

Step/Process	Required Actions and Documents	Required Outcome/ Performance Standard	Fees	Estimated Timeline
Pre-registration Application: Establishing identity with the College.	Complete the online Application for Pre-Registration form and submit with a copy of valid photo identification.	Form properly completed and submitted, including a copy of applicant's legal identification.	None.	3-5 business days.
PLAR Eligibility Assessment: Education a) Assessment of education by 3rd Party Credential Assessment agency OR original diploma/transcripts if education completed in Canada. Documents must be sent directly to the College by the Credential Assessment Agency or Canadian accredited academic institution	Education completed outside of Canada: submit all official diplomas, transcripts and any other documents required to a College approved credential assessment agency. Access the list of College approved credential agencies by clicking here .	Submit proof of education ¹ : <ul style="list-style-type: none"> • Canada: 4-year undergraduate degree. • International: equivalent to a minimum of a 4-year undergraduate degree. 	\$200-\$300 depending on agency (fees paid directly to 3 rd party agency).	7–10 business days after receipt of credential report or transcripts. Additional time may be needed by the College if additional verification is required. <i>Credential assessments take 15 - 60 business days on average; credential assessment reports are generally received by the College within 5-15 business days of a request being made.</i>
PLAR Eligibility Assessment: Language Proficiency b) Proof of language proficiency in either English or French.	Submit evidence of language proficiency in accordance with the College's Language Proficiency Policy .	Declare fluency in English or French AND provide proof of education showing language of instruction in English or French OR Submit results of a College-approved language test. Access the list of College-approved language tests and required scores by clicking here .	\$200-\$300 if a language test is needed. Cost depending on the test (fees paid directly to 3 rd party institution).	7–10 business days after receipt of evidence of language proficiency, or language test results directly from a 3 rd party. <i>Language test scoring takes 10-15 business days on average; test results are generally received by the College within 7-15 business days of a request being made.</i>

¹*Original transcript or certified copy. Degree must be in a healthcare discipline reasonably related to naturopathy.

Stage 1: Paper-Based Assessment.	<ul style="list-style-type: none"> Fill out and submit the Documentation of Education and Experience (DEE) form. Copies of the DEE are available from applications@collegeofnaturopaths.on.ca. Provide supporting documents (transcripts, course descriptions, work experience, etc. as per PLAR DEE Guide). 	Substantial proof of relevant education through previous education programs and/or an acceptable combination of formal education and work experience (see detailed lists and descriptions of content areas and mandatory requirements in the PLAR DEE Guide).	\$300 + HST.	2–3 months following receipt of all required documents and the fee. May take longer if additional verification or information is required.
Stage 2: PLAR Examination #1 (Ontario Biomedical)	<ul style="list-style-type: none"> Complete exam registration form (assesses need for exam accommodation, etc.). Pay exam fee. Write the exam. 	Pass exam (minimum scaled score of 550 required).	\$700 + HST, Testing Centre Surcharge \$75 + HST. (per attempt)	2–6 months from notice of eligibility to sit PLAR Exam #1. (Two sessions offered annually, every 6 months).
Stage 3: PLAR Examination #2 (Ontario Clinical Sciences)	<ul style="list-style-type: none"> Complete exam registration form (assesses need for exam accommodation, etc.). Pay exam fee. Write the exam. 	Pass exam (minimum scaled score of 550 required).	\$850 + HST, Testing Centre Surcharge \$75 + HST. (per attempt)	2–6 months from notice of successful completion of PLAR Exam #1. (Two sessions offered annually, every 6 months.)
Stage 4: Demonstration-based Component: a. Structured Panel Interview	Participate in the review of a peer-reviewed article and answer questions posed by a Panel of 3 PLAR assessors in a structured, entry- to-practise, competency-based interview .	Demonstrate a minimum of 75% of the assessed competencies (as determined by at least two of the three assessors).	\$600 + HST. (per attempt)	2–3 months from notice of eligibility to participate in the Panel Interview.
Stage 5: Simulated Patient Case Review and Interactions:	Participate in the review of three simulated patient cases and perform relevant physical exams and practical techniques (“interactions”) on live and simulated models. Perform patient charting or “SOAP” notes and respond to questions posed by assessors around differential and working diagnoses, treatment plans, concerns and referral indicators.	Demonstrate a minimum of 75% of the assessed competencies (as per competency evaluation metrics).	\$600 + HST.	2–4 months from notice of eligibility to participate in simulated patient case review and interaction following successful completion of the structured interview.