

PLAR Program Timeline

Step/Process	Required Actions and Documents	Required Outcome/ Performance Standard	Fees	Estimated Timeline
Pre-registration Application: Establishing identity with the College.	Complete the online <a href="#">Application for Pre-Registration form</a> and submit with a copy of valid photo identification.	Form properly completed and submitted, including a copy of applicant's legal identification.	None.	3-5 business days.
<p><b>PLAR Eligibility Assessment: Education</b></p> <p><b>a) Assessment of education by 3<sup>rd</sup> Party Credential Assessment agency or diploma/transcripts from a recognized North American post-secondary educational institute.</b></p>	<p>Education completed outside of North America: Submit all official diplomas, transcripts and any other documents required to one of the following credential evaluation agencies:</p> <ul style="list-style-type: none"> <li>• <a href="#">Comparative Education Services</a> (CES);</li> <li>• <a href="#">International Credentials Assessment Service of Canada</a> (ICASC);</li> <li>• <a href="#">Ministère de l'Immigration et des Communautés culturelles</a> (MIFI);</li> <li>• <a href="#">International Qualifications Assessment Service</a> (IQAS);</li> <li>• <a href="#">International Credential Evaluation Service</a> (ICES); or</li> <li>• <a href="#">World Education Services</a> (WES).</li> </ul>	<p>Submit proof of education<sup>1</sup>:</p> <ul style="list-style-type: none"> <li>• North America: 4-year undergraduate degree.</li> <li>• International: equivalent to a minimum of a 4-year undergraduate degree.</li> </ul>	<p>\$200–\$300 depending on agency (fees paid directly to 3<sup>rd</sup> party agency).</p>	<p>7–10 business after receipt of credential report or transcripts.</p> <p>Additional time may be needed by the College if additional verification is required.</p> <p><i>Credential assessments take 15 - 60 business days on average; credential assessment reports are generally received by the College within 5-15 business days of a request being made.</i></p>
<p><b>PLAR Eligibility Assessment: Language Proficiency</b></p> <p><b>b) Proof of language proficiency in either English or French.</b></p>	<p>Submit evidence of language proficiency in accordance with the College's <a href="#">Language Proficiency Policy</a>.</p>	<p>Declare fluency in English or French AND provide proof of education showing language of instruction in English or French OR</p> <p>Submit results of a College-approved language test:</p> <p>CLB—8.0 on all skills, or <b>equivalent</b>:</p> <p>TOEFL iBT—Total score of 100 (including Home and Paper edition) with a minimum of 25 on all skills (listening, reading, writing and speaking).</p> <p>IELTS—level 7 on all skills.</p> <p>CAEL—minimum overall score of 70.</p> <p>TEF (For French only)—minimum 233 in reading, 310 in speaking and writing, and 280 in listening.</p>	<p>\$200–\$300 if a language test is needed.</p> <p>Cost depending on the test (fees paid directly to 3<sup>rd</sup> party institution).</p>	<p>7–10 business days after receipt of evidence of language proficiency, or language test results directly from 3<sup>rd</sup> party.</p> <p><i>Language test scoring takes 10-15 business days on average; test results are generally received by the College within 7-15 business days of a request being made.</i></p>

<sup>1</sup> \*Original transcript or certified copy. Degree must be in a healthcare discipline reasonably related to naturopathy.

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<b>Stage 1: Paper-Based Assessment.</b>	<ul style="list-style-type: none"> <li>• Fill out and submit the Documentation of Education and Experience (DEE) form. Copies of the DEE are available from <a href="mailto:application@collegeofnaturopaths.on.ca">application@collegeofnaturopaths.on.ca</a>.</li> <li>• Provide support documents (transcripts, course descriptions, work experience, etc. as per <a href="#">PLAR DEE Guide</a>).</li> </ul>	Substantial proof of relevant education through previous education programs and/or an acceptable combination of formal education and work experience (see detailed lists and descriptions of content areas and mandatory requirements in the <a href="#">PLAR DEE Guide</a> ).	\$300 + HST.	2–3 months following receipt of all required documents and the fee.  May take longer if additional verification or information is required.
<b>Stage 2: PLAR Examination #1 (<a href="#">Ontario Biomedical</a>).</b>	<ul style="list-style-type: none"> <li>• Complete exam registration form (assesses need for exam accommodation, etc.).</li> <li>• Pay exam fee.</li> <li>• Write the exam.</li> </ul>	Pass exam (minimum scaled score of 550 required).	\$450 + HST.	2–6 months from notice of eligibility to sit PLAR Exam #1.  (Two sessions offered annually, every 6 months).
<b>Stage 3: PLAR Examination #2 (<a href="#">Ontario Clinical Sciences</a>).</b>	<ul style="list-style-type: none"> <li>• Complete exam registration form (assesses need for exam accommodation, etc.).</li> <li>• Pay exam fee.</li> <li>• Write the exam.</li> </ul>	Pass exam (minimum scaled score of 550 required).	\$850 + HST.	2–6 months from notice of successful completion of PLAR Exam #1.  (Two sessions offered annually, every 6 months.)
<b>Stage 4: Demonstration-based Component:</b>  <b>a. Structured Panel Interview.</b>	Participate in a 90-minute structured, entry-to-practise, competency-based interview with a panel of 3 PLAR assessor NDs (the Panel). One hour of preparation time provided prior to the panel interview.	Demonstrate a minimum of 75% of the assessed competencies (as determined by at least two of the three assessors).	\$450 + HST.	2–3 months from notice of eligibility to participate in the Panel Interview.
<b>Stage 5: Demonstration-based Assessment:</b>  <b>b. Interaction with a Standardized Patient (3 stations).</b>	Participate in three clinic scenarios with standardized patients (actors trained to act as patients) for a total of 3 hours. Delivered by a third-party agency in conjunction with the College of Naturopaths of Ontario (the College). No preparation required.	Demonstrate a minimum of 75% of the assessed competencies (as per competency evaluation metrics).	\$1,300 + HST.	2–4 months from notice of eligibility to participate in interaction with a Standardized Patient following successful completion of the structured interview.