, Saunders, PR. 2017. Herb Walk, Faculty Scholars Program, Beaumont Health System. Troy, MI. April 21, 2017.
- Crowder, Michelle, McDonald Jim, Saunders, PR. 2017. Panel Presentation on Botanical and Homeopathic Medicine in Clinical Practice with Question and Answer. Faculty Scholars Program, Beaumont Health System. Troy, MI. April 21, 2017.
- Saunders, PR. 2017. Botanical medicine research review. 32<sup>nd</sup> Annual American Association of Naturopathic Physician Conference. Biltmore Phoenix, AZ. July 12-15, 2017. Proceedings. 22p.
- Saunders, PR. 2017. Do B vitamins cause lung cancer? *Natural Medicine Journal*. 9(111):14-16.
- 2016**
- Saunders, PR. 2016. Adrenal fatigue: botanical treatments and literature review. Association for Advancement of Restorative Medicine. Toronto, ON. January 29-31, 2016. pp.161-169.
- Saunders, PR. 2016. Botanical medicine. review of recent research. Association for Advancement of Restorative Medicine. Toronto, ON. January 29-31,2016. 19p.
- Saunders, PR. 2016. NPLEX and NABNE: A Brief Introduction. Testimony to the Michigan Legislature. April 19, 2016. 3p.
- Saunders, PR. 2016. Perinatal medicine: research review. *Integrative Approaches to Perinatal Care*. Toronto, ON. April 23-24, 2016. 11p.
- Saunders, PR., Biswas, K.2016. Useful IV Therapies and Demonstration. Restorative Medicine Regional Conference. June 17-19. University of British Columbia, Vancouver, BC. Proceedings. 6p.
- Saunders, PR. 2016. Monday morning IV therapy guide. Restorative Medicine Regional Conference. June 17-19. University of British Columbia. Vancouver, BC. Proceedings. 1p.
- Saunders, PR. 2016. Botanical medicine research review. 31<sup>st</sup> Annual American Association of Naturopathic Physicians Conference. Snowbird, UT. July 28-30. Proceedings. 16p.
- Saunders, PR. 2016. Useful IV Therapies. 14<sup>th</sup> Annual Restorative Medicine Conference. Hilton Head, SC. September 14-17. Proceedings. 18p.
- Saunders, PR. 2016. IBS and probiotic treatment in pediatric patients. *Natural Medicine Journal*. 8(91):26-28.
- O'Reilly, S, Chen M, Johnson M, Saunders PR. 2016. Response to Health Canada Natural and Non-prescription Products Directorate on changing natural health products regulations. Canadian Association of Naturopathic Doctors, Toronto, ON. 9 p.
- 2015**
- Saunders, PR. 2015. Naturopathic medicine: 25 years of change. *IN Health Fusion*, CAND, Calgary, AB. June 26-28, 2015. 17p.
- Saunders, PR. 2015. Botanical tour of Norway and Scotland. *IN Health Fusion*, CAND, Calgary, AB. June 26-28, 2015. 13p.
- Lloyd, I and Saunders PR. 2015. IV therapy practice in Ontario: a short survey. *IN Health Fusion*, CAND, Calgary, AB. 1p.
- Hardy, M and Saunders PR. 2015. Natural health products for public use. *IN Natural Health Products Research Conference*, London, ON. August 14-17, 2015. 7p.
- Saunders, PR. 2015. Intravenous infusion therapy: research update. BRB CE Group. Station Creek, Gomley, ON. September 11, 2015. 34p.
- Saunders, PR. 2015. Botanical medicines for mental health: review of current literature. *IN OAND Annual Conference*, Toronto, ON. September 25-27, 2015. 26p.

- Saunders, PR. 2015. Pharmacology for Ontario Homeopaths. Canadian College of Homeopathic Medicine, Toronto, ON. September 12-13, 2015. 138p.
- Saunders, PR. 2015. Laboratory Diagnosis for Ontario Homeopaths. Canadian College of Homeopathic Medicine, ON. November 7-8, 2015. 15p.
- Saunders, PR. 2015. Curcumin and premenstrual syndrome: building on evidence of mental-emotional effects of *Curcuma longa*. Natural Medicine Journal. 7(12):1-4.
- Saunders, PR. 2015. Vitamin D: research on dosing. IN Journal Club, Beaumont Integrative Medicine, Troy, MI. December 14, 2015. 16p.
- Kapoustina P and Saunders PRT. 2015. The role of gut microbiome in metabolic syndrome. Naturopathic Doctors News and Review. 3p.
- Saunders, PR. 2015. Columbia river basin. Sage Ecology Series. IN PRESS.
- Saunders, PR. 2015. Vitamins and cancer. IN The SAGE Encyclopedia of Cancer and Society. Colditz, GA. Ed.
- Saunders, PR. 2015. Alternative therapy: pharmacological and biological treatment. IN The SAGE Encyclopedia of Cancer and Society. Colditz, GA. Ed.
- 2014**
- Lloyd, I and Saunders, PR. 2014. Laboratory testing in naturopathic medical practice. to Transition Council of Ontario, Naturopathy. Toronto, ON January 8, 2014. 4p.
- Lloyd, I and Saunders, PR. 2014. Submission on health scenarios for ND laboratory diagnosis to Transition Council of Ontario, Naturopathy. Toronto, ON. January 10, 2014. 24p.
- Green, J, Saunders PR. 2014. Homeopathy in cancer care. 3<sup>rd</sup> OncANP Conference Proceedings. Phoenix, AZ. February 14-16, 2014. 15p.
- Green, J, Saunders PR. 2014. Homeopathy for cancer: quick reference summary. OncANP Conference Proceedings, Phoenix, AZ. February 14-16, 2014. 4p.
- Saunders, PR. 2014. Pharmacy and naturopathic medicine: our roots and the future. Vital Link. 21(1):1-4.
- Saunders, PR. 2014. Intravenous therapy in Ontario: Probable new standards. CCNM Continuing Education Program. Toronto, ON. April 5, 2014. 25p.
- Saunders, PR. 2014. IV-C research update. CCNM Continuing Education Program. April 5, 2014. 38p.
- Saunders, PR. 2014. Pharmacology for Ontario Homeopaths. Canadian College of Homeopathic Medicine, Toronto, ON. May 10-11, 2014. 300p.
- Saunders, PR. 2014. Herbal medicine for managing mental illnesses. Association for Advancement of Restorative Medicine. Dundas, ON. June 18, 2014. 22p.
- Saunders, PR. 2014. Botanical medicine intravenously: When is intravenous administration of herbal formulas preferred? Association for Advancement of Restorative Medicine. Dundas, ON, July 16, 2014. 28p.
- Saunders, PR. 2014. Botanical medicine update: 2013-2014. American Association of Naturopathic Physicians 29<sup>th</sup> Annual Conference, Biltmore, Phoenix, AZ, August 6-9, 2014. Proceedings.
- Parsons, D, Lloyd, I, Saunders, PR, Baron, RA, Frosina, M, Marsden, E, Reid, M, Shah, R, Arseneau, L and Langille, C. 2014. Submission on TC-CONO's proposed IVIT inspection regulations. OAND, Toronto, ON. 34p.
- Saunders, PR. 2014. Botanical medicine for mental dis-ease and conditions. BRB CE Group. Station Creek, Gomley, ON. Nov 1, 2014. 31p.
- Saunders, PR. 2014. Homeopathic treatment of multiple myeloma: clinical cases. IN-CAM, Homeopathy Interest Group, Calgary, ON. Nov 6-8, 2014. 7p.
- Saunders, PR. 2014. Patients with cancer: some treatment options. Integrative Medicine, Beaumont Health System Troy, Sterling Heights. Dec 8, 2014. 6p.
- 2013**
- Lloyd, I, Saunders, PR, Marsden E, and Stauffert, K. 2013. Point of care testing and collecting clinical samples to Transition Council of Ontario, Naturopathy. Toronto, ON. December 2013. 8p.
- Lloyd, I and Saunders, PR. 2013. Submission on laboratory investigations in naturopathic medicine to Transition Council of Ontario, Naturopathy. Toronto, ON. September 2013. 200p.
- O'Reilly S and Saunders PR. 2013. Submission on parenteral therapy to Transition Council of Ontario, Naturopathy. Toronto, ON. April 2013. 6p.
- Saunders, PR. 2013. Herb walk: Local ecology, local plants, and medical constituents.

- AANP 28<sup>th</sup> Annual Conference, Keystone, CO. July 10-13. Proceedings.
- Saunders, PR. 2013. Herb walk: Regional geology and local plant communities. AANP 28<sup>th</sup> Annual Conference, Keystone, CO. July 10-13. Proceedings.
- Saunders, PR. 2013. Botanical medicine update: 2012-2013. AANP 28<sup>th</sup> Annual Conference, Keystone, CO. July 10-13. Proceedings. 24p.
- Stansbury, J, PR Saunders, and D Winston. 2013. The calming action of *Anemone pulsatilla*, *Nepeta* and *Rauvolfia*. *Journal of Restorative Medicine*. 2:1-4.
- Stansbury, J, PR Saunders, and D Winston. 2013. Phytoestrogens: recent findings and safety in hormone based conditions. *Journal of Restorative Medicine*. 2:1-7.
- Stansbury, J, PR Saunders, and ER Zampieron. 2013. The use of *Lobelia* in the treatment of asthma and respiratory illness. *Journal of Restorative Medicine*. 2:1-8.

## 2012

- Saunders, PR. 2012. Botanical medicine update: research review from 2011. CCNM Continuing Education Weekend. North York, ON. January 14, 2011. 20p.
- CAM Review Committee. 2012. Living with HIV and Hepatitis C Co-infection. CATIE, Toronto, ON. 17p.
- Saunders, PR. 2012. Inflammatory bowel disease: naturopathic medical approaches. Niagara Chapter, Crohn's and Colitis Foundations of Canada. St. Catherine, ON. March 8, 2012.
- Saunders, PR. 2012. Herb contraindications and drug interactions 4<sup>th</sup> Ed. *International Journal of Naturopathic Medicine*. Submitted.
- Saunders, PR. 2012. Herbal Medicine from the Earth, 2<sup>nd</sup> Ed. *International Journal of Naturopathic Medicine*. Submitted.
- Saunders, PR. 2012. Clinical perspective on priority medicinal herbs for future R & D. Cultivating Natural Bioactives: An International Conference. July 9-11, 2012. London, ON. 6p.
- Coates, PM, Burton J, Alton-Mackey M, and Saunders PR. 2012. Natural health product regulation panel: Canada and United States Comparisons. Natural Bioactives: An International Conference. July 9-11, 2012. London, ON.
- Saunders, PR. 2012. Botanical medicine update: 2011-2012. American Association of Naturopathic Physicians 27<sup>th</sup> Convention. Bellevue, WA. August 15-18. 6p.
- Saunders, PR. 2012. Auto-Immune Conditions: Important concepts for clinical practice. Nova Scotia Association of Naturopathic Doctors, Halifax, NS. Sept 21-23, 2012. pp. 91-99.
- Saunders, PR. 2012. Naturopathic medicine: options for rheumatology patients. Rheumatology Education Day, Sick Kids Hospital, Toronto, ON. 4p.
- Bonilla, E and PR Saunders. 2012. Homeopathic practice in Canada: A Baseline 2011. 4<sup>th</sup> Homeo-Net Research Forum, 7<sup>th</sup> IN-CAM Conference, Toronto, ON. Nov. 2, 2012. 5p.
- Saunders, PR. 2012. Managing your wellness during the cold and flu season: nutrition, vitamins, herbs and homeopathy. 7<sup>th</sup> IN-CAM Research Conference. Toronto, ON. Nov 2-4, 2012. 6p.
- Saunders, PR. 2012. Female Fertility/Infertility: botanical medicine. BRB Continuing Education Group, Station Creek, Gornley, ON. November 3-4, 2012. 24p.

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- Saunders, PR. 2011. Respiratory therapies: a naturopathic medical approach. Better Breathing Conference. Canadian Lung Association. Toronto, ON. January 27-29, 2011. 6p.
- Saunders, PR. 2011. Acupuncture vs metoclopramide for postoperative gastroparesis syndrome: a literature review. *Natural Medicine Journal*. 3(2):1-4.
- Saunders, PR. 2011. Inflammatory bowel disease: naturopathic medical approaches. Living Well with Inflammatory Bowel Disease. Crohn's and Colitis Foundation of Canada. Hamilton, ON. April 9, 2011. 8p.
- Percival, C and Saunders PR. 2011. Breast cancer: oncology interactive navigator. 11p. Jack [digital.com](http://digital.com)
- Saunders, PR. 2001. Reverse osmosis. *IN* Robbins, Paul, Ogunseitan, Oladele. *Green Health: An A to Z Guide*. Sage Publications. Newbury Park, CA. 1p.
- Saunders, PR. 2011. Botanical medicines and detoxification: pathways and mechanisms. *IN* Health Fusion: Calgary, AB, June 24-26, 2011. 10p.
- Saunders, PR. 2011. Insurance: how to successfully secure treatment for your injured patient. *IN* Health Fusion: Calgary, AB, June 24-26, 2011. 3p.
- Saunders, PR. 2011. Orthomolecular approaches to cancer treatment. International Schizophrenia Foundation. Toronto, ON. September 21, 2011. 4p.

- Saunders, PR. 2011. Respiratory therapies: a naturopathic medical approach. Respiratory Health Educators Interest Group Connections. 43:4, 6-7.
- Saunders, PR. 2011. Calming atrial fibrillation: naturopathic medicine for a common condition. Naturopathic Doctors News and Review. 7(10):1,4.
- Saunders, PR. 2011. Viruses and vaccinations: botanical medicine. BRB Group. Station Creek, Gomley, ON. November 5-6, 2011. 15p.
- Scientific Advisory Panel on Hepatotoxicity. 2011. Guidance Document: Pre-market evaluation of hepatotoxicity in health products. Products and Food Branch, Health Canada, Ottawa, ON. 26p.

## 2010

- McPhee J, Cooper R, Yu V and Saunders, PR. 2010. Allergy strategies. Positive Side. 12(1):22-23.
- Saunders, PR, Spring, JW and Louise, C. NABNE and NPLEX: history, origins, role and procedures. Regulation Subcommittee Naturopathic Medicine Act Transition Council of Ontario. Toronto, ON. May 27, 2010. 12p.
- Saunders, PR. 2010. The emerging role of IV-C in cancer care. Riordan 2010 IV-C and cancer care symposium. Wichita, KS. October 8-9, 2010. 6p.
- Godfrey, A, Saunders PR, Barlow K, Gilbert C, Gowan, M, Smith F. 2010. Principles and practice of naturopathic botanical medicine. Volume I. Botanical Medicine Monographs. CCNM Press. Toronto, ON. 568p.
- Saunders, PR. 2010. Principles of prescribing. IN Godfrey A, et al. Principles and practice of naturopathic botanical medicine. Volume I. CCNM Press, Toronto, ON. pp.59-60.
- Saunders, PR. 2010. Botanical formulations. IN Godfrey A, et al. Principles and practice of naturopathic botanical medicine. Volume I. CCNM Press. Toronto, ON. pp.61-70.
- O'Reilly, SO, Greib L, Saunders PR. 2010. Natural health products regulations: progress and Problems. Natural Health Products Directorate, Health Canada, Ottawa, ON. October 13, 2010. 10p.
- Saunders, PR. 2010. Botanical medicines: the immune system. BRB CE Committee. Aurora, ON. November 6-7, 2010. 7p.

## 2009

- Saunders, PR. 2009. Herbal traditions for stimulating the *vis medicatrix naturae*: adaptogens and alteratives. Vital Link. 16(1):33-36.
- Saunders, PR, Lescheid, D. 2009. The role of naturopathic medicine in the Canadian health care system. Presentation to the House Standing Committee on Health and Health Human Resources. Ottawa, ON. May 7, 2009. 7p.
- Saunders, PR. 2009. The botanical medicines of Father Sebastian Kneipp. IN Health Fusion: The Science and Strength of Nature Cure. Canadian Association of Naturopathic Doctors. Montreal, QC. June 5-7, 2009. 12p.
- Lescheid, D, O'Reilly S, Saunders PR. Natural Health Products Regulations: What works and what does not work. Natural Health Products Directorate, Health Canada, Ottawa, ON. July 15, 2009. 11p.
- CATIE. 2009. Managing Your Health: a guide for people living with HIV. Member of Editorial Review Committee. Toronto, ON. 331p.
- Saunders, PR. 2009. Atrial fibrillation: naturopathic medical approaches to a common condition. IN American Association of Naturopathic Physicians 24<sup>th</sup> Conference and Research Proceedings. Tacoma WA. pp.487-493.
- Saunders, PR. 2009. Naturopathic Medicine: the Specialist of Complementary and Alternative Medicine. IN Hamilton Academy of Dentistry. October 15, 2009. Ancaster, ON. 4p.
- Saunders, PR. 2009. Natural health products for chronic health conditions: answering your questions on blood pressure, cholesterol, prediabetes, and more. The Long, Healthy Life Holistic Health Research Foundation of Canada Conference. October 24-25. Toronto, ON. 12p.
- Saunders, PR, Lescheid D, O'Reilly S. 2009. Role of naturopathic medicine in Canadian Healthcare. Parliament, House of Commons Standing Committee on Health: Health Human Resources. Ottawa, ON. November 25, 2009. 4p.

## 2008

- Saunders, PR. 2008. Traditional Chinese medicine education and regulation within naturopathic medicine: Ontario, Canada. IN 2008 International TCM Summit. New York City, NY. Nov. 1-2, 2008. p.78 (p.1)
- Saunders, PR. 2008. Traditional Chinese medicine at the Canadian College of Naturopathic Medicine. IN 2008 International TCM Summit. New York City, NY. Nov 1-2, 2008. p.79 (pp.1-3)
- Saunders, PR. 2008. Food and nutrition: a re-introduction. IN Getting Well with Food and Nutrition. XLIX Congress. International College of Integrative Medicine. Oct. 1-5, 2008. 8p.
- Holt, S, Malterre T, and Saunders, PR. 2008. Mindful Eating Panel: Conventional, dietician and naturopathic medical perspectives. IN Getting Well with Food and Nutrition. XLIX Congress. International College of Integrative Medicine. Oct. 1-5, 2008. 2p.
- Saunders, PR. 2008. Complementary therapies: naturopathic medicine and ovarian cancer. IN Voices of Hope: Turning Up The Volume on Ovarian Cancer. Canadian Ovarian Cancer Society. Sept. 26-28, 2008. Montreal, PQ. 4p.
- Saunders, PR, Sabine M, Rickhi BG. 2008. Natural health product clinical research: challenges of Health Canada. IN American Association of Naturopathic Physicians 23<sup>rd</sup> Annual Conference and Research Proceedings. Phoenix, AZ. pp.179-181.
- Saunders, PR. 2008. Herbalism and herbal traditions common to North America. IN Zhang, Yawei. Editor. Encyclopedia of Global Health. Sage Publications. Newbury Park, CA. 6p.
- Saunders, PR. 2008. Impotence. IN Keller, Kathleen, Editor. Encyclopedia of Obesity. Sage Publications. Newbury Park, CA. 1p.
- Saunders, PR. 2008. Opioids. IN Kellner, Kathleen, Editor. Encyclopedia of Obesity. Sage Publications. Newbury Park, CA. 1p.
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**1972 – 1985** Available upon request (approximately 75 publications)



**DISCIPLINE COMMITTEE OF  
THE COLLEGE OF NATUROPATHS OF ONTARIO**

BETWEEN:

This is Exhibit # 14  
In CONO vs. Taras Rodak (DC18-01)  
Date: May 18, 2021

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COLLEGE OF NATUROPATHS OF ONTARIO

- and -

TARAS RODAK

**JOINT SUBMISSION AS TO PENALTY AND COSTS**

The College of Naturopaths of Ontario and Dr. Taras Rodak, ND (the “Registrant”) agree and jointly submit that the Discipline Committee make an order:

1. Requiring the Registrant to appear before the panel to be reprimanded immediately following the hearing of this matter.
2. Directing the CEO to suspend the Registrant’s certificate of registration for a period of four months, on a schedule to be set by the CEO, two (2) months of which shall be remitted if the Registrant complies with the provisions of paragraph 3(a) through 3(c) no later than August 30, 2021.
3. Directing the CEO to impose the following specified terms, conditions and limitations on the Registrant’s certificate of registration, to be fulfilled at the Registrant’s expense, to the satisfaction of the CEO, prior to October 31, 2021:

- a. Requirement that the Registrant unconditionally pass the PROBE ethics course;
  - b. Requirement that the Registrant successfully complete the College's jurisprudence course;

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  - c. Requirement that the Registrant successfully complete a naturopathic medicine records course approved by the CEO;
  - d. Requirement that the Registrant complete one meeting that is at least four hours in length with a Regulatory Expert, to be identified by the CEO, to review the issues that arose in this case, and up to two additional meetings of equal duration, the necessity of which will be determined by the Regulatory Expert; and
  - e. Requirement that the Registrant write an essay between 1,000 and 1,500 words in length, that is acceptable to the CEO, and provide it to the CEO, no later than one month from the date of the last meeting with the Regulatory Expert, that shall be published by the College at a time and in a format determined by the CEO, outlining what the Registrant learned as a result of his meeting(s) with the Regulatory Expert, and his unconditional pass/successful completion of the PROBE ethics, jurisprudence and naturopathic medicine courses.
4. For greater certainty, the Registrant's obligation to comply with the proposed terms, conditions and limitations on his certificate of registration contained in paragraph 3 is not relieved by serving the entire suspension referred to in paragraph 2 above.
  5. The Registrant shall pay a fine of \$350 to the Minister of Finance within two months of the hearing of this matter.
  6. The Registrant shall pay the College's costs fixed in the amount of \$5,000 payable on a schedule determined by the CEO.

7. The Registrant acknowledges that this Joint Submission as to Penalty and Costs is not binding upon the Discipline Committee.

8. The Registrant acknowledges and understands that he is executing this document voluntarily, unequivocally, free of duress, free of bribe, and that he has been advised of his right to seek legal advice.

**ALL OF WHICH IS RESPECTFULLY SUBMITTED,**

Signed this 7 day of MAY, 2021

Signed this 11th day of May, 2021



\_\_\_\_\_  
Dr. Taras Rodak, ND  
Registrant



\_\_\_\_\_  
Andrew Parr, CAE  
CEO, College of Naturopaths of Ontario

DISCIPLINE COMMITTEE OF THE  
COLLEGE OF NATUROPATHS  
OF ONTARIO

**JOINT SUBMISSION AS TO PENALTY  
AND COSTS**

**STEINECKE MACIURA LEBLANC**

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Facsimile: (416) 593-7867

Lawyers for the College of Naturopaths  
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## Letter of Completion

This is to certify that **Taras Rodak** has successfully completed:

Course: **Risk Reduction: Rethinking Recordkeeping for NDs**

Date: **March 22, 2021**

Time: **3 hours**

Instructor(s): **Dr. Sylvi Martin, ND**

Location: **CCNM**

Credits: **3 Category A (Jurisprudence)**

Thank you for your participation.

For more detailed information about the course, please refer to the continuing education section of the CCNM website ([www.ccnm.edu](http://www.ccnm.edu))

Issued by the Continuing Education Department of the Canadian College of Naturopathic Medicine (CCNM)



This is Exhibit # 16  
In CONO vs. Taras Rodak (DC18-01)  
Date: May 18, 2021

The screenshot displays a web interface for 'The College of Naturopaths of Ontario'. The top navigation bar is dark blue with the college's name on the left and user information 'Hi, Taras' on the right. A sidebar on the left contains menu items: Home, Download registration, My documents, My groups, My profile, and Back to main site. The main content area shows a breadcrumb trail 'Exam > Jurisprudence Exam' and a 'Results' section. The results message states: 'You have successfully completed this exam. The results have been forwarded to the College. You correctly answered 100 out of 105 questions for a final score of 95%. The passing score is 60%.' The footer of the page features the Alinity logo and the text 'Alinity ©2021'.



**DISCIPLINE COMMITTEE OF  
THE COLLEGE OF NATUROPATHS OF ONTARIO**

BETWEEN:

COLLEGE OF NATUROPATHS OF ONTARIO

- and -

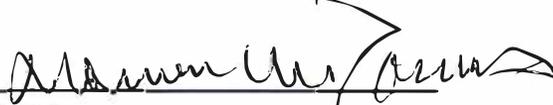
TARAS RODAK  
(DC18-01)

**NOTICE OF WAIVER**

The undersigned hereby waives all rights of appeal pursuant to section 70 of the *Health Professions Procedural Code* of the *Regulated Health Professions Act, 1991* with respect to the findings and the order of a reprimand made by the Discipline Committee of the College of Naturopaths of Ontario on May 18, 2021.

Dated at Toronto, Ontario this 14<sup>th</sup> day of May, 2021.

  
\_\_\_\_\_  
**TARAS RODAK**

  
\_\_\_\_\_  
**Witness**  
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