| Step/Process | Required | Required Outcome/ Performance | Fees | Estimated Timeline |
|--|--|---|---|---|
| | Actions and | Standard | | |
| | Documents | | | |
| Pre-registration Application: Establishing identity with the College. | Complete the online Application for Pre- Registration form and submit with a copy of valid photo identification. | Form properly completed and submitted, including a copy of applicant's legal identification. | None. | 3-5 business days. |
| PLAR Eligibility Assessment: Education a) Assessment of education by 3 rd Party Credential Assessment agency or diploma/transcripts from a recognized North American post-secondary educational institute. | Education completed outside of North America: Submit all official diplomas, transcripts and any other documents required to one of the following credential evaluation agencies: • Comparative Education Services (CES); • International Credentials Assessment Service of Canada (ICASC); • Ministère de l'Immigration et des Communautés culturelles (MIFI); • International Qualifications Assessment Service (IQAS); • International Credential Evaluation Service (ICES); or • World Education Services (WES). | Submit proof of education¹: North America: 4-year undergraduate degree. International: equivalent to a minimum of a 4-year undergraduate degree. | \$200–\$300 depending on agency (fees paid directly to 3 rd party agency). | 7–10 business days after receipt of credential report or transcripts. Additional time may be needed by the College if additional verification is required. Credential assessments take 15 - 60 business days on average; credential assessment reports are generally received by the College within 5-15 business days of a request being made. |
| PLAR Eligibility Assessment: Language Proficiency b) Proof of language proficiency in either English or French. | Submit evidence of language proficiency in accordance with the College's Language Proficiency Policy. | Declare fluency in English or French AND provide proof of education showing language of instruction in English or French OR Submit results of a College-approved language test: CLB—8.0 on all skills, or equivalent: TOEFL iBT—Total score of 100 (including Home and Paper edition) with a minimum of 25 on all skills (listening, reading, writing and speaking). IELTS—level 7 on all skills (General). CAEL—minimum overall score of 70. CELPIP—level 8 on all skills (General). TEF (For French only)—minimum 233 in reading, 310 in speaking and writing, and 280 in listening. TCF (For French only)—minimum 499 in reading, 12 in speaking and writing, and 503 in listening. | \$200–\$300 if a language test is needed. Cost depending on the test (fees paid directly to 3 rd party institution). | 7–10 business days after receipt of evidence of language proficiency, or language test results directly from 3 rd party. Language test scoring takes 10-15 business days on average; test results are generally received by the College within 7-15 business days of a request being made. |

¹*Original transcript or certified copy. Degree must be in a healthcare discipline reasonably related to naturopathy.

| Stage 1: Paper-Based Assessment. | Fill out and submit the Documentation of Education and Experience (DEE) form. Copies of the DEE are available from application@collegeofnaturopaths.on.ca. Provide support documents (transcripts, course descriptions, work experience, etc. as per PLAR DEE Guide). | Substantial proof of relevant education through previous education programs and/or an acceptable combination of formal education and work experience (see detailed lists and descriptions of content areas and mandatory requirements in the PLAR DEE Guide). | \$300 + HST. | 2–3 months following receipt of all required documents and the fee. May take longer if additional verification or information is required. |
|---|--|---|----------------|--|
| Stage 2: PLAR Examination #1 (Ontario Biomedical). | Complete exam registration form (assesses need for exam accommodation, etc.). Pay exam fee. Write the exam. | Pass exam (minimum scaled score of 550 required). | \$450 + HST. | 2–6 months from notice of eligibility to sit PLAR Exam #1. (Two sessions offered annually, every 6 months). |
| Stage 3: PLAR Examination #2 (Ontario Clinical Sciences). | Complete exam registration form (assesses need for exam accommodation, etc.). Pay exam fee. Write the exam. | Pass exam (minimum scaled score of 550 required). | \$850 + HST. | 2–6 months from notice of successful completion of PLAR Exam #1. (Two sessions offered annually, every 6 months.) |
| Stage 4: Demonstration- based Component: a. Structured Panel Interview. | Participate in a 90-minute structured, entry- to-practise, competency-based interview with a panel of 3 PLAR assessor NDs (the Panel). One hour of preparation time provided prior to the panel interview. | Demonstrate a minimum of 75% of the assessed competencies (as determined by at least two of the three assessors). | \$450 + HST. | 2–3 months from notice of eligibility to participate in the Panel Interview. |
| Stage 5: Demonstration-based Assessment: b. Interaction with a Standardized Patient (3 stations). | Participate in three clinic scenarios with standardized patients (actors trained to act as patients) for a total of 3 hours. Delivered by a third-party agency in conjunction with the College of Naturopaths of Ontario (the College). No preparation required. | Demonstrate a minimum of 75% of the assessed competencies (as per competency evaluation metrics). | \$1,300 + HST. | 2–4 months from notice of eligibility to participate in interaction with a Standardized Patient following successful completion of the structured interview. |