



The College of Naturopaths of Ontario

Study Group Guidelines

What is a Study Group?

A study group consists of a group of Naturopathic Doctors (NDs) or other health professionals who meet on a regular or one-time basis to discuss a selected naturopathy-related topic. The objective of a study group is to enhance clinical, practice management, and communication skills.

Participation in a study group may be used towards your Category B continuing education credit requirements, provided that it meets the criteria outlined below. Study group meetings must be at least 2 hours in length. You may claim 1 Continuing Education Credit (CEC) for each study group meeting, even if the meeting lasts longer than 2 hours. No more than 9 CE credits for study group meetings are permitted within each three-year CE cycle.

Criteria for Study Groups

1. Participation in a study group must be limited to between 3-8 NDs or health professionals, to allow for adequate participation and meaningful discussion.
2. At least one of the study group meeting participants should lead the discussion of the selected topic.
3. The discussion topic is relevant to the practice of naturopathic medicine in Ontario.
4. Study group meetings must be at least 2 hours in length.
5. One (1) CE credit may be claimed for each study group meeting, up to a maximum of 9 CECs in any three-year cycle.
6. Distance study groups, via teleconference or video conference are permitted.
7. Online discussion forums, group email discussions, etc., may not be counted towards your CE credit requirement.

Proof of Attendance

The following information must be retained in your professional portfolio in order to claim credits for participating in a study group:

- Date of meeting;
- Time of meeting;
- Duration;
- ½ page summary of the discussion; and
- List of participants in attendance.