

**DISCIPLINE COMMITTEE OF
THE COLLEGE OF NATUROPATHS OF ONTARIO**

B E T W E E N :

This is Exhibit # 1
In **CONO vs. Taras Rodak**
Date: **October 5, 2020**

COLLEGE OF NATUROPATHS OF ONTARIO

- and -

TARAS RODAK

NOTICE OF HEARING

The Inquiries, Complaints and Reports Committee of the College of Naturopaths of Ontario (the "College") has referred specified allegations against you to the Discipline Committee of the College. The allegations were referred in accordance with section 26 of the *Health Professions Procedural Code* which is Schedule II to the *Regulated Health Professions Act, 1991*. The statement of specified allegations is attached to this notice of hearing. A discipline panel will hold a hearing under the authority of sections 38 to 56 of the *Health Professions Procedural Code*, as amended, for the purposes of deciding whether the allegations are true. A **pre-hearing conference** will be held at a date and location to be set by the Presiding Officer. A discipline panel will convene at the offices of the College at 150 John Street, 10th Floor, Toronto, Ontario at **9:30 a.m. on a date to be set by the Registrar**, or as soon thereafter as the panel can be convened, for the purposes of conducting the **discipline hearing**.

IF YOU DO NOT ATTEND ON THE DATE FOR THE HEARING IN ACCORDANCE WITH THE PRECEDING PARAGRAPH, THE DISCIPLINE PANEL MAY PROCEED IN YOUR ABSENCE AND YOU WILL NOT BE ENTITLED TO ANY FURTHER NOTICE IN THE PROCEEDINGS.

If the discipline panel finds that you have engaged in professional misconduct, it may make one or more of the following orders:

1. Direct the Registrar to revoke your certificate of registration.
2. Direct the Registrar to suspend your certificate of registration for a specified period of time.
3. Direct the Registrar to impose specified terms, conditions and limitations on your certificate of registration for a specified or indefinite period of time.
4. Require you to appear before the panel to be reprimanded.
5. Require you to pay a fine of not more than \$35,000 to the Minister of Finance.
6. If the act of professional misconduct was the sexual abuse of a patient, require you to reimburse the College for funding provided for that patient under the program required under section 85.7 of the *Health Professions Procedural Code*.
7. If the panel makes an order under paragraph 6, require you to post security acceptable to the College to guarantee the payment of any amounts the member may be required to reimburse under the order under paragraph 6.

The discipline panel may, in an appropriate case, make an order requiring you to pay all or part of the College's costs and expenses pursuant to section 53.1 of the *Health Professions Procedural Code*.

You are entitled to disclosure of the evidence against you in accordance with section 42(1) of the *Health Professions Procedural Code*.

You, or your representative, may contact the solicitor for the College, Rebecca Durcan, in this matter:

Steinecke Maciura LeBlanc
Barristers & Solicitors
401 Bay Street
Suite 2308, P.O. Box 23
Toronto, ON M5H 2Y4

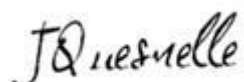
Telephone: (416) 644-4783

Facsimile: (416) 593-7867

You must also make disclosure in accordance with section 42.1 of the *Health Professions Procedural Code*, which states as follows:

Evidence of an expert led by a person other than the College is not admissible unless the person gives the College, at least ten days before the hearing, the identity of the expert and a copy of the expert's written report or, if there is no written report, a written summary of the evidence.

Date: June 21, 2018



Jeremy Quesnelle
Deputy Registrar
College of Naturopaths of Ontario

TO: **DR. TARAS RODAK, ND**

Wellness Institute
954 Royal York Road
Toronto, ON M8X 2E5
Tel: 416-234-1888 x 30
Fax: 416-234-0006

c/o **BRIAN WHITWHAM**
Miller Thomson LLP
One London Place
255 Queens Avenue, Suite 2010
London, ON N6A 5R8
bwhitwham@millerthomson.com

STATEMENT OF SPECIFIED ALLEGATIONS

1. At all relevant times, Dr. Taras Rodak (“the Member”) has been a member of the College.
2. On or about October 2, 2017 the Patient attended the Member’s clinic in Etobicoke, Ontario. The Patient was seeking assistance related to low energy and leg cramps related to her marathon training.

Standards of the Profession

3. It is alleged that during the appointment, the Member:
 - a. [REDACTED]
 - b. [REDACTED]
 - c. [REDACTED]
 - d. Did not obtain informed consent to perform Bowen therapy on the patient;
 - e. Did not adequately respond to the Patient’s questions about Bowen therapy;
 - f. [REDACTED]
4. It is alleged that the above conduct constitutes professional misconduct pursuant to s. 51(1)(c) of the *Health Professions Procedural Code*, being Schedule 2 to the *Regulated Health Professions Act, 1991* (the “Code”) as set out in one or more of the following paragraphs of section 1 of Ontario Regulation 17/14 made under the *Naturopathy Act, 2007*:
 - a. **Paragraph 1** (Contravening, by act or omission, a standard of practice of the profession or failing to maintain the standard of practice of the profession); and/or
 - b. **Paragraph 46** (Engaging in conduct or performing an act relevant to the practice of the profession that, having regard to all the circumstances, would

reasonably be regarded by members as [REDACTED] dishonourable or unprofessional).

Informed Consent

5. It is alleged that during the appointment, the Member failed to:
 - a. Provide the Patient with the nature of the Bowen therapy treatment;
 - b. Provide the Patient with the expected benefits of the Bowen therapy treatment;
 - c. Provide the Patient with the material risks of the Bowen therapy treatment;
 - d. Provide the Patient with the material side effects of the Bowen therapy treatment;
 - e. Provide the Patient with alternative courses of action to Bowen therapy treatment; and/or
 - f. Provide the Patient with the likely consequences of not having the Bowen therapy treatment.
6. It is alleged that the above conduct constitutes professional misconduct pursuant to s. 51(1)(c) of the Code as set out in one or more of the following paragraphs of section 1 of Ontario Regulation 17/14 made under the *Naturopathy Act, 2007*:
 - a. **Paragraph 3** (Doing anything to a patient for a therapeutic, preventative, palliative, diagnostic or other health-related purpose except, i. with the informed consent of the patient or the patient's authorized representative, or ii. as required or authorized by law); and/or
 - b. **Paragraph 46** (Engaging in conduct or performing an act relevant to the practice of the profession that, having regard to all the circumstances, would reasonably be regarded by members as [REDACTED] dishonourable or unprofessional).

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]
[REDACTED]
[REDACTED]

[REDACTED] [REDACTED] [REDACTED] [REDACTED] [REDACTED] [REDACTED] [REDACTED] [REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]

[REDACTED]
[REDACTED]
[REDACTED] [REDACTED] [REDACTED] [REDACTED] [REDACTED] [REDACTED] [REDACTED] [REDACTED]
[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]

[REDACTED]
[REDACTED]

[REDACTED]
[REDACTED]

APPENDIX

1. The documents to be tendered in evidence at the hearing have been sent with this Notice of Hearing.
2. The *Rules of Procedure of the Discipline Committee* have been sent with this Notice of Hearing.
3. Take notice that the documents that have been and may later be disclosed to you will be tendered as business documents pursuant to the *Evidence Act* of Ontario.
4. All documents that are disclosed to you in this matter are disclosed on the basis that they are to be used solely for the purpose of this proceeding and for no other purpose.

COLLEGE OF NATUROPATHS OF ONTARIO

- and -

TARAS RODAK

DISCIPLINE COMMITTEE
OF THE COLLEGE OF
NATUROPATHS OF ONTARIO

NOTICE OF HEARING

STEINECKE MACIURA LEBLANC

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Lawyers for the College of
Naturopaths of Ontario

**DISCIPLINE COMMITTEE OF
THE COLLEGE OF NATUROPATHS OF ONTARIO**

This is Exhibit # 2
In **CONO vs. Taras Rodak**
Date: **October 5, 2020**

B E T W E E N:

COLLEGE OF NATUROPATHS OF ONTARIO

- and -

TARAS RODAK

JOINT BRIEF OF DOCUMENTS

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Lawyers for the College of Naturopaths
of Ontario

INDEX

**DISCIPLINE COMMITTEE OF
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B E T W E E N:

COLLEGE OF NATUROPATHS OF ONTARIO

- and -

TARAS RODAK

JOINT BRIEF OF DOCUMENTS INDEX

TAB	DOCUMENT	DATE	PAGE #
1.	Email exchange between Patient and Dr. Rodak, ND	September 30, 2017- October 1, 2017	1-2
2.	Patient File, including: <ul style="list-style-type: none">• Intake Form• Signed Acknowledgement and Informed Consent• Dr. Rodak, ND's Written Notes and indication of Digestive Enzymes on Chart• Printouts• Computer Printout of Appointment• Invoice	October 2017 and November 2017	3-17
3.	Blank Acknowledgement and Informed Consent of Dr. Rodak, ND	Undated	18
4.	College Standard of Practice on Core Competencies	Undated	19-22
5.	College Standard of Practice on Consent	In place from July 1, 2015 until December 6, 2017	23-27
6.	<div style="background-color: black; width: 100%; height: 1.2em; margin-bottom: 2px;"></div> <div style="background-color: black; width: 100%; height: 1.2em;"></div>	Undated	28-33

TAB 1

-----Original Message-----

From: [REDACTED]
 Sent: Sunday, October 1, 2017 11:17 AM
 To: Wellness Institute
 Subject: Re: Appointment

Hi again.

That would be absolutely perfect!!! See you then - I really hope you can help 🙏🙏

[REDACTED]

> On Oct 1, 2017, at 10:03 AM, Wellness Institute <wellnessinstitute@sympatico.ca> wrote:

>

> Hello [REDACTED],

> Please confirm that tomorrow - Monday Oct 2 at 6:30pm works for you.

> Our clinic is located directly across the street from Royal York subway station:

> [http://secure-](http://secure-web.cisco.com/1WQskRhU9o8ArwJ2laOhhc0qspq8Xt_wlNjpXbDoc5AJYvgM5fj3lobn1oDHI9XGI4OJVcuP7Krd5OaBxDiBj6iGsMgppEGwttruhhtfB6AJe2Me0dXC5HT2ldwuixZU2gR8U_r47HNUlchLtseNo6vLqayy94DnlnwEFh-pR5A1AWNVPxuzQQzx2fN6uKISr7DMZRVxTEBqXLMCv2hbKErEys8sxTRJmLVtYnD9XnFPoUEF1s0sbMrYpKfeiTKWbTMZ-Oqt0rx0NMc7yczG9tA/http%3A%2F%2Fwww.wellness-institute.ca%2Fcontact-us.aspx)

[web.cisco.com/1WQskRhU9o8ArwJ2laOhhc0qspq8Xt_wlNjpXbDoc5AJYvgM5fj3lobn1oDHI9XGI4OJVcuP7Krd5OaBxDiBj6iGsMgppEGwttruhhtfB6AJe2Me0dXC5HT2ldwuixZU2gR8U_r47HNUlchLtseNo6vLqayy94DnlnwEFh-pR5A1AWNVPxuzQQzx2fN6uKISr7DMZRVxTEBqXLMCv2hbKErEys8sxTRJmLVtYnD9XnFPoUEF1s0sbMrYpKfeiTKWbTMZ-Oqt0rx0NMc7yczG9tA/http%3A%2F%2Fwww.wellness-institute.ca%2Fcontact-us.aspx](http://secure-web.cisco.com/1WQskRhU9o8ArwJ2laOhhc0qspq8Xt_wlNjpXbDoc5AJYvgM5fj3lobn1oDHI9XGI4OJVcuP7Krd5OaBxDiBj6iGsMgppEGwttruhhtfB6AJe2Me0dXC5HT2ldwuixZU2gR8U_r47HNUlchLtseNo6vLqayy94DnlnwEFh-pR5A1AWNVPxuzQQzx2fN6uKISr7DMZRVxTEBqXLMCv2hbKErEys8sxTRJmLVtYnD9XnFPoUEF1s0sbMrYpKfeiTKWbTMZ-Oqt0rx0NMc7yczG9tA/http%3A%2F%2Fwww.wellness-institute.ca%2Fcontact-us.aspx)

>

> Kindly arrive 10 minutes early to fill out some forms.

> This is construction at the subway traffic increasing traffic and affecting parking.

>

> Please confirm that tomorrow works for you.

>

> Wellness Institute

>

> -----Original Message----- From: [REDACTED] e

> Sent: Sunday, October 1, 2017 8:40 AM

> To: Wellness Institute

> Subject: Re: Appointment

>

> Hi

>

> After work (after 5) is the only time that works. Do you have anything in Monday evening? If not I'll take the Wednesday 7pm

>

> Many thanks

>

> [REDACTED]
>
>> On Sep 30, 2017, at 7:50 PM, Wellness Institute <wellnessinstitute@sympatico.ca> wrote:
>>
>> Hello [REDACTED]
>> Thank you for your inquiry.
>> Here are a few options for next week for an appointment with our Naturopathic Doctor.
>> Monday 11am
>> Tuesday 3pm or 5pm
>> Wed 10am, 1pm or 7pm
>>
>> Kindly let us know if any of these times and days work for you.
>>
>> Wellness Institute
>>
>>
>>
>> -----Original Message----- From [REDACTED]
[REDACTED]
>> To: wellnessinstitute@sympatico.ca
>> Subject: Appointment
>>
>> Hi
>>
>> I rang and left a message today. I would like to see a naturopath to address two concerns. I
am running a marathon (my 5th) and I feel I have considerably less energy in training than
normal and secondly I am plagued by cramps.
>>
>> Can someone call me back for an appointment time after work hours please on [REDACTED]
[REDACTED]
>>
>> Many thanks
>>
>> [REDACTED]
>
>

TAB 2

Appointments by Patient (All)

Phone: [REDACTED]

Alt. Phone: [REDACTED]

Notes:

Confirmation by:

10/2/2017	06:30pm-07:30pm Employee Name: Dr. Rodak Services: First Visit Description: running marathone, cramps, low energy Status: Scheduled Patient Status: Arrived Payment Method: Visa Payment Total: 200.79 Scheduled By:: email.10.1
-----------	--

TAB 3

ACKNOWLEDGEMENT AND INFORMED CONSENT

I, _____
(patient's name - please print)

hereby acknowledge and confirm that prior to signing this document and prior to undergoing any treatment:

- (I) I have been informed by you and understand that any treatment or advice provided to me as a patient at The Wellness Institute (the "Institute") is not being provided in the place of or to the exclusion of any other treatment or advice that I may now be receiving or may in the future receive from a physician, surgeon or any other licensed health care provider (such other treatment collectively referred to as "Conventional Medical Treatment");
- (II) I have been informed by you and understand that I am at liberty to seek or continue to seek Conventional Medical Treatment and to consult with a physician, surgeon or any other licensed health care provider in order that I can make an informed decision as to whether at any given time or times it would be in my best interest to obtain Conventional Medical Treatment;
- (III) No naturopathic doctor, homeopathic practitioner(s), registered massage therapist(s), athletic therapist(s), registered nutritional consultant(s), osteopath(s), colon hydrotherapy practitioner(s), employee(s), agent(s) or any other person(s) directly or indirectly employed by or associated with the Institute ("Practitioner/Therapist") have suggested or recommended to me that I refrain from and/or discontinue seeking Conventional Medical Treatment;
- (IV) I have been informed by you and understand that the treatment and products that are rendered, recommended or supplied by this Institute ("Alternative Treatment and Products") may be different from the treatment and products that are rendered, recommended or supplied in Conventional Medical Treatment;
- (V) I have been informed by you and understand that the Alternative Treatment and Products provided by the Institute are not covered under the Ontario Health Insurance Plan (OHIP) and accordingly, I hereby agree to pay my account to the Institute at the conclusion of each and every visit. I further acknowledge and agree that I will be charged the full fee for all and any missed appointments, unless I have advised the Institute of my cancellation no less than **forty-eight (48) hours** in advance of the scheduled appointment;
- (VI) You have explained to me and I understand the nature of the Alternative Treatment and Products that you will be providing to me. You have advised me of and I understand the potential side effects that may be associated with certain Alternative Treatment and Products. You have also urged and encouraged me to ask such questions as I may have at any time and to advise you immediately if I either wish to discontinue or should decide not to undergo any specified type(s) of treatment(s).

I am at least sixteen years old and I have read and am in agreement with the foregoing statements and have had the opportunity to discuss the same with a Practitioner/Therapist at the Institute. I hereby authorize and consent to such treatment by the Institute as the Practitioner/Therapist considers necessary or desirable, subject to any additional instructions or modifications that I may provide/authorize from time to time.

OR

I am the _____ of the patient who is under the age of sixteen years. I confirm that I am legally
(relationship)
authorized to grant consent to have the patient treated by the Institute. I have read and am in agreement with the foregoing statements and have had the opportunity to discuss the same with a Practitioner/Therapist at the Institute. I hereby authorize and consent to such treatment of the patient by the Institute as the Practitioner/Therapist considers necessary or desirable, subject to any additional instructions or modifications that I may provide/authorize from time to time.

DATED this _____ day of _____ 2_____.

Witness

Signature of Patient or Legal Guardian

TAB 4



The College of Naturopaths of Ontario

Core Competencies

Introduction

Naturopathic Doctors provide primary and adjunctive health care to people of all ages, focusing on the use of natural therapies to support and stimulate healing processes. Naturopathic Doctors promote health and prevent illness, and diagnose and treat disease in a manner consistent with the body of knowledge and standards of practice for the profession.

The following Core Competencies articulate the knowledge, skill and judgment required of Naturopathic Doctors at entry-to-practice.

Naturopathic Medical Knowledge

The competent Naturopathic Doctor:

- 1. Integrates naturopathic philosophy, theory and principles with naturopathic medical knowledge in the care of patients and case management including the assessment, diagnostic and treatment phases.**
 - Evaluates and integrates clinical arts and science knowledge within the context of naturopathic principles and philosophy in clinical practice.
 - Formulates diagnoses and treatment plans consistent with naturopathic philosophy and principles.
- 2. Develops, maintains and respects a comprehensive naturopathic medical knowledge base.**
 - Demonstrates knowledge of the history and philosophy of Naturopathic Medicine.
 - Demonstrates knowledge of the clinical arts and sciences essential to the practice of Naturopathic Medicine.
 - Demonstrates knowledge of the theory and practice of therapeutics including botanical medicine, homeopathic medicine, traditional Chinese medicine and acupuncture, physical medicine, clinical nutrition, and lifestyle counselling.
 - Updates knowledge base continuously through the review of relevant research and ongoing continuing education.
- 3. Conducts an assessment to formulate a diagnosis.**
 - Gathers information necessary to formulate a diagnosis.
 - Incorporates knowledge of the determinants of health and disease into assessment.
 - Formulates diagnoses based on a clinical assessment including but not limited to a medical history, physical examination and diagnostic testing.
- 4. Critically evaluates medical information.**
 - Understands, respects and incorporates evidence-based medicine¹ in his/her practice.
 - Appraises evidence critically to address clinical questions.

- Integrates new information appropriately into clinical reasoning.
- Evaluates and reflects on patient outcomes.

Inter-professional Practice and Collaboration

The competent Naturopathic Doctor:

- 1. Develops and maintains relationships with other health care professionals in the care of his/her patients.**
 - Demonstrates an understanding of the scope of practice of other health care professionals.
 - Collaborates with others to support health promotion and disease prevention.
 - Utilizes community resources in professional practice.
 - Collaborates with other health care professionals in the care of his/her patients when necessary.

Communication

The competent Naturopathic Doctor:

- 1. Communicates effectively.**
 - Articulates information clearly and concisely and in a timely manner, listens actively and responds appropriately.
 - Communicates appropriately with patients or their authorized representatives, colleagues, other health professionals, the community, his/her regulator, and other legal authorities.
 - Requests from and provides to other health care professionals relevant patient information.
 - Advances naturopathic principles and philosophy in communication with patients, health care professionals and the public.
 - Maintains patients confidentiality and privacy.

Patient Care and Health Promotion

The competent Naturopathic Doctor:

- 1. Exemplifies the principle of doctor as teacher in patient interactions.**
 - Teaches the principles of healthy living and preventative medicine.
 - Educates the patient regarding the etiology and development of disease.
 - Educates the patient about the contributing factors to disease and dysfunction and the ways in which they impact health.
 - Educates the patient about treatment options and their potential risks, benefits, and side effects.
- 2. Provides safe and effective patient care.**
 - Provides compassionate, ethical, effective and safe care.
 - Utilizes naturopathic therapeutics effectively including botanical medicine, homeopathic medicine, traditional Chinese medicine and acupuncture, physical medicine, clinical nutrition and lifestyle counselling.
 - Identifies and assesses the actions of and interactions between drugs, substances and therapies being used by or provided to the patient.
 - Communicates a diagnosis.
 - Creates, implements, monitors and revises effective individualized treatment plans.
 - Documents patient care.

- Refers to other health care professionals when indicated.
- Engages patients in establishing a long-term strategy for their personal health.
- Maintains professional boundaries and refrains from conflicts of interest.

3. Promotes the principles and philosophy of Naturopathic Medicine to patients and the community.

- Promotes naturopathic principles and philosophy.
- Promotes sustainable health practices.
- Educates others on the significance of environmental factors on health.
- Promotes a wider acceptance of Naturopathic Medicine in the health care system.

Practice Management

The competent Naturopathic Doctor:

1. Establishes, develops and manages his/her practice.

- Practices in a compassionate, ethical and legal manner.
- Engages in short and long term business planning.
- Organizes and manages systems and resources relevant to practice needs.
- Maintains a safe and secure workplace.
- Manages time effectively.
- Recognizes the importance of establishing and maintaining a personal/professional life balance.

Education and Learning

The competent Naturopathic Doctor:

1. Ensures professional competence through ongoing self-assessment and professional development.

- Integrates learning into practice.
- Recognizes limitations in knowledge, skill, judgment and scope of practice.
- Engages in on-going professional development and learning.
- Understands the significance of research with respect to predicting health outcomes.
- References and employs empirical, literary and information-technology sources.
- Self-assesses professional knowledge and skills regularly.

2. Supports the advancement of Naturopathic Medicine through the development, critical assessment and dissemination of research and information.

- Participates in research activities as appropriate for professional practice.

3. Supports the mentorship of students and Members.

- Participates in mentorship as appropriate.

Legislation/Ethics

The competent Naturopathic Doctor:

1. Complies with all relevant laws and regulation.

- Complies with federal, provincial, and municipal legislation, regulations and bylaws.

- Understands and complies with the *Regulated health Professions Act, Naturopathy Act* and all College regulations and standards of practice.

2. Demonstrates ethical conduct and integrity in professional practice and personal conduct.

- Practices with integrity and without prejudice.
- Abides by the naturopathic oath.
- Demonstrates accountability for practice decisions.
- Places the protection of the public ahead of self-interest.

TAB 5



The College of Naturopaths of Ontario

Standard of Practice:

Consent

Introduction

The intent of this standard is to inform Members of their obligations with respect to consent.

Definitions

Capacity: a person is deemed capable with respect to an intervention/decision if the person is able to understand the information relevant to making a decision about the intervention, and able to appreciate the reasonably foreseeable consequences of a decision, or lack of decision. People:

- are presumed capable unless there is information to lead the Member to think otherwise;
- may be capable with respect to one intervention/decision but not another;
- may be capable with respect to an intervention/decision at one time and incapable at another.

Circle of Care: a term of reference used to describe health information custodians and their authorized agents who are permitted to rely on an individual's implied consent when collecting, using, or disclosing personal health information for the purpose of providing health care or assisting in providing health care.

Consent: the agreement of the patient to a procedure. To be valid, consent must be informed, must relate to the intervention, must be given voluntarily and must not be obtained through misrepresentation or fraud.

Consent and Capacity Board: an independent agency that deals with disputes over treatment decisions where a patient has been deemed not to be capable.

Substitute Decision-maker: a person who makes decisions for someone who is incapable of making his/her own decisions, and who is authorized to give or refuse consent to an intervention on behalf of a person who is incapable of making a decision with respect to the intervention. See Appendix I.

1. Informed Consent

Consent is an ongoing process and not a singular event. To be valid, consent must be informed.

The Member has a duty to ensure the patient has sufficient information to make valid decisions about his/her care.

Performance Indicators

The Member ensures that consent is obtained prior to:

- obtaining a case history;
- performing a physical examination/testing;
- initiating treatment;
- collecting personal health information in accordance with the *Personal Health Information Protection Act, 2004*.

To be valid, consent:

- relates to the proposed intervention;
- is informed;
- is voluntary;
- is not obtained through fear, misrepresentation or fraud.

The Member appropriately documents the discussion in the patient chart. Patients need to understand and appreciate the reasonable foreseeable consequences of their decisions, in order to give informed consent.

The Member ensures that the patient understands the following with respect to the proposed course of action:

- the nature of the intervention;
- its expected benefits;
- the material risks and side effects;
- available reasonable alternatives;
- the likely consequences of not receiving the intervention;
- any associated costs; and
- the right to withdraw consent.

The Member discloses non-trivial risks or side effects that are likely to occur as well as risks and side effects that can result in significant harm or death even though they are unlikely to occur.

The Member answers questions or addresses any special concerns of the patient.

The Member ensures that the patient understands the professional status of those providing professional services.

A signed consent form without dialogue is not informed consent. Signing a consent form following discussion reinforces in the mind of the patient the seriousness of the decision and provides evidence of the consent process should there be a question later.

2. Consent to Assessment and Treatment

The Member ensures that informed consent is obtained from the patient or substitute decision maker at the start of and throughout the assessment and treatment process.

Performance Indicators

The Member discusses the following with the patient or substitute decision maker as appropriate:

- scope and reason for the assessment and treatment;
- associated costs;
- the purpose and nature of the assessment and treatment including whether information will be obtained from other individuals;
- the potential benefits and limitations of the assessment and treatment and the likely consequences of not receiving the intervention;
- the expected outcomes of the assessment and treatment;
- the right of the patient or substitute decision maker to withdraw consent at any time.

The Member:

- provides an opportunity for the patient or substitute decision maker to ask questions and responds to them in a manner that helps the patient or substitute decision maker understand.

3. Age of Consent

There is no minimum age of consent.

Performance Indicators

The Member uses professional judgment when determining the patient's capacity to make his/her own decisions with respect to care.

4. Record Keeping

The Member documents the consent process.

Performance Indicators

In addition to the College's Standard of Practice for Record Keeping, the Member documents:

- that a discussion regarding consent took place and the patient understands the proposed assessment or treatments and their risks, limitations and benefits;
- any modifications to the consent;
- when consent was obtained through the use of an interpreter, alternate means of communication, or a substitute decision maker; the identity of the interpreter or substitute decision maker, the legal entitlement of the substitute decision maker as applicable (documentation on file, copy of Power of Attorney for personal care provided, etc.);
- that the patient withdrew consent, why he/she did so, and what specifically was withdrawn.

Documentation can take either of the following forms:

- a note in the patient record; and
- a consent form, that is dated, signed, and witnessed.

Related Standards

Acupuncture
Compounding
Dispensing
Fees and Billing
Inhalation
Injection
Internal Examinations
IV Infusion Therapy
Manipulation
Record Keeping

Legislative Framework

[General Regulation](#)

[Health Care Consent Act, 1996](#)

[Personal Health Information Protection Act, 2004](#)

[Professional Misconduct Regulation](#)

Disclaimer

In the event of any inconsistency between this standard and any legislation that governs the practice of Naturopathic Doctors, the legislation shall govern.

Appendix I

The Health Care Consent Act, 1996 defines the hierarchy of substitute decision-makers as:

- the incapable person's guardian if the guardian has authority to give or refuse consent to the treatment;
- the incapable person's attorney for personal care, if the power of attorney confers authority to give or refuse consent to the treatment;
- the incapable person's representative appointed by the Consent and Capacity Board if the representative has authority to give or refuse consent to the treatment;
- the incapable person's spouse or partner (which need not be a sexual partner);
- a child or parent of the incapable person, or a children's aid society or other person who is lawfully entitled to give or refuse consent to the treatment in the place of the parent. This does not include a parent who has only a right of access and is not lawfully entitled to give or refuse consent to treatment. If a children's aid society or other person is lawfully entitled to give or refuse consent to the treatment in the place of the parent, this paragraph does not include the parent;
- a parent of the incapable person who has only a right of access;
- a brother or sister of the incapable person;
- any other relative of the incapable person;
- as a last resort, the Public Guardian and Trustee.

**DISCIPLINE COMMITTEE OF THE
COLLEGE OF NATUROPATHS OF ONTARIO**

JOINT BRIEF OF DOCUMENTS

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DR. JONATHAN E. PROUSKY, ND, MSc, MA, RP (Qualifying)



CURRENT APPOINTMENTS

Chief Naturopathic Medical Officer, 2003-Present

Department of Clinical Education, CCNM

- Oversees and evaluates the safety of all medical procedures at CCNM's teaching clinics.
- Oversees the implementation and use of all the medical procedures at CCNM's teaching clinics.
- Chairs the Clinical Therapeutics Committee, which is an advisory body that focuses on issues relating to clinical safety and efficacy in CCNM's teaching clinics. The common issues addressed include clinical best practices, standards of clinical care, medical record keeping standards, assessment/diagnostic procedures, and therapies.
- Reports to an external Audit Committee of the college biannually to update them on new policies, important medical procedures, and issues/concerns regarding patient safety.
- Works with the Dean and Associate Deans on the development and implementation of the clinical education of upper-year naturopathic medical students.

Lead Clinical Supervisor for Mental Health Focussed Shift, 2017-Present

Department of Clinical Education, CCNM

- Clinical rotation dedicated to the treatment of chronic mental illness with an emphasis on clinical nutrition.

Clinical Faculty, 2001-Present

Department of Clinical Education, CCNM

- Supervises clinical interns to ensure that their educational needs are being met.
- Ensures the delivery of safe and effective naturopathic medical care to patients being co-treated/managed with clinical interns.

Professor, 2001-Present

Department of Academics, CCNM

- Currently teaches 2nd-Year Health Psychology.
- Provides the naturopathic medical student with practical counselling skills when working with specific patient populations (e.g., the anxious patient, the psychotic patient, and the suicidal patient).

Private Naturopathic Clinical Practice, 2001-Present

- Private naturopathic medical practice with emphasis on the evaluation and treatment of mental health concerns.
- Therapeutic interventions include clinical nutrition, botanical medicine, and lifestyle counselling.

PREVIOUS TRAINING/APPOINTMENTS

Editor, 2010-2017

Journal of Orthomolecular Medicine

Toronto, Ontario

Practicum in Individual and Group Adult Psychotherapy, 2015-2016

Medical Clinic for Person-Centred Psychotherapy

Toronto, Ontario

Editor-in-Chief, 2004-2007

International Journal of Naturopathic Medicine

Toronto, Ontario

Associate Naturopathic Medical Officer, 2002-2003

CCNM

Toronto, Ontario

Private Naturopathic Family Practice, 2001-2003

Dr. J. Dimerman & Associates

Thornhill, Ontario

Residency in Naturopathic Medicine, 2000-2001

CCNM

Toronto, Ontario

Private Naturopathic Family Practice, 1999-2000

Comprehensive Medical Center

Bellevue, WA

Residency in Family Practice, 1998-1999

Sponsored by the National University of Natural Medicine, Portland, OR (then National College of Naturopathic Medicine)

Marysville Naturopathic Medical Clinic

Marysville, Washington

ACADEMIC/PROFESSIONAL QUALIFICATIONS

Registered Psychotherapist (Qualifying) License #: 5061

Registered to practice in Ontario, February 2017-Present

MA, Counselling Psychology, May 2016

Yorkville University

Fredericton, New Brunswick

MSc, International Primary Health Care, August 2008

University of London

London, UK

Naturopathic Doctor License #: 975

Registered to practice in Ontario, April 2001-Present

Family Practice Residency Certification, September 1999

National University of Natural Medicine (then National College of Naturopathic Medicine)

Portland, Oregon

Doctor of Naturopathic Medicine, June 1998
 Bastyr University
 Bothell, Washington

Bachelor of Science in Natural Health Sciences, June 1995
 Bastyr University
 Seattle, Washington

Bachelor of Physical and Health Education, June 1993
 University of Toronto
 Toronto, Ontario

PROFESSIONAL ASSOCIATIONS/REGULATORY COLLEGE MEMBERSHIP

Canadian Association of Naturopathic Doctors
 Ontario Association of Naturopathic Doctors
 College of Naturopaths of Ontario
 College of Registered Psychotherapists of Ontario

PRESENTATIONS/CONFERENCES

OAND Convention 2017
 Suicide: Treatment pathways arising from phenomenology, biology, and clinicology,
 November 2017
 Collingwood, Ontario

Integrative Medicine for Mental Health (IMMH) Conference 2017
 Everything under the sun: Why schizophrenia demands aggressive orthomolecular
 treatment, September 2017
 Orange County, California

BRB CE Group 2017 Live Event
 Suicide - treatment pathways arising from phenomenology, biology, and clinicology,
 September 2017
 Gormley, Ontario

AANP Annual Convention
 American Association of Naturopathic Physicians
 Suicide - treatment pathways arising from phenomenology, biology, and clinicology, August
 2017
 Phoenix, Arizona

46th Annual International Conference, Orthomolecular Medicine Today
 Childhood Absence Epilepsy - Putative Complementary Diet and Orthomolecular Treatment
 Options, April 2017
 Toronto, Ontario

International College of Integrative Medicine, *"Re-examining the Oath: Reversing Iatrogenic
 Toxicity and Nutrient Depletion"*
 The Problem with the Current Standard of Care in Psychiatry, September 2016
 Toronto, Ontario

OAND Convention 2015
 Providing Naturopathic Care amidst Psychotropic Drugs, September 2015
 Toronto, Ontario

OAND Convention 2015
 Panel: Role of Naturopathic Medicine in Treating Patients with Mental Health Conditions,
 September 2015
 Toronto, Ontario

28th Annual Conference, GPPA Annual Conference
 General Practice Psychotherapy Association
 The Naturopathic Approach to Psychotherapy, April 2015
 Toronto, Ontario

44th Annual International Conference, Orthomolecular Medicine Today
 International Society for Orthomolecular Medicine
 Helping Patients to Overcome Psychosis and Schizophrenia: A Clinician's Experience with the
 Orthomolecular Approach, April 2015
 Toronto, Ontario

Pascoe Symposium – Mental Health 2015
 A Mental Health Conundrum – How to Deal with Concurrent Prescription Medications,
 February 2015
 Toronto, Ontario

BRB CE Group 2014 Live Event
 Clinical Nutrition – Use of Micronutrients and Difficult-to-Treat Mental Health Disorders,
 November 2014
 Gormley, Ontario

BCNA Pharmacotherapy 2014
 British Columbia Naturopathic Association
 The Treatment and Management of Patients with Psychotic Symptoms and/or Schizophrenia,
 October 2014
 Vancouver, British Columbia

Mind-alive!
 Health Action Network
 Overview of Mental Health in Canada and the Orthomolecular Approach, October 2014
 Vancouver, British Columbia

43rd Annual International Conference, Orthomolecular Medicine Today
 International Society for Orthomolecular Medicine
 Effective Tapering Strategies to Limit Drug Withdrawal and Destabilization: A Clinician's
 Perspective,
 April 2014
 Vancouver, British Columbia

Family Association for Mental Health Everywhere
 Naturopathic Treatments for Mental Health Issues, April 2013
 Toronto, Ontario

Holistic Mental Health Workshop, Canadian Mental Health Association
 Managing Mental Health with Psychosocial Support, Orthomolecular and Botanical Medicines,
 November 2013
 Toronto, Ontario

42nd Annual International Conference, Orthomolecular Medicine Today
 International Society for Orthomolecular Medicine
 Orthomolecular strategies to prevent mental breakdown, April 2013
 Toronto, Ontario

Central Toronto Youth Services – New Outlook
 Reducing psychotic symptoms and other comorbidities with orthomolecular and herbal
 (botanical) medicine, November 2012
 Toronto, Ontario

Functional Medicine Conference – Unraveling the Web of Chronic Fatigue
 Foundations of Chronic Fatigue Syndrome, September 2012
 An Integrative Approach to Chronic Fatigue, September 2012
 Lancaster London Hotel
 London, England

Holistic Mental Health Conference – Pathways to Empowerment and Well-being
 Orthomolecular Psychiatry, June 2012
 Reducing Psychotic Symptoms with Nutritional and Botanical (Herbal) Medicine, June 2012
 The Canadian College of Naturopathic Medicine
 Toronto, Ontario

41st Annual International Conference, Orthomolecular Medicine Today
 International Society for Orthomolecular Medicine
 Treating the Hyperactive Child without Drugs, April 2012
 Vancouver, British Columbia

Rouge Valley Centenary Hospital
 Rouge Valley Health System-Mental Health Program
 Orthomolecular Treatment of Common Mental Health Disorders, February 2012
 Toronto, Ontario

Canadian Association of Naturopathic Doctors, Health Fusion Conference
 Chronic Fatigue Syndrome: A Disorder of Microcirculation Brought on by Toxic Stimuli, June
 2011
 Calgary, Alberta

International Schizophrenia Foundation Public Information Sessions
 Orthomolecular Treatment of Schizophrenia and Associated Mental Health Disorders, March
 2011
 Toronto, Ontario

Nutritional Preceptorship Program, Edison Institute of Nutrition
 Anxiety and Depression, October 2010
 Toronto, Ontario

Parkinson's Disease Carepartners Support Group
 Parkinson Society of Canada
 The Role of Nutrition in Parkinson's disease, September 2010
 Toronto, Ontario

39th Annual International Conference, Orthomolecular Medicine Today
 International Society for Orthomolecular Medicine
 Vitamin B₁₂ and Psychiatry, May 2010
 Chronic Fatigue Syndrome: A Disorder of Microcirculation, May 2010
 Vancouver, British Columbia

International Schizophrenia Foundation
 Mental Health Regained, March 2010
 Toronto, Ontario

Mood Disorders Association of Ontario
 Naturopathy and Mental Health, February 2010
 Toronto, Ontario

22nd Annual Conference, GPPA Annual Conference
 General Practice Psychotherapy Association
 Naturopathic Synergy – How to Use Complementary Medicinal Supplements to Improve
 Treatment Outcomes in Mental Health Disorders, April 2009
 Toronto, Ontario

International Schizophrenia Foundation
 Orthomolecular Treatment for Mental Health, November 2008
 Toronto, Ontario

The Healthy Brain Conference
 Holistic Health Research Foundation of Canada
 The Orthomolecular Treatment of Depression, September 2008
 Toronto, Ontario

37th Annual International Conference, Orthomolecular Medicine Today
 International Society for Orthomolecular Medicine
 Clinical Pearls in the Orthomolecular Treatment of Mental Health, May 2008
 Vancouver, British Columbia

Family Association for Mental Health Everywhere
 Naturopathic Treatment of Mental Health, November 2007
 Etobicoke, Ontario

Ontario Medical Association Evening CME Program
 Complementary and Alternative Approaches for the Treatment of Mental Health Disorders,
 November 2007
 Toronto, Ontario

Restorative Medicine Conference
 Orthomolecular Psychiatry for Anxiety, Depression and Schizophrenia, October 2007
 Sedona, Arizona

Tourette Syndrome Association of Ontario
 Complementary and Alternative Treatments, September 2007
 Toronto, Ontario

Ontario Association of Naturopathic Doctors, Primary Care Series
 Anxiety & Depression, February 2007

Toronto, Ontario
 International Schizophrenia Foundation
 Orthomolecular Medicine in Mental Health, November 2006
 Toronto, Ontario

Peel Memorial Hospital
 The Use of Nutrients in the Treatment of Mental Illness, November 2006
 Brampton, ON

Ontario Association of Naturopathic Doctors Convention
 Clinical Excellence in the 21st Century
 Orthomolecular Treatment of Anxiety Disorders, October 2006
 Collingwood, Ontario

International Schizophrenia Foundation
 Orthomolecular Medicine In Mental Health, August 2006
 Montreal, Quebec

Progress Place
 Optimizing Mental Health with Orthomolecular Medicine, June 2006
 Toronto, Ontario

Primary Care Today, International Centre
 CAM: Practical Tips to Take Home to Your Practice, May 2006
 Toronto, Ontario

35th Annual International Conference, Nutritional Medicine Today
 International Society for Orthomolecular Medicine
 Orthomolecular Treatment of Anxiety Disorders, April 2006
 Vancouver, British Columbia

Total Health 06 Conference
 Consumer Health Organization of Canada
 Optimizing Mental Health with Orthomolecular Medicine, April 2006
 Toronto, Ontario

The Alliance for Education in Community Mental Health
 Optimizing Mental Health with Orthomolecular Medicine, February 2006
 Toronto, Ontario

AANP Annual Convention
 American Association of Naturopathic Physicians
 Orthomolecular Treatment of Anxiety Disorders, August 2005
 Phoenix, Arizona

34th Annual International Conference, Nutritional Medicine Today
 International Society for Orthomolecular Medicine
 Low Gastric Acid, May 2005
 Ottawa, Ontario

Certificate in Dual Diagnosis, York University
 Pharmacological, Non-traditional and Alternative Interventions, November 2004
 Owen Sound, Ontario

Natural Health Products, Insight Information
 Role of Natural Health Products in Complementary Medicine, September 2004
 Toronto, Ontario

Toxicology Grand Rounds, Hospital for Sick Children
 Toxicology of Commonly Used Vitamins, May 2004
 Toronto, Ontario

Primary Care Today, International Centre
 Alternative Medicine I: Most Commonly Prescribed Herbs, May 2003
 Toronto, Ontario

32nd Annual International Conference, Nutritional Medicine Today
 The International Society for Orthomolecular Medicine
 Vitamin B-3: New Therapeutic Applications, April 2003
 Toronto, Ontario

Certificate in Dual Diagnosis, York University
 Pharmacological, Non-traditional and Alternative Interventions, April 2003
 Toronto, Ontario

The First Canadian Integrative Medicine Grand Rounds
 Migraine Presentation, October 2002
 University Health Network, General Division
 Toronto, Ontario

WEBINARS

International Schizophrenia Foundation
 Clinical Use of Orthomolecules in the Treatment of Schizophrenia, October 2015

Pasco Canada
 Preventing Mental Breakdown with Psychosocial Support, Orthomolecular and Botanical
 Medicines, November 2013

Pascoe Canada
 Weaning patients off antidepressant medication, January 2013

JOURNAL PUBLICATIONS

Prousky J: Repositioning individualized homeopathy as a psychotherapeutic technique with resolvable ethical dilemmas. *Journal of Evidence-Based Integrative Medicine*, 2018;23:1-4.

Prousky J: Towards a multi-micronutrient anti-suicide strategy. *Journal of Orthomolecular Medicine*, 2017;32(3):1-22.

Prousky J. Childhood absence epilepsy: putative complementary diet and orthomolecular treatment options; with an addendum to an earlier report. *Townsend Letter*. 2017;403/404. <http://www.townsendletter.com/FebMarch2017/CAEprousky0217.html>. Accessed August 1, 2018.

Prousky J: Childhood absence epilepsy: Putative complementary diet and orthomolecular treatment options; with an addendum to an earlier report. *Journal of Orthomolecular Medicine*, 2016;32(2):97-116.

Prousky J: How do orthomolecules work? A pragmatic perspective based on their presumed psychoactive effects. *Journal of Orthomolecular Medicine*, 2016;31(1):23-38.

Prousky J: Intolerance of uncertainty: A Cognitive vulnerability related to the etiology of social anxiety disorder. *Ethical Human Psychology and Psychiatry*, 2015;17(3):159-165.

Prousky J: A transdiagnostic approach to the orthomolecular treatment of emotional disorders: preliminary ideas for intervention and suggestions for future research. *Journal of Orthomolecular Medicine*, 2015;30(2):117-128.

Prousky J: Does early exposure to stimulants lead to substance use disorders later on? *Ethical Human Psychology and Psychiatry*, 2015;17(1):22-32.

Prousky J: The Use of Niacinamide and Solanaceae (Nightshade) Elimination in the Treatment of Osteoarthritis. *Journal of Orthomolecular Medicine*, 2015;30(1):13-21.

Prousky J: Counseling Male Members of the Canadian Forces. *Ethical Human Psychology and Psychiatry*, 2014;16(3):158-166.

Prousky J: The manifestations and triggers of mental breakdown, and its effective treatment by increasing stress resilience with psychosocial strategies, therapeutic lifestyle changes, and orthomolecular interventions. *Townsend Letter*, 2015;379/380:54-66.

Prousky J: Existential oppression faced by individuals having psychosis and schizophrenia. *Ethical Human Psychology and Psychiatry*, 2014;16(2):91-98.

Prousky J: The clinical use of orthomolecules in the treatment of schizophrenia: critical reflections and commentary. *Journal of Orthomolecular Medicine*, 2014;29(4):141-153.

Prousky J: The adjunctive treatment of epilepsy with orthomolecular substances. *Journal of Orthomolecular Medicine*, 2014;29(4):167-175.

Prousky J: Complementary and alternative mental health requires more honesty. *The Neuropsychotherapist*, 2014;Oct(7):30-32.

Prousky J: Sedation, relaxation, and regulation: the clinical application of gamma-aminobutyric acid, niacin, and melatonin for the treatment of insomnia. *Journal of Orthomolecular Medicine*, 2014;29(3):109-114.

Prousky J: The treatment of alcoholism with vitamin B₃. *Journal of Orthomolecular Medicine*, 2014;29(3):123-131.

Prousky J: Naturopathic doctors' perspectives on mental health and psychiatric drugs: results of a pilot survey. *Ethical Human Psychology and Psychiatry*, 2014;16(1):29-36.

Prousky J: The treatment of cancer with a combination of broad-spectrum micronutrients: review of six relevant studies. *Journal of Orthomolecular Medicine*, 2014;29(1):5-18.

Prousky J: Tapering off psychotropic drugs: using patient cases to understand reasons for success and failure. *Journal of Orthomolecular Medicine*, 2013;28(4):159-174.

Prousky J: The manifestations and triggers of mental breakdown, and its effective treatment by increasing stress resilience with psychosocial strategies, therapeutic lifestyle changes, and orthomolecular interventions. *Journal of Orthomolecular Medicine*, 2013;28(3):111-130.

Prousky J: What to do when patients wish to discontinue their psychotropic medications? Effective tapering strategies to limit drug withdrawal and destabilization: a clinician's perspective. *Townsend Letter*, 2013;355/56:63-69.

Prousky J: Orthomolecular psychiatric treatments are preferable to mainstream psychiatric drugs: a rational analysis. *Journal of Orthomolecular Medicine*, 2013;28(1):17-32.

Prousky J: Mild Adrenocortical Deficiency and its Relationship to: (1) Chronic Fatigue Syndrome; (2) Nausea and Vomiting of Pregnancy and Hyperemesis Gravidarum; and (3) Systemic Lupus Erythematosus. *Journal of Orthomolecular Medicine*, 2012;27(4):165-176.

Prousky J: Efficacy of Vitamin B₃ and its Coenzymes for the Treatment of Bell's Palsy, Huntington's Disease, Migraine and Chronic Tension-Type Headaches, Multiple Sclerosis, Parkinson's Disease, and Tinnitus. *Journal of Orthomolecular Medicine*, 2012;27(2):69-86.

Prousky J: When patients want to get off their psychotropic medication(s). *Integrated Healthcare Practitioners*, 2012;5(1):56-59.

Prousky J: Treating dementia with vitamin B₃ and NADH. *Journal of Orthomolecular Medicine*, 2011;26(4):163-174.

Prousky J: Vitamin treatment of hyperactivity in children and youth: review of the literature and practical treatment recommendations. *Journal of Orthomolecular Medicine*, 2011;26(3):117-126.

Hunninghake R (moderator), LePine T, Prousky J, Lord RS: Roundtable discussion: The value of nutrient laboratory testing. *Alternative and Complementary Therapies*, 2011;17:142-148.

Prousky J: Niacin for detoxification: a little-known therapeutic use. *Journal of Orthomolecular Medicine*, 2011;26(2):85-92.

Prousky J, Millman CG, Kirkland JB: Pharmacologic use of niacin. *Journal of Evidence-Based Complementary & Alternative Medicine*, 2011;16:91-101.

Prousky J, Seely D: Randomized, double-blind, placebo-controlled pilot study assessing the ability of inositol hexaniacinate (hexanicotinate) to reduce symptoms of nonulcer dyspepsia possibly due to insufficient hydrochloric acid production. *Journal of Orthomolecular Medicine*, 2011;26(1):21-31.

Prousky J: Understanding the serum vitamin B₁₂ level and its implications for treating neuropsychiatric conditions: an orthomolecular perspective. *Townsend Letter*, 2011;331/332:54-63.

Prousky J: An N-of-1 placebo-controlled trial in clinical practice: testing the effectiveness of oral niacinamide (nicotinamide) for the treatment of anxiety. *Journal of Orthomolecular Medicine*, 2010;25(4):195-213.

Prousky J: Vitamin B₃ for depression: case report and review of the literature. *Journal of Orthomolecular Medicine*, 2010;25(3):137-147.

Prousky J: Understanding the serum vitamin B₁₂ level and its implications for treating neuropsychiatric conditions: an orthomolecular perspective. *Journal of Orthomolecular Medicine*, 2010;25(2):77-88.

Prousky J: Continuing education lesson – Parkinson’s disease. Contemporary and natural therapeutic interventions. *Integrated Healthcare Practitioners*, 2010;3(2):84-91.

Prousky J: Common forms of anemia. Diagnosis and management in clinical practice. *Integrated Healthcare Practitioners*, 2010;3(1):48-51.

Prousky J: Continuing education lesson – Circulatory overload leading to pulmonary edema. A possible life-threatening complication of outpatient intravenous therapy. *Integrated Healthcare Practitioners*, 2009;2(6):84-87.

Prousky J: Continuing education lesson – Managing anxiety with orthomolecular and botanical medicine: a simple and effective approach to treatment. *Integrated Healthcare Practitioners*, 2009;2(3):84-89.

Prousky J: Continuing education lesson - Myalgic encephalomyelitis (chronic fatigue syndrome) is a microcirculatory disorder: orthomolecular treatment options to “normalize” red blood cell morphology and improve circulation. *Integrated Healthcare Practitioners*, 2009;2(2):68-73.

Prousky J: Autism spectrum disorders: improving clinical outcomes with natural medicines. *Integrated Healthcare Practitioners*, 2009;2(1):54, 57-59.

Prousky J: Intravenous glutathione therapy. *Integrated Healthcare Practitioners*, 2008/2009;1(6):74-77.

Prousky J: Systemic lupus erythematosus: complementary management strategies and case reports. *Integrated Healthcare Practitioners*, 2008;1(5):76-78.

Prousky J: Irritable bowel syndrome. *Integrated Healthcare Practitioners*, 2008;1(3):50-53.

Hoffer A, Prousky J: Successful treatment of schizophrenia requires optimal daily doses of vitamin B₃. *Alternative Medicine Review*, 2008;13(4):287-291.

Hoffer A, Prousky J: The proper treatment of schizophrenia requires optimal daily doses of vitamin B₃. *Journal of Orthomolecular Medicine*, 2008;23:191-195.

Prousky J: The treatment of pulmonary diseases and respiratory-related conditions with inhaled (nebulized or aerosolized) glutathione. *Evidence-Based Complementary and Alternative Medicine*, 2008;5:27-35.

Prousky J: The orthomolecular treatment of schizophrenia: a primer for clinicians. *Townsend Letter*, 2007;283:86-100.

Prousky J: Clinical experiences with a vitamin B-3 dependent family. *Journal of Orthomolecular Medicine*, 2006;21(4): 205-211.

Prousky J: Double agent niacin - its beneficial effect upon the lipid profile, but its adverse effect upon plasma homocysteine: a case report. *Queen's Health Sciences Journal*, 2006;8(1):34-38.

Prousky J, Hayman R: orthomolecular and botanical treatments to help alleviate the side effects of atypical antipsychotic drugs. *Journal of Orthomolecular Medicine*, 2006;21(1):17-33.

Prousky J: Supplemental niacinamide mitigates anxiety symptoms: report of three cases. *Journal of Orthomolecular Medicine*, 2005; 20(3):167-178.

Prousky J: Orthomolecular treatment of anxiety disorders. *Townsend Letter*, 2005;259/260:82-87.

Prousky J, Seely D: The treatment of migraines and tension-type headaches with intravenous and oral niacin (nicotinic acid): systematic review of the literature. *Nutrition Journal*, 2005;4:3.

Prousky J: Niacinamide's potent role in alleviating anxiety with its benzodiazepine-like properties: a case report. *Journal of Orthomolecular Medicine*, 2004;19(2):104-110.

Prousky J: The Gastro-Test®: a simple in-office test for the determination of gastric pH & gastroesophageal reflux disease. *Townsend Letter*, 2004;250:60-63.

Mills EJ, Prousky J, Raskin G, Gagnier J, Rachlis B, Montori VM, Juurlink DN: The safety of over-the-counter niacin. A randomized placebo-controlled trial. *BMC Clinical Pharmacology*, 2003;3:4.

Prousky J, Sykes E: Two case reports on the treatment of acute migraine with niacin. Its hypothetical mechanism of action upon calcitonin-gene related peptide and platelets. *Journal of Orthomolecular Medicine*, 2003;18(2):108-110.

Prousky J: Pellagra may be a rare secondary complication of anorexia nervosa: a systematic review of the literature. *Alternative Medicine Review*, 2003;8(2):180-185.

Prousky J, Seely D: Follow-up report on the use of inositol hexaniacinate for the treatment of achlorhydria. Is a vitamin B-3 dependency the cause of this patient's gastrointestinal symptoms? *Townsend Letter*, 2003;238:70-71.

Prousky J, Seely D: A case report on the successful use of inositol hexaniacinate for the treatment of achlorhydria: its possible mechanism of action upon the central nervous system and parietal cell-adenosine triphosphate-dependent K^+/H^+ pump. *Townsend Letter*, 2003;235/236:72-75.

Prousky J, Kerwin C: Niacin (Nicotinic Acid) a putative treatment for hypochlorhydria: re-analysis of two case reports. *Journal of Orthomolecular Medicine*, 2002;17(3):163-169.

Prousky J, Lescheid D: Vitamins B₃ and C: their role in the treatment of histadelia. *Journal of Orthomolecular Medicine*, 2002;17(1):17-21.

Prousky J: Is vitamin B₃ dependency a causal factor in the development of hypochlorhydria and achlorhydria? *Journal of Orthomolecular Medicine*, 2001;16(4);225-237.

Ross C, Prousky J: Plantar fasciitis: a case review. *Journal of Orthomolecular Medicine*, 2001;16(1):40-46.

CORRESPONDENCES

Prousky J: Editor's reply. Poor analytical skills lead to dangerous misinformation. *Journal of Orthomolecular Medicine*, 2013;28(2):91-93.

Prousky J: Does vitamin B₃ really reduce adrenochrome? *Journal of Orthomolecular Medicine*, 2012;27(2):93-94.

Prousky J: An N-of-1 placebo-controlled trial in clinical practice. *Journal of Orthomolecular Medicine*, 2011;26(1):38-39.

Prousky J: Cobalamin deficiency in elderly patients. *Canadian Medical Association Journal*, 2005;172(4):450.

Prousky J: Vitamin B₃ for nicotine addiction. *Journal of Orthomolecular Medicine*, 2004;19(1):56-57.

EDITORIALS

Prousky J: How can we advance the clinical application of intravenous vitamin C among patients with cancer? *Orthomolecular Medicine*, 2017;32(1). Retrieved from <https://www.isom.ca/article/editorial-how-can-we-advance-the-clinical-application-of-intravenous-vitamin-c-among-patients-with-cancer/>

Prousky J: Food for thought: Informed consent and orthomolecular interventions. *Journal of Orthomolecular Medicine*, 2016;31(2):67-69.

Prousky J: Orthomolecular innovation. *Journal of Orthomolecular Medicine*, 2016;31(1):3.

Prousky J: Phenylalanine for musculoskeletal pain relief: an often forgotten and neglected complimentary orthomolecular treatment. *Journal of Orthomolecular Medicine*, 2015;30(2):67-69.

Prousky J: Orthomolecular Therapeutics to Support Resilience. *Journal of Orthomolecular Medicine*, 2015;30(1):3-7.

Prousky J: Rare organic causes of first episode of psychosis. *Journal of Orthomolecular Medicine*, 2014;29(4):139-140.

Prousky J: The orthomolecular treatment of schizophrenia does not lead to existential oppression. *Journal of Orthomolecular Medicine*, 2014;29(3):99-100.

Prousky J: Orthomolecular treatment cannot overcome the tranquilizer psychosis. *Journal of Orthomolecular Medicine*, 2014;29(2):51-53.

Prousky J: Brain detoxification: an emerging orthomolecular frontier with therapeutic potential. *Journal of Orthomolecular Medicine*, 2014;29(1):3-4.

Prousky J: Should we be prescribing iron to patients for reasons other than iron deficiency? *Journal of Orthomolecular Medicine*, 2013;28(4):147-148.

Prousky J: Top-down (system focused) vs. bottom-up (patient focused) approaches in mental health care. *Journal of Orthomolecular Medicine*, 2013;28(3):99-100.

Prousky J: Treating hypothyroidism. *Journal of Orthomolecular Medicine*, 2013;28(2):51-54.

Prousky J: Celebrating orthomolecular medicine. *Journal of Orthomolecular Medicine*, 2013;28(1):3-4.

Prousky J: Mild Adrenocortical Deficiency (a.k.a. Adrenal Fatigue): A Real Diagnosis? *Journal of Orthomolecular Medicine*, 2012;27(4):155-156.

Prousky J: Finding the real cause of shaken baby syndrome. *Journal of Orthomolecular Medicine*, 2012;27(3):107-109.

Prousky J: The vitamin treatment of hyperactivity: a safe and ethical way in which to treat our children. *Journal of Orthomolecular Medicine*, 2012;27(2):51-52.

Prousky J: Practicing naturopathic medicine within the Canadian Medicare system. *International Journal of Naturopathic Medicine*, 2012;5(1).

Prousky J: Toxicology of vitamins. *Journal of Orthomolecular Medicine*, 2012;27(1):3-4.

Prousky: Does vitamin B₃ really reduce adrenochrome? *Journal of Orthomolecular Medicine*, 2011;26(4):155-156.

Prousky: Orthomolecular medicine's answer to the uncertainties of psychiatry. *Journal of Orthomolecular Medicine*, 2011;26(3):107-108.

Prousky J: When are patients going to be told the truth about their psychiatric medications? *Journal of Orthomolecular Medicine*, 2011;26(2):51-52.

Prousky J: Gamma-aminobutyric acid (GABA) for Schizophrenia? *Journal of Orthomolecular Medicine*, 2011;26(1):3-4.

Prousky J: Combining nutrients and chemotherapy without worsening a patient's stress level. *Journal of Orthomolecular Medicine*, 2010;25(4):163.

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AWARDS & HONORS

Inducted into the 14th Annual Orthomolecular Medicine Hall of Fame, International Society for Orthomolecular Medicine, April 29, 2017, at the Orthomolecular Medicine Today Conference in Toronto, ON.

First place winner, "Best of Naturopathic Medicine" competition in *Townsend Letter*, 2015, Publication: "The manifestations and triggers of mental breakdown, and its effective treatment by increasing stress resilience with psychosocial strategies, therapeutic lifestyle changes, and orthomolecular interventions."

Favorite Professor, Canadian College of Naturopathic Medicine Class of 2014, April 2013.

Third place winner, "Best of Naturopathic Medicine" competition in *Townsend Letter*, 2013, Publication: "What to do when patients wish to discontinue their psychotropic medications? Effective tapering strategies to limit drug withdrawal and destabilization: a clinician's perspective."

Favorite Teacher, Canadian College of Naturopathic Medicine Class of 2012, April 2011.

Grand Winner, "Best of Naturopathic Medicine" competition in *Townsend Letter*, 2011, Publication: "Understanding the serum vitamin B12 level and its implications for treating neuropsychiatric conditions: an orthomolecular perspective."

Winner "Orthomolecular Doctor of the Year." Presented by the International Society for Orthomolecular Medicine on April 30, 2010, at the Orthomolecular Medicine Today Conference in Vancouver, BC.

Winner "Best of Naturopathy" competition in *Townsend Letter*, 2007, Publication: "The orthomolecular treatment of schizophrenia: a primer for clinicians."

Winner "Best of Naturopathy" competition in *Townsend Letter*, 2005, Publication: "Orthomolecular Treatment of Anxiety Disorders."

Winner "Best of Naturopathy" competition in *Townsend Letter*, 2003, Publication: "A case report on the successful use of inositol hexaniacinate for the treatment of achlorhydria: its possible mechanism of action upon the central nervous system and parietal cell-adenosine triphosphate-dependent K^+/H^+ pump."

Excellence in Teaching Award, Canadian College of Naturopathic Medicine, "Selected by the graduating class of 2002 in recognition of outstanding academic instruction," May 30, 2002.

Gordon Storie Award, Canadian College of Naturopathic Medicine, "...for his strong commitment to mentoring CCNM students in topics which promote and enhance the profession in Canada, and for his contribution and support in the community," March 3, 2001.



This is Exhibit # 11
In CONO vs. Taras Rodak
Date: October 6, 2020

ROBERT SCHAD NATUROPATHIC CLINIC
Informed Consent

Please note that this form must be signed prior to your first appointment.

Naturopathic medicine is the treatment and prevention of diseases by natural means. Naturopathic Doctors assess the whole person, taking into consideration physical, mental, emotional and spiritual aspects of the individual. Gentle, non-invasive techniques are generally used in order to stimulate the body's inherent healing capacity. Your interns at the RSNC will take a thorough case history, perform a physical examination, including a breast exam, and take blood and urine samples. If your case requires, the physical may include more specific examinations such as gynecological, rectal, prostate or genital exams.

It is very important that you inform your Naturopathic Doctor immediately of any disease process from which you are suffering and any medications/over the counter drugs that you are currently taking. Please advise your Naturopathic Doctor immediately if you are pregnant, suspect you are pregnant or if you are breast-feeding.

As a patient you will receive information about your diagnosis and/or treatment, alternative courses of action, the material effects, costs, expected benefits, risks, side effects and in each case the consequences of not having the diagnosis and/or treatment acted upon.

The staff is trained to handle emergencies should the need arise.

There are some slight health risks associated with treatment by naturopathic medicine.

These include but are not limited to:

- Homeopathic remedies may occasionally result in the aggravation of pre-existing symptoms. When this occurs the duration is usually short.
- Some patients experience allergic reactions to certain supplements and herbs. Please advise your intern of any allergies you may have.
- Pain, bruising or injury from venipuncture or acupuncture or parenteral therapy.
- Fainting or puncturing of an organ with acupuncture needles.
- Muscle strains and sprains or disc injuries from spinal manipulation.
- There is a very small potential for stroke in neck manipulation. Patients are thoroughly screened by the intern prior to manipulating the neck.
- The staff and Interns are trained to handle emergencies should the need arise.

I understand:

- The RSNC is a teaching clinic, where faculty and students observe or participate in the care provided.
- The clinic does not guarantee treatment results.
- That my intern will explain to me the exact nature of any treatment provided and will answer any questions I may have.
- I am free to withdraw my consent and to discontinue treatment at any time.
- That the intern and supervisor will assess your health and provide you with recommendations based on their findings. At times this may differ from your expectations, however please keep in mind, all recommendations are made with your best health interest in mind.

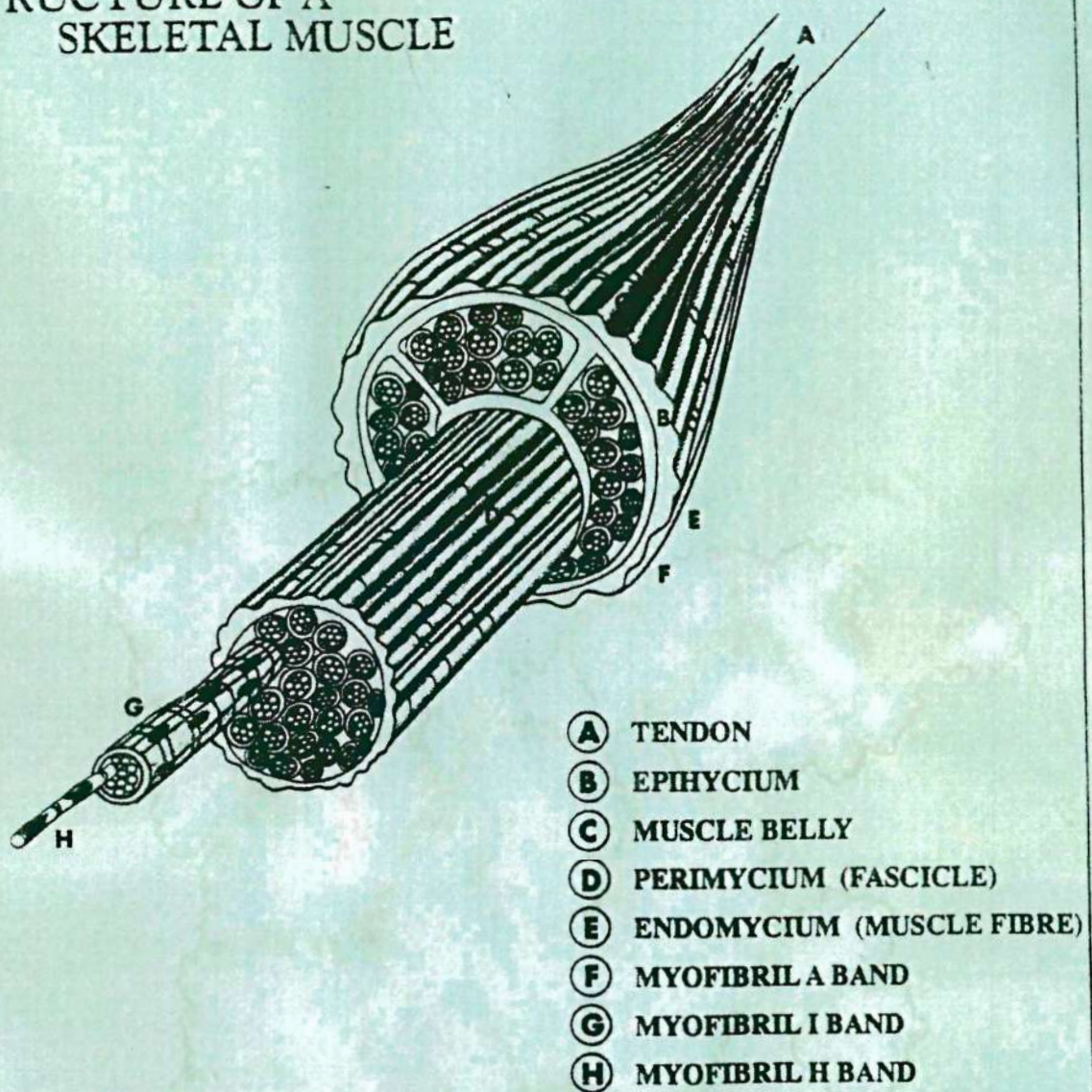
Patient Name (please print): _____

Signature of Patient or Guardian: _____ Date: _____

Intern: _____ Supervisor: _____

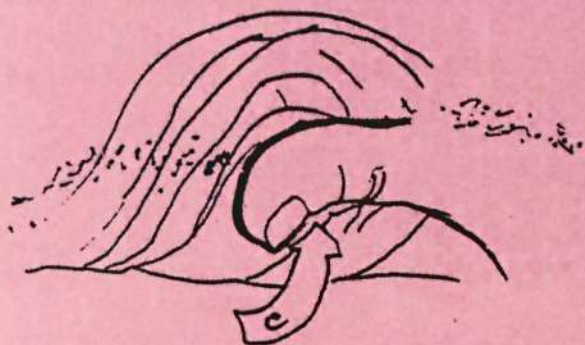
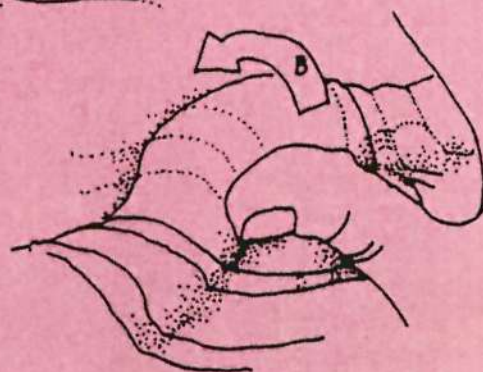
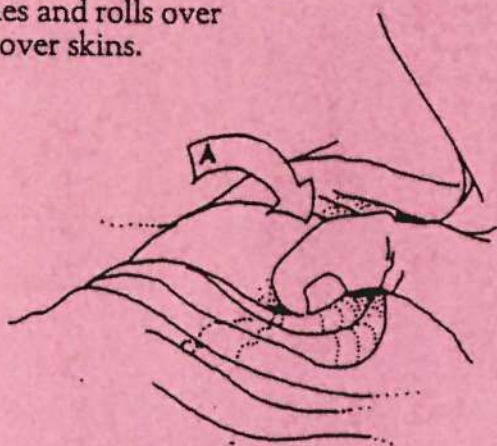
This is Exhibit # 12
In CONO vs. Taras Rodak
Date: October 6, 2020

STRUCTURE OF A SKELETAL MUSCLE



THUMB PLACEMENT FOR BASIC MOVE

- A. Thumb draws skin back over muscle.
- B. Thumb pushes and rolls over muscle- not over skins.



The Bowen Technique — an interpretation by Oswald Rentsch.

FOR DISCUSSION PURPOSES ONLY

LOWER BACK

lay patient on bed face down, head to one side, arms beside hips.
Support underneath abdomen with pillow, if necessary.

Make sure patient is comfortable.

Specific basic relaxation moves, left side first at all times unless otherwise stated.

1. First move, just above the crest of the ilium at the lateral margin of the erector spinae level with L3. Draw the skin back laterally. Apply pressure to the lateral margin of the erector spinae hold for three seconds then, while maintaining pressure, move the erector spinae medially.
2. Right side medially as above.
3. Move the fibres of the anterior margin of the left tensor fascia lata belly posteriorly, where the gluteus medius over laps the T.F.L.
4. Right side medially as above. Wait two minutes.
5. Move the left biceps femoris tendon at the top of the popliteal fossa medially on a line just above the patella. At the same time verify this move by a reaction felt at Point 5A at the centre of the gluteal fold just below the ischial tuberosity on the origin of the long head of the biceps femoris.
6. Still on the left side, release left hand and move vastus lateralis posteriorly at mid-thigh.
7. Repeat 5 on right leg.
8. Repeat 6 on right leg. Wait two minutes.
9. Repeat Move 3.
10. Repeat Move 4.

NOTE: Reading of 5A is important, indicating Moves 5 and 7 have been effected.

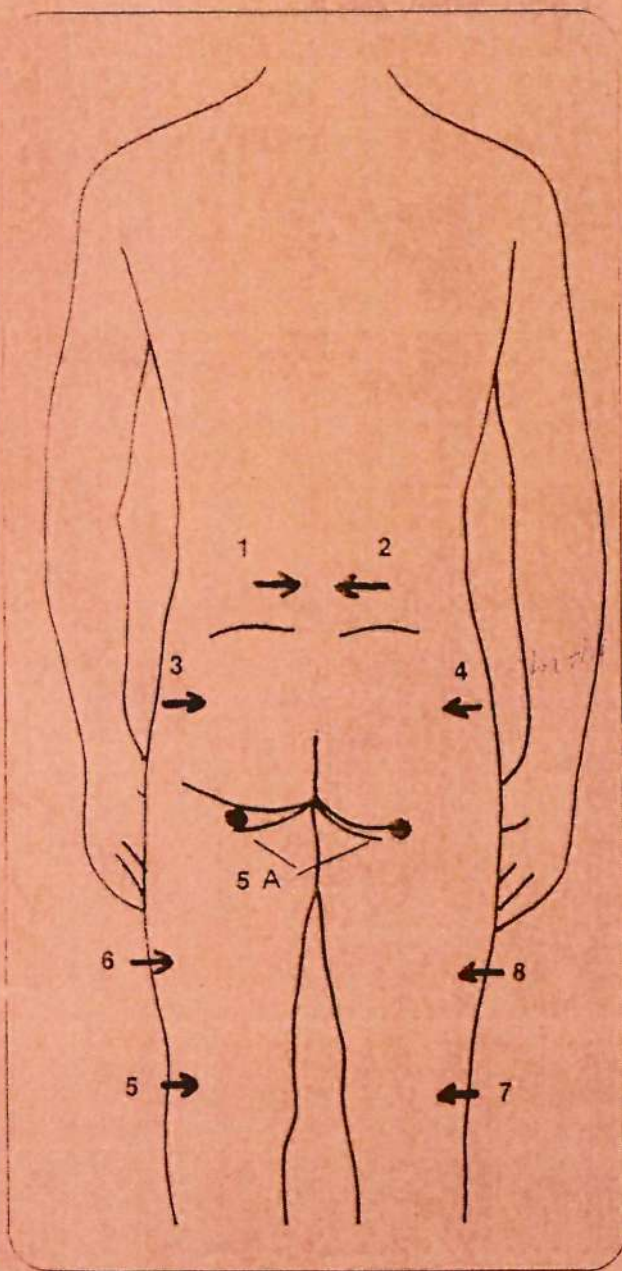
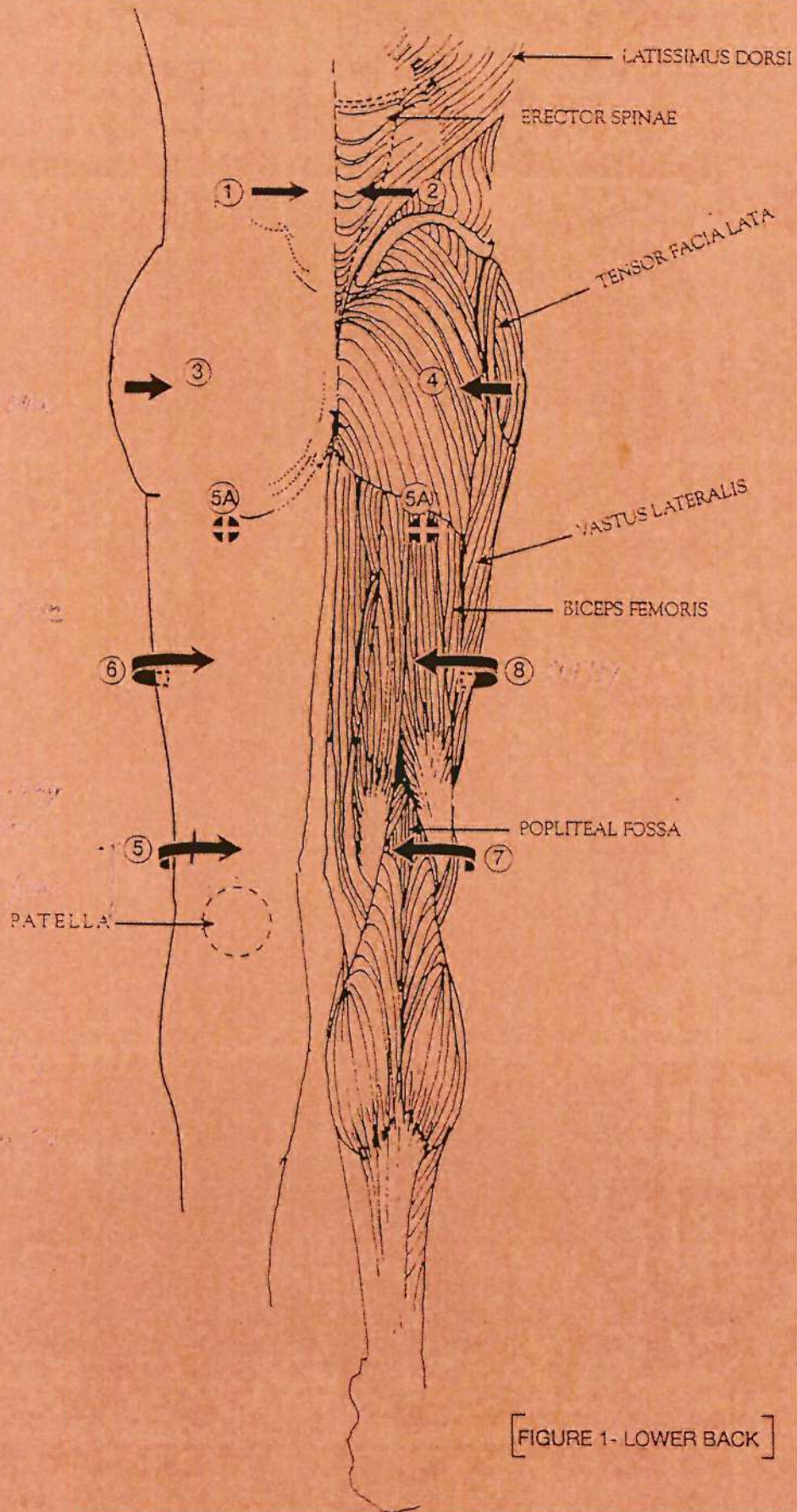


Figure 1.

*3/24/87 moving
tensional 1-5/14/87
if needed structural trauma stop*

What the human mind can conceive and believe it can accomplish.



[FIGURE 1- LOWER BACK]

The Bowen Technique — an interpretation by Oswald Rentsch.

FOR DISCUSSION PURPOSES ONLY

NECK AND SHOULDERS

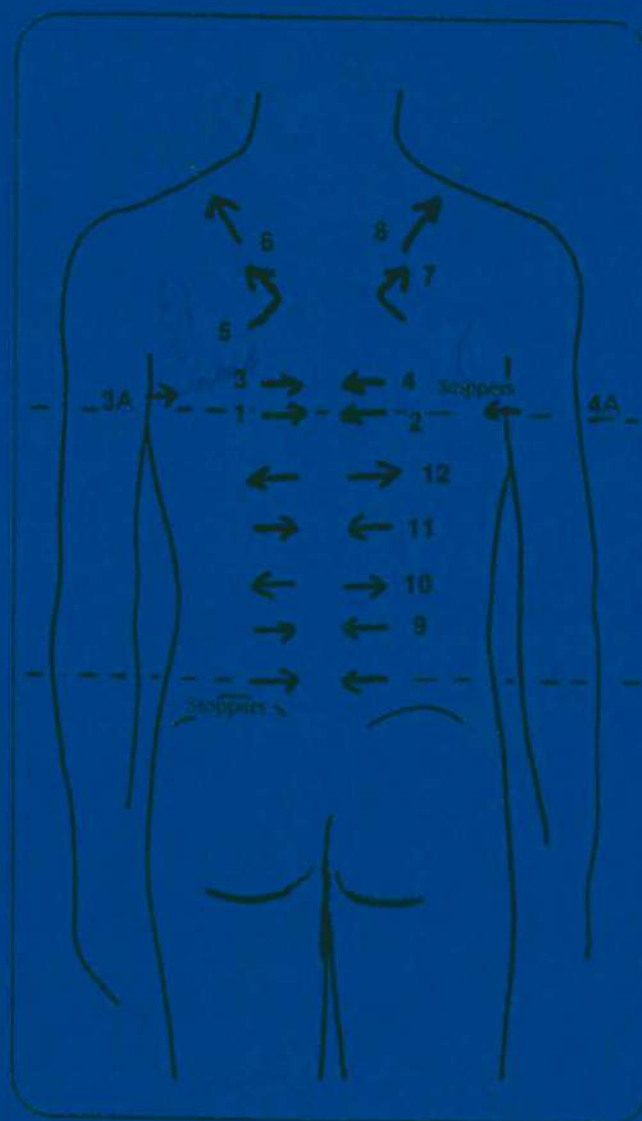
Specific back relaxation moves. Right side of the body is positive, the left side is negative.

1. Left side first always. On the line just below the inferior angle of the left scapula, draw the skin slack laterally. Apply pressure to the lateral margin of the erector spinae, hold for three seconds then, while maintaining pressure, move the erector spinae medially.
2. Right side medially as above.
3. Left side. Same procedure as Move 1 but one inch higher.
4. Right side medially as above. Wait two minutes.
5. From the margin of the left scapula move in a semicircle over the rhomboids major medially and return to the scapula margin.
6. Move over the levator scapula rounding the superior medial angle of the scapula and execute a rolling motion over the medial shoulder.
7. Right side as in Move 5.
8. Right side as in Move 6. Wait two minutes. If no response, muscles still tense. Move 3A teres major and 4A medially. Wait two minutes then repeat 1 to 8.

Always commence treatments at lumbar. The procedure is to move to shoulders after lumbar — you must not reverse this procedure.

Page 3 follows to complete neck and shoulders procedure.

Figure 2.



People forget how fast you did a job — but they remember how well you did it.

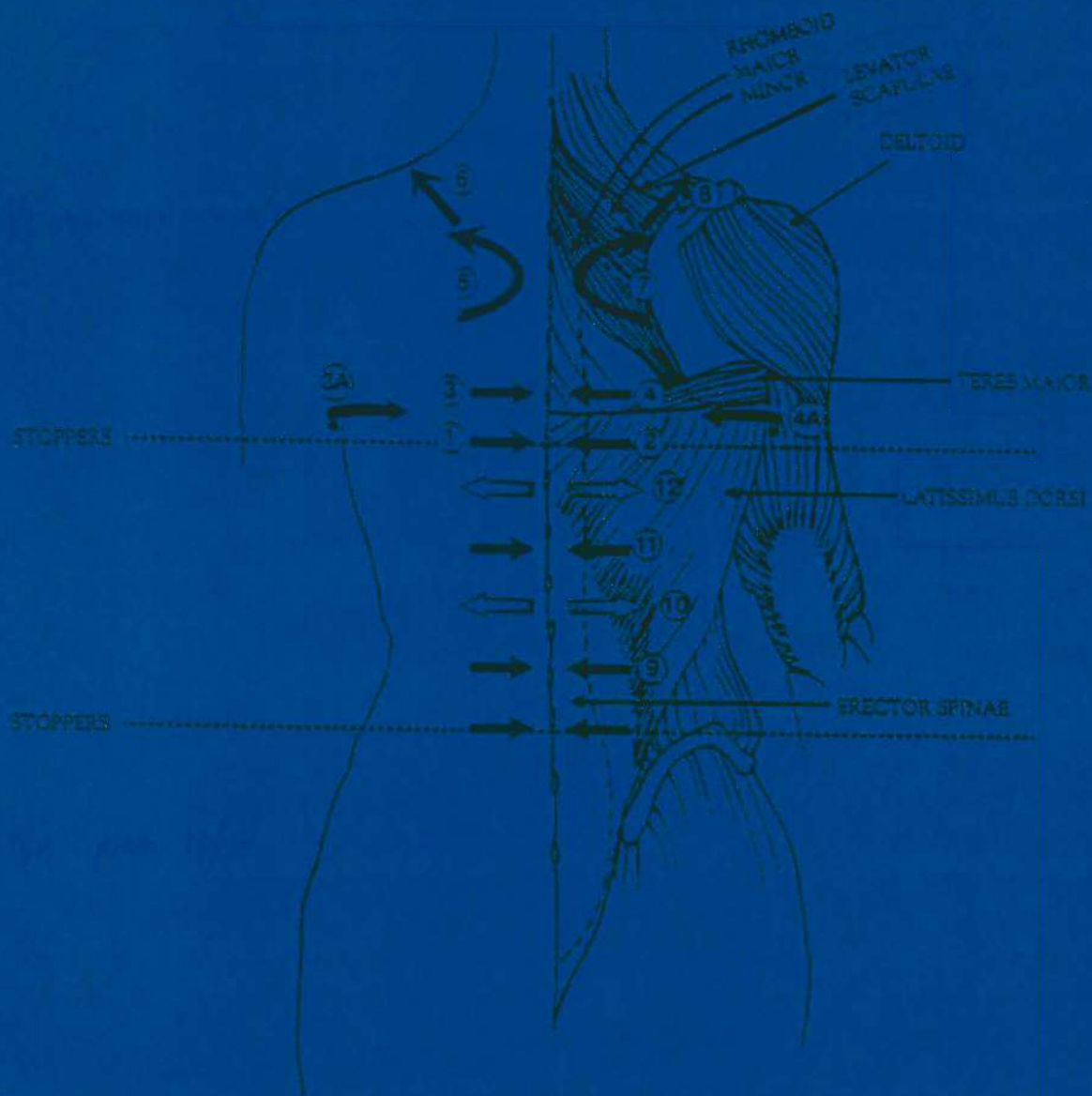


FIGURE 2 } NECK & SHOULDER

The Bowen Technique — an interpretation by Oswald Rentsch.

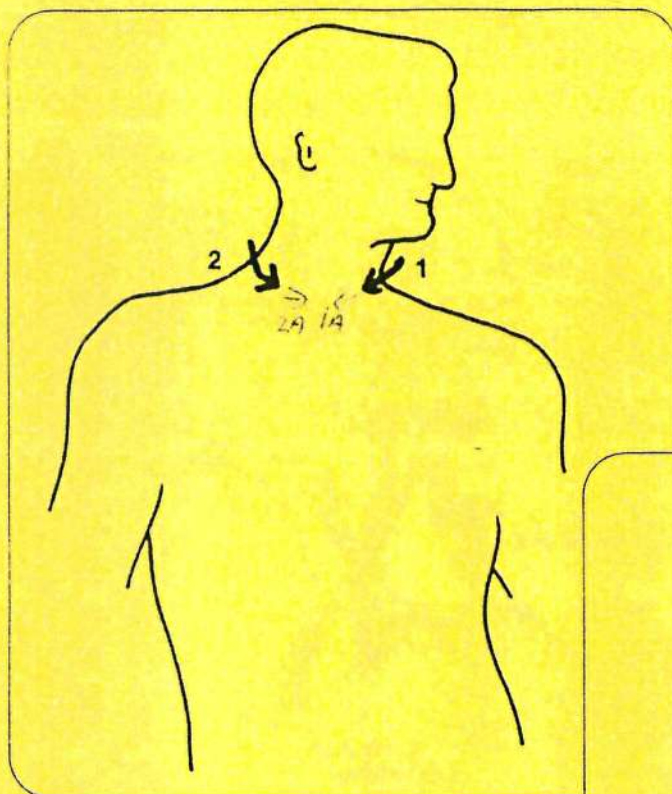
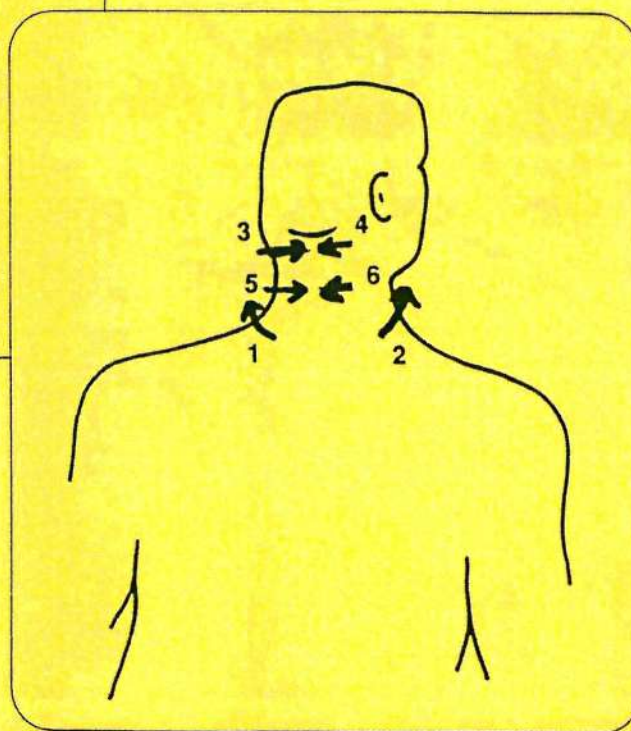


Figure 3.



FOR DISCUSSION PURPOSES ONLY

NECK AND SHOULDERS (continued)

After completion of Page 2, turn patient on to back, hands by side. No pillows except for aged or special cases. Specific basic relaxation moves.

1. Position yourself at the head of the patient, left side first with left thumb, move the scalenus anterior forward around neck line.

2. Right side follows.

3. At the occipital condyles move the trapezius insertions medially.

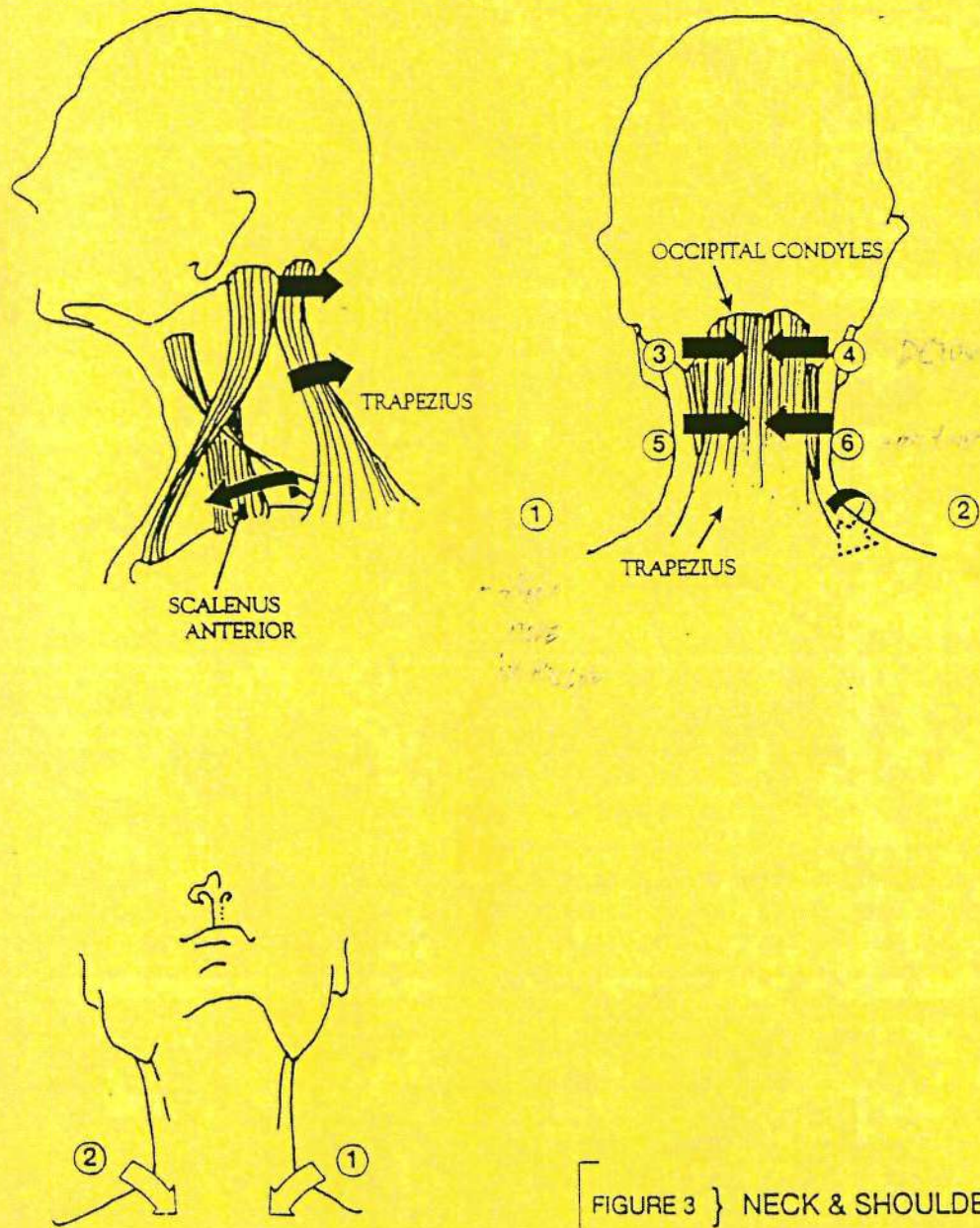
4. Right side follows. Wait two minutes.

5. Gently move trapezius medially between C3 & 4.

6. Right side follows. Wait two minutes.

Repeat 1 to 6 --- in severe cases, observing the two minutes wait as directed.

Take time to deliberate; but when the time for action arrives, stop thinking and go in.



[FIGURE 3 } NECK & SHOULDER]

The Bowen Technique — an interpretation by Oswald Reintsch

CONTRAINDICATION: NEWBORN ONLY

PREGNANCY (Back Problems)

Back to back, but never touch the coccyx in pregnancy. While patient is lying down. If patient unable to lie on abdomen, then stand patient as in Figure 13, leaning forward hands on assistants shoulders.

Either in this position or prior to this with patient sitting on chair, go through the specific basic relaxation Moves 1 to 3, Figure 1.

Next, have patient stand, move down the edge of the sacrum on troubled side.

With patient standing, move the fibres of the anterior margin of the tensor fasciae lata, Figure 14, at the same time holding finger pressure lateral to the margin of the sacrum, Figure 14.

Repeat in seven days, if necessary.

If temperature of left kidney is hotter than right, nothing in this procedure can help, cause may be drugs.

Figure 14.



SIDE OF BREAST TENDER

If the side of the breast is tender, having checked problem is not pathological, move medially over the pectoralis major immediately above nipple, Figure 15, then Move 2 is to move laterally off the pectoralis major immediately below nipple on to a projection of the serratus anterior. That's all.

Repeat in seven days, if necessary.

Figure 15.



Figure 13.



The answer is simple, if you want something very badly, you can achieve it. It may take patience, time, hard work, a real struggle, and a long time, but it can be done.

RESUME

Paul Richard Saunders, PhD, ND, DHANP, CCH

Local

Practice

Current Positions:

Professor of Materia Medica and Clinical Medicine
 (Botanical and Homeopathic Medicine, and Pharmacology)
 Canadian College of Naturopathic Medicine

Beaumont Health System
 Senior Naturopathic Doctor
 Integrative Medicine Troy Hospital

Professor of Integrative Medicine
 Oakland University William Beaumont School of Medicine

Professor of Botanical Medicine, Clinical Medicine, and Intravenous Therapies
 National University of Health Sciences

Professor of Homeopathic Medicine
 Canadian College of Homeopathic Medicine 416-966-2350

Education:

- N.D. National College of Naturopathic Medicine, Portland, OR, June 1991
- N.D. Ontario (now Canadian) College of Naturopathic Medicine,
Toronto, ON, June 1990
- Ph.D. Duke University, Durham, NC, May 1979
Major: forest ecology, environmental management
- M.S. Purdue University, West Lafayette, IN, December 1972
Major: natural resource management, recreation management
Minor: glacial geology, North American Indian anthropology
- B.S. Purdue University, West Lafayette, IN, January 1972
Major: natural resource management
Minor: forestry, geology, molecular biology, wildlife
science

Naturopathic Thesis:

Homeopathic proving of *Acer saccharum* sap

Dissertation:

The vegetational impact of human disturbance on the spruce-fir
forests of the Southern Appalachian Mountains

Thesis:

Indiana natural, scenic and recreational stream system

Credentials:

- Diploma, North American Homeopathic Master Clinician
Two-Year Course, Toronto, ON, June 2001
- Diploma, Practitioner of Classical Homeopathy, Three Year
Dynamis School of Homeopathy, Toronto, ON, 1999
- Diplomat, Chelation Therapy, Great Lakes College of Clinical
Medicine (now International College of Integrative Medicine-- ICIM)

1998- present
 DHANP, Diplomate of the Homeopathic Academy of Naturopathic Physicians, Examination, June 1993
 CCH, Certified Classical Homeopath, American Council on Homeopathic Certification, June 1993
 Licensed Naturopathic Physician: Ontario #702, Oregon #763; 1991- present
 Licensed Naturopathic Physician: British Columbia, 1992-2018
 Residency: Portland, OR 1990-91; New Day Homeopathic Clinic
 Private practice in Dundas, Ontario 1991- present
 Certified Parenteral Therapy Instructor and Therapist, Ontario Board of Drugless Therapy: Naturopathy, 2002- 2015
 Parenteral Therapy Emergency Medicine Instructor for Ontario Board of Drugless Therapy: Naturopathy, 2008- 2009
 Parenteral Therapy Instructor, National University of Health Sciences, Lombard, IL: 2018- present

**Teaching
and Research
Experience**

2018 – Present, National University of Health Sciences
 Courses Taught: Botanical Medicine
 Intravenous Therapy for Naturopathic Doctors
 Clinical Supervision
 2001-2016 Lecturer, Canadian Memorial Chiropractic College, Toronto,
 Guest Lectures on Naturopathic Medicine; Intertwining of
 Chiropractic Medicine and Naturopathic Medicine; Naturopathic
 Clinical Practices
 2004-2020 Lecturer, University of Western Ontario, School of Medicine and Pharmacy, to
 Medical Students and Residents; Botanical Medicine; Herb Drug
 Interactions; Role of CAM in Medical Practice; Case Studies in
 Integrative Practice; Naturopathic Approaches to Clinical Cases
 1991- present, Canadian College of Naturopathic Medicine
 Courses taught: Homeopathic Medicine, Botanical Medicine,
 Advanced Botanical Medicine and Pharmacognosy,
 Clinical Botanical Medicine Prescribing
 Physical and Clinical Diagnosis, Differential Diagnosis,
 Laboratory Diagnosis
 Proctology, Cardiology, Parenteral Therapy, Venipuncture and
 Parenteral Therapy
 Naturopathic History and Philosophy, Dermatology
 Men's Health
 Clinical Supervisor, Clinical Extern Supervisor 2004-present
 Clinic Director 1991-1995
 Chief Naturopathic Medical Officer 1996-1998
 Associate Dean, Naturopathic Medical Affairs 1998-2000
 Chair of Materia Medica 2000-2003
 Professor of Materia Medica and Clinical Medicine 2000- present
 2008-present, McMaster University Physical Therapy and Occupational Therapy
 Graduate Program, Instructor: naturopathic medicine, botanical medicine
 2002- present, Mohawk College of Applied Arts and Technology Health
 Sciences, Phytotherapy Program, Hamilton, ON, Instructor:
 Naturopathy, Venipuncture, Clinical Herbalism, Phytochemistry
 1995- present, Canadian College of Homeopathic Medicine (formerly Toronto School of
 Homeopathic Medicine), Toronto, ON
 Instructor: Materia Medica, Pharmacognosy, Physical and Clinical
 Diagnosis, Physical Examination, Laboratory Diagnosis, Ethics and
 Jurisprudence, Oncology, Cardiology, Pediatrics
 1995- present, Dominion Herbal College, Toronto, ON
 Instructor: Botany, History and Philosophy
 1990-1991 National College of Naturopathic Medicine, Portland, OR, Interim
 Director of Research
 1990-1991 Marylhurst College, Portland, OR, Instructor, Biological Science

1981-1986 Washington State University, Pullman, WA, Associate Professor (tenured) and Program Leader, Department of Forest and Range Management
 1980 Summer Sabbatical Roosevelt National Forest and Pawnee National Grassland, USDA, Fort Collins; sabbatical leave to design data collection system for use patterns in national forests and grasslands
 1977-1981 Clemson University, Clemson, SC, Assistant Professor, College of Forestry and Recreation
 1974-1977 Duke University, Durham, NC, School of Forestry and Environmental Studies, Lecturer, Teaching and Research Assistant
 1973 Indiana University-Kokomo, IN, Instructor, Biology Department
 1973 Indiana University-Richmond, IN, Instructor, Geography Department

**Honors,
Memberships,
Committees:**

Sigma Xi, The Scientific Research Society, 1983- present
 Ontario Association of Naturopathic Doctors, 1991- present
 British Columbia Association of Naturopathic Physicians, 1992- present
 Canadian Association of Naturopathic Doctors, 1991- present; Government Affairs Committee 1997- present
 Institute for Naturopathic Education and Research, 1991- present
 Homeopathic Academy of Naturopathic Physicians, 1993- present
 Naturopathic Physicians Licensing Examination, Board Member- 1993-present, President 2001- present, Chair of Botanical Medicine 1993-present
 Journal of Naturopathic Medicine, Editorial Staff- 1992- present
 President's Award, Canadian Naturopathic Association- 1998
 Member, Medical Advisory Board, Canadian Association of Retired Persons, 1998- present
 Council on Naturopathic Medical Education, Professional Physician Board Member- 2000-2007
 Committee on Management, Therapeutic Products Programme, Health Protection Branch, Health Canada, 1996-2000
 Natural Health Products Transition Team, Health Protection Branch, Health Canada, 1999-2000
 Expert Advisory Committee, Natural Health Products Directorate, Health Protection Branch, Health Canada, 2000-2006
 Advisory Committee on Complementary and Alternative Health Care, Health Policy and Communication Branch, Health Canada, 2000-2001
 Product Advisory Committee, Natural Health Products, Health Canada, 2009-present
 Botanical Medicine Academy, Board Member, AANP; 1998- present
 International College of Integrated Medicine (formerly Great Lakes College of Clinical Medicine, Member 1998- present
 American College for the Advancement of Medicine, 2007-present
 Vice-Chair and Board Member, Toronto School of Homeopathic Medicine- 1999-2009
 Canada Arthritis Society, external grant reviewer, 2000-2002
 Sick Kids Foundation, External Grants Reviewer, 2002-present
 National Institutes of Health, National Center for Complementary and Alternative Medicine, external reviewer, 2001- present
 The Canadian Journal of Herbalism, Editor- 2000 – 2002
 Wellness Options, Editorial Advisory Board- 2000 – 2010
 Tyler Pioneer Award for Most Outstanding Graduate, National College of Naturopathic Medicine- 2002
 Expert Witness on Homeopathy, Botanical Medicine, Intravenous Therapy-Crown Attorney 2001-2002, 2007
 Ontario College of Veterinary Medicine- 1996
 Ontario College of Chiropractic- 1995
 Arbitrator 2007
 Naturopathic Medicine Submission Committee to Health Professional Review Advisory Committee, 1992-2009
 Ontario Association of Naturopathic Doctors- Naturopathic Doctor of the Year 1994, 2002

Ovarian Cancer Information Project Steering Committee, 2002 - 2004
 Advisory Committee on Naturopathic Medicine, Ministry of Health and Long Term Care, 2003
 Community Health Advisory Committee, Canadian Aids Treatment and Information Exchange, 2002- present
 Natural Health Products Research Society, founding board member, 2003 – 2007
 Society member 2003 - present
 Naturopathic Student Association Instructor and Mentor of the Year, Canadian College of Naturopathic Medicine 2003-2004
 Scientific Advisory Panel on Hepatotoxicity of Health Products, Health Canada, 2003 – present
 Citronella Scientific Review Panel, Pest Management Regulatory Agency, Health Canada, 2005-2006
 Homeo-Net: Homeopathic Research Network for Canada: Founding Board Member 2005 – 2015
 Canadian CAM Research Fund, External Reviewer 2006- present
 Canadian Memorial Chiropractic College Continuing Education Advisory Committee, 2008 - present
 International Journal of Naturopathic Medicine: member of Editorial Board, special areas: Botanical Medicine, Homeopathy, Elders Council; 2008-present
 Institute for Safe Medicine Practices Canada, Health Canada. Good Label and Package Practices Guide. Expert Panel Member 2012-2014.
 Journal for Restorative Medicine. Review Editor; 2013-Present; Botanical Monograph Editor; 2017-2018.
 Vital Link, CAND Journal. External Reviewer 2013 – present.
 Vital Link Editorial Award, Canadian Association of Naturopathic Doctors, Calgary, AB, June 27, 2015.
 Beacon Award: Exceptional Elder, Naturopathic Medical Student Association. August 28, 2015. San Diego, CA.
 Council for Homeopathic Certification. Member of Examination Team and Examination Reviewer, Item Writer for Entrance to Practice Examination 2015 – present
 World Naturopathic Federation, Member of Antimicrobial Resistance Scientific Committee, July 2018 - Present

Research:

High vs Low dose Ginseng in Pediatric Upper Respiratory Tract Infection, University Of Alberta and Sick Kids, 2005-2008. Co-Investigator as CAM Expert.
 Orthomolecular Treatment as an Add-on Therapy for Childhood Asthma, Sick Kid Foundation, 2005-2010; Co-Investigator as CAM Expert
 Homeo-Net: Homeopathic Research Network for Canada, Hecht Foundation. 2006-2014. Co-Investigator.
 Ontario Ginseng and Research Centre, Ontario Agriculture and Development Ministries and University of Western Ontario. 2007-2010. Co-Investigator.
 Naturopathic Medicine for the Treatment of Gastro-Esophageal Reflux Disease (GERD): An Open Labeled Prospective Case Series, Canadian College of Naturopathic Medicine. 2008-2009. Supervising Co-Investigator.
 A National Survey of Naturopathic Doctors Management of Patients with A/H1N1 Influenza and Its Complications in Primary Medical Care. 2009-2010 PI. Holistic Health Research Foundation.
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 World Naturopathic Federation, Research Committee, 2017-present; Rapid reviewer for
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1972 – 1985 Available upon request (approximately 75 publications)

**DISCIPLINE COMMITTEE OF
THE COLLEGE OF NATUROPATHS OF ONTARIO**

B E T W E E N:

This is Exhibit # 14
In CONO vs. Taras Rodak (DC18-01)
Date: May 18, 2021

COLLEGE OF NATUROPATHS OF ONTARIO

- and -

TARAS RODAK

JOINT SUBMISSION AS TO PENALTY AND COSTS

The College of Naturopaths of Ontario and Dr. Taras Rodak, ND (the "Registrant") agree and jointly submit that the Discipline Committee make an order:

1. Requiring the Registrant to appear before the panel to be reprimanded immediately following the hearing of this matter.
2. Directing the CEO to suspend the Registrant's certificate of registration for a period of four months, on a schedule to be set by the CEO, two (2) months of which shall be remitted if the Registrant complies with the provisions of paragraph 3(a) through 3(c) no later than August 30, 2021.
3. Directing the CEO to impose the following specified terms, conditions and limitations on the Registrant's certificate of registration, to be fulfilled at the Registrant's expense, to the satisfaction of the CEO, prior to October 31, 2021:

- a. Requirement that the Registrant unconditionally pass the PROBE ethics course;
 - b. Requirement that the Registrant successfully complete the College's jurisprudence course;
-
- c. Requirement that the Registrant successfully complete a naturopathic medicine records course approved by the CEO;
 - d. Requirement that the Registrant complete one meeting that is at least four hours in length with a Regulatory Expert, to be identified by the CEO, to review the issues that arose in this case, and up to two additional meetings of equal duration, the necessity of which will be determined by the Regulatory Expert; and
 - e. Requirement that the Registrant write an essay between 1,000 and 1,500 words in length, that is acceptable to the CEO, and provide it to the CEO, no later than one month from the date of the last meeting with the Regulatory Expert, that shall be published by the College at a time and in a format determined by the CEO, outlining what the Registrant learned as a result of his meeting(s) with the Regulatory Expert, and his unconditional pass/successful completion of the PROBE ethics, jurisprudence and naturopathic medicine courses.
4. For greater certainty, the Registrant's obligation to comply with the proposed terms, conditions and limitations on his certificate of registration contained in paragraph 3 is not relieved by serving the entire suspension referred to in paragraph 2 above.
5. The Registrant shall pay a fine of \$350 to the Minister of Finance within two months of the hearing of this matter.
6. The Registrant shall pay the College's costs fixed in the amount of \$5,000 payable on a schedule determined by the CEO.

7. The Registrant acknowledges that this Joint Submission as to Penalty and Costs is not binding upon the Discipline Committee.

8. The Registrant acknowledges and understands that he is executing this document voluntarily, unequivocally, free of duress, free of bribe, and that he has been advised of his right to seek legal advice.

ALL OF WHICH IS RESPECTFULLY SUBMITTED,

Signed this 7 day of MAY, 2021

Signed this 11th day of May, 2021



Dr. Taras Rodak, ND
Registrant



Andrew Parr, CAE
CEO, College of Naturopaths of Ontario

DISCIPLINE COMMITTEE OF THE
COLLEGE OF NATUROPATHS
OF ONTARIO

JOINT SUBMISSION AS TO PENALTY
AND COSTS

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Lawyers for the College of Naturopaths
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Letter of Completion

This is to certify that **Taras Rodak** has successfully completed:

Course: **Risk Reduction: Rethinking Recordkeeping for NDs**

Date: **March 22, 2021**

Time: **3 hours**

Instructor(s): **Dr. Sylvi Martin, ND**

Location: **CCNM**

Credits: **3 Category A (Jurisprudence)**

Thank you for your participation.

For more detailed information about the course, please refer to the continuing education section of the CCNM website (www.ccnm.edu)

Issued by the Continuing Education Department of the Canadian College of Naturopathic Medicine (CCNM)

This is Exhibit # 16
In CONO vs. Taras Rodak (DC18-01)
Date: May 18, 2021

The College of Naturopaths of Ontario

?

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Results

You have successfully completed this exam. The results have been forwarded to the College. You correctly answered 100 out of 105 questions for a final score of 95%. The passing score is 60%.

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**DISCIPLINE COMMITTEE OF
THE COLLEGE OF NATUROPATHS OF ONTARIO**

BETWEEN:

COLLEGE OF NATUROPATHS OF ONTARIO

- and -

TARAS RODAK

(DC18-01)

NOTICE OF WAIVER

The undersigned hereby waives all rights of appeal pursuant to section 70 of the *Health Professions Procedural Code* of the *Regulated Health Professions Act, 1991* with respect to the findings and the order of a reprimand made by the Discipline Committee of the College of Naturopaths of Ontario on May 18, 2021.

Dated at Toronto, Ontario this 14th day of May, 2021.

T. Rodak
TARAS RODAK

Norman W. Tomas
Witness
Name of Witness:

NORMAN W. TOMAS
BARRISTER AND SOLICITOR
954A ROYAL YORK ROAD
TORONTO, ONTARIO
M8X 2E5
(416) 233-5567