

RESUME

Paul Richard Saunders, PhD, ND, DHANP, CCH

Local

Practice

Current Positions:

Professor of Materia Medica and Clinical Medicine
(Botanical and Homeopathic Medicine, and Pharmacology)
Canadian College of Naturopathic Medicine

Beaumont Health System
Senior Naturopathic Doctor
Integrative Medicine Troy Hospital

Professor of Integrative Medicine
Oakland University William Beaumont School of Medicine

Professor of Botanical Medicine, Clinical Medicine, and Intravenous Therapies
National University of Health Sciences

Professor of Homeopathic Medicine
Canadian College of Homeopathic Medicine 416-966-2350

Education:

N.D. National College of Naturopathic Medicine, Portland, OR, June 1991
N.D. Ontario (now Canadian) College of Naturopathic Medicine,
Toronto, ON, June 1990
Ph.D. Duke University, Durham, NC, May 1979
Major: forest ecology, environmental management
M.S. Purdue University, West Lafayette, IN, December 1972
Major: natural resource management, recreation management
Minor: glacial geology, North American Indian anthropology
B.S. Purdue University, West Lafayette, IN, January 1972
Major: natural resource management
Minor: forestry, geology, molecular biology, wildlife
science

Naturopathic Thesis:

Homeopathic proving of *Acer saccharum* sap

Dissertation:

The vegetational impact of human disturbance on the spruce-fir
forests of the Southern Appalachian Mountains

Thesis:

Indiana natural, scenic and recreational stream system

Credentials:

Diploma, North American Homeopathic Master Clinician
Two-Year Course, Toronto, ON, June 2001
Diploma, Practitioner of Classical Homeopathy, Three Year
Dynamis School of Homeopathy, Toronto, ON, 1999
Diplomat, Chelation Therapy, Great Lakes College of Clinical
Medicine (now International College of Integrative Medicine-- ICIM)

1998- present
 DHANP, Diplomate of the Homeopathic Academy of Naturopathic Physicians, Examination, June 1993
 CCH, Certified Classical Homeopath, American Council on Homeopathic Certification, June 1993
 Licensed Naturopathic Physician: Ontario #702, Oregon #763; 1991- present
 Licensed Naturopathic Physician: British Columbia, 1992-2018
 Residency: Portland, OR 1990-91; New Day Homeopathic Clinic
 Private practice in Dundas, Ontario 1991- present
 Certified Parenteral Therapy Instructor and Therapist, Ontario Board of Drugless Therapy: Naturopathy, 2002- 2015
 Parenteral Therapy Emergency Medicine Instructor for Ontario Board of Drugless Therapy: Naturopathy, 2008- 2009
 Parenteral Therapy Instructor, National University of Health Sciences, Lombard, IL: 2018- present

Teaching and Research Experience

2018 – Present, National University of Health Sciences
 Courses Taught: Botanical Medicine
 Intravenous Therapy for Naturopathic Doctors
 Clinical Supervision
 2001-2016 Lecturer, Canadian Memorial Chiropractic College, Toronto,
 Guest Lectures on Naturopathic Medicine; Intertwining of Chiropractic Medicine and Naturopathic Medicine; Naturopathic Clinical Practices
 2004-2020 Lecturer, University of Western Ontario, School of Medicine and Pharmacy, to Medical Students and Residents; Botanical Medicine; Herb Drug Interactions; Role of CAM in Medical Practice; Case Studies in Integrative Practice; Naturopathic Approaches to Clinical Cases
 1991- present, Canadian College of Naturopathic Medicine
 Courses taught: Homeopathic Medicine, Botanical Medicine, Advanced Botanical Medicine and Pharmacognosy, Clinical Botanical Medicine Prescribing
 Physical and Clinical Diagnosis, Differential Diagnosis, Laboratory Diagnosis
 Proctology, Cardiology, Parenteral Therapy, Venipuncture and Parenteral Therapy
 Naturopathic History and Philosophy, Dermatology
 Men's Health
 Clinical Supervisor, Clinical Extern Supervisor 2004-present
 Clinic Director 1991-1995
 Chief Naturopathic Medical Officer 1996-1998
 Associate Dean, Naturopathic Medical Affairs 1998-2000
 Chair of Materia Medica 2000-2003
 Professor of Materia Medica and Clinical Medicine 2000- present
 2008-present, McMaster University Physical Therapy and Occupational Therapy Graduate Program, Instructor: naturopathic medicine, botanical medicine
 2002- present, Mohawk College of Applied Arts and Technology Health Sciences, Phytotherapy Program, Hamilton, ON, Instructor: Naturopathy, Venipuncture, Clinical Herbalism, Phytochemistry
 1995- present, Canadian College of Homeopathic Medicine (formerly Toronto School of Homeopathic Medicine), Toronto, ON
 Instructor: Materia Medica, Pharmacognosy, Physical and Clinical Diagnosis, Physical Examination, Laboratory Diagnosis, Ethics and Jurisprudence, Oncology, Cardiology, Pediatrics
 1995- present, Dominion Herbal College, Toronto, ON
 Instructor: Botany, History and Philosophy
 1990-1991 National College of Naturopathic Medicine, Portland, OR, Interim Director of Research
 1990-1991 Marylhurst College, Portland, OR, Instructor, Biological Science

1981-1986 Washington State University, Pullman, WA, Associate Professor (tenured) and Program Leader, Department of Forest and Range Management
1980 Summer Sabbatical Roosevelt National Forest and Pawnee National Grassland, USDA, Fort Collins; sabbatical leave to design data collection system for use patterns in national forests and grasslands
1977-1981 Clemson University, Clemson, SC, Assistant Professor, College of Forestry and Recreation
1974-1977 Duke University, Durham, NC, School of Forestry and Environmental Studies, Lecturer, Teaching and Research Assistant
1973 Indiana University-Kokomo, IN, Instructor, Biology Department
1973 Indiana University-Richmond, IN, Instructor, Geography Department

**Honors,
Memberships,
Committees:**

Sigma Xi, The Scientific Research Society, 1983- present
Ontario Association of Naturopathic Doctors, 1991- present
British Columbia Association of Naturopathic Physicians, 1992- present
Canadian Association of Naturopathic Doctors, 1991- present; Government Affairs Committee 1997- present
Institute for Naturopathic Education and Research, 1991- present
Homeopathic Academy of Naturopathic Physicians, 1993- present
Naturopathic Physicians Licensing Examination, Board Member- 1993-present, President 2001- present, Chair of Botanical Medicine 1993-present
Journal of Naturopathic Medicine, Editorial Staff- 1992- present
President's Award, Canadian Naturopathic Association- 1998
Member, Medical Advisory Board, Canadian Association of Retired Persons, 1998- present
Council on Naturopathic Medical Education, Professional Physician Board Member- 2000-2007
Committee on Management, Therapeutic Products Programme, Health Protection Branch, Health Canada, 1996-2000
Natural Health Products Transition Team, Health Protection Branch, Health Canada, 1999-2000
Expert Advisory Committee, Natural Health Products Directorate, Health Protection Branch, Health Canada, 2000-2006
Advisory Committee on Complementary and Alternative Health Care, Health Policy and Communication Branch, Health Canada, 2000-2001
Product Advisory Committee, Natural Health Products, Health Canada, 2009-present
Botanical Medicine Academy, Board Member, AANP; 1998- present
International College of Integrated Medicine (formerly Great Lakes College of Clinical Medicine, Member 1998- present
American College for the Advancement of Medicine, 2007-present
Vice-Chair and Board Member, Toronto School of Homeopathic Medicine- 1999-2009
Canada Arthritis Society, external grant reviewer, 2000-2002
Sick Kids Foundation, External Grants Reviewer, 2002-present
National Institutes of Health, National Center for Complementary and Alternative Medicine, external reviewer, 2001- present
The Canadian Journal of Herbalism, Editor- 2000 – 2002
Wellness Options, Editorial Advisory Board- 2000 – 2010
Tyler Pioneer Award for Most Outstanding Graduate, National College of Naturopathic Medicine- 2002
Expert Witness on Homeopathy, Botanical Medicine, Intravenous Therapy-Crown Attorney 2001-2002, 2007
Ontario College of Veterinary Medicine- 1996
Ontario College of Chiropractic- 1995
Arbitrator 2007
Naturopathic Medicine Submission Committee to Health Professional Review Advisory Committee, 1992-2009
Ontario Association of Naturopathic Doctors- Naturopathic Doctor of the Year 1994, 2002

Ovarian Cancer Information Project Steering Committee, 2002 - 2004
 Advisory Committee on Naturopathic Medicine, Ministry of Health and Long Term Care, 2003
 Community Health Advisory Committee, Canadian Aids Treatment and Information Exchange, 2002- present
 Natural Health Products Research Society, founding board member, 2003 – 2007
 Society member 2003 - present
 Naturopathic Student Association Instructor and Mentor of the Year, Canadian College of Naturopathic Medicine 2003-2004
 Scientific Advisory Panel on Hepatotoxicity of Health Products, Health Canada, 2003 – present
 Citronella Scientific Review Panel, Pest Management Regulatory Agency, Health Canada, 2005-2006
 Homeo-Net: Homeopathic Research Network for Canada: Founding Board Member 2005 – 2015
 Canadian CAM Research Fund, External Reviewer 2006- present
 Canadian Memorial Chiropractic College Continuing Education Advisory Committee, 2008 - present
 International Journal of Naturopathic Medicine: member of Editorial Board, special areas: Botanical Medicine, Homeopathy, Elders Council; 2008-present
 Institute for Safe Medicine Practices Canada, Health Canada. Good Label and Package Practices Guide. Expert Panel Member 2012-2014.
 Journal for Restorative Medicine. Review Editor; 2013-Present; Botanical Monograph Editor; 2017-2018.
 Vital Link, CAND Journal. External Reviewer 2013 – present.
 Vital Link Editorial Award, Canadian Association of Naturopathic Doctors, Calgary, AB, June 27, 2015.
 Beacon Award: Exceptional Elder, Naturopathic Medical Student Association. August 28, 2015. San Diego, CA.
 Council for Homeopathic Certification. Member of Examination Team and Examination Reviewer, Item Writer for Entrance to Practice Examination 2015 – present
 World Naturopathic Federation, Member of Antimicrobial Resistance Scientific Committee, July 2018 - Present

Research:

High vs Low dose Ginseng in Pediatric Upper Respiratory Tract Infection, University Of Alberta and Sick Kids, 2005-2008. Co-Investigator as CAM Expert.
 Orthomolecular Treatment as an Add-on Therapy for Childhood Asthma, Sick Kid Foundation, 2005-2010; Co-Investigator as CAM Expert
 Homeo-Net: Homeopathic Research Network for Canada, Hecht Foundation. 2006-2014. Co-Investigator.
 Ontario Ginseng and Research Centre, Ontario Agriculture and Development Ministries and University of Western Ontario. 2007-2010. Co-Investigator.
 Naturopathic Medicine for the Treatment of Gastro-Esophageal Reflux Disease (GERD): An Open Labeled Prospective Case Series, Canadian College of Naturopathic Medicine. 2008-2009. Supervising Co-Investigator.
 A National Survey of Naturopathic Doctors Management of Patients with A/H1N1 Influenza and Its Complications in Primary Medical Care. 2009-2010 PI. Holistic Health Research Foundation.
 A Multi-National Survey of Homeopathic Management of Patients with A/H1N1 Influenza and Its Complications in Primary Medical Care: Canada. 2009-2010. Holistic Health Research Foundation and Homeopathic Research Network of Canada.
 Benchmarking Homeopathic Practitioners across Canada. E. Bonilla and PR Saunders. Canadian College of Homeopathic Medicine. 2011-2012.
 Role of Gut Microbiome in Metabolic Syndrome and Obesity; Polina Kapoustina, and PR Saunders; Canadian College of Naturopathic Medicine, NDNR; 2013-2015
 Obstructive Sleep Apnea versus Central Nervous System Sleep Apnea: Survey, Homeopathic Medicines, Clinical Recommendations. F Ho. and PR Saunders. Canadian College of Homeopathic Medicine. 2016-2017.
 Survey of Naturopathic IV Therapy Practitioners in Ontario: Effects of CONO Regulations. Iva Lloyd and PR Saunders. CAND. 2014-2017.

Homeopathic Treatment of Cancer: Multiple Myeloma Case Studies.
2014-Present. PR Saunders. CCNM and CCHM. 2014-Present.
Castor Oil: Homeopathic vs Botanical Indications for Clinical Practice. Prahlow TJ and PR
Saunders. Canadian College of Homeopathic Medicine. 2018-2019.
World Naturopathic Federation, Research Committee, 2017-present; Rapid reviewer for
Covid-19 2020-present
Hahnemann and Vithoukias: Materia Medica Comparisons of Polycrest Medicines; Brett
Harris and PR Saunders, Canadian College of Homeopathic Medicine, 2019 –
present

PUBLICATIONS

2020

- Lloyd I, Saunders PR, Hausser T, Casteleijn D. 2020. Novel Coronavirus (2019-nCoV). World Naturopathic Federation. Toronto, ON. 5 p.
- Lloyd I, Saunders PR, Hausser T, Casteleijn D. 2020. Novel coronavirus (2019-nCoV) Supportive Care: respiratory. World Naturopathic Federation. Toronto, ON. 3p.
- Saunders, PR. 2020. Autoimmune: naturopathic approaches. Autoimmunity: Clinical Approaches to Multi-System Diseases. National University of Health Sciences 3rd PostGrad Concurrence. Lombard, IL. February 22-23, 2020. 34p.
- Moore P, Saunders PR. 2020. *Arum palaestinum*: science and experiences of one year. OncANP Naturopathic Oncology Conference. February 28-March 1, 2020. Fort McDowell, AZ. 6p.
- Harris B, Saunders PR. 2020. Different health professional's uses of strontium: a narrative review. CCNM Research Day Presentation. Toronto, ON.
- Saunders PR. 2020. Ultra-processed food consumption and mortality: a prospective study looks at mortality and obesity risks. Natural Medicine Journal. 12(4):1-7.
- Lloyd, I, Saunders PR. 2020. Overview of current research: CoVID-2019. World Naturopathic Federation. Toronto, ON 4p.
- Lloyd I, Bradley R, Lescheid D, Saunders, PR, Wardle J. 2020. Naturopathic contribution in the combined effort to control COVID-19. Traditional, Complementary and Integrative Unit Meeting of the World Health Organization. March 30, 2020. Online, Geneva, Switzerland.
- Saunders PR. 2020. Botanical medicine: Annual research review 2020. 35th Annual AANP Conference. 28p.
- Saunders, PR. 2020. Coca (>85%) improves walking distance in those with peripheral artery disease: review of cocoa research and findings. Natural Medicine Journal. 12(6):1-9.
- Saunders, PR. 2020. Western-style diet: short-term exposure trial impairs neurocognitive hippocampus function. Natural Medicine Journal. Submitted.
- Saunders, PR. 2020. Vitamin C: Possible treatment for critically ill ventilated patients. Natural Medicine Journal. Submitted.
- Saunders, PR. 2020. Acute prescribing: recent clinical homeopathy cases. CCNM-CCHM Homeopathy Club Lecture Series. May 28, 2020. 10p.
- Acoin M, Cooley, K, Saunders PR, Cardozo V, Cramer H, Abad CN, Hannon N. 2020. The effect of quercetin on the prevention and treatment of COVID-19 and other respiratory tract infections in humans: a rapid review. World Naturopathic Federation, Advances in Integrative Medicine, Volume 7.
- Acoin M, Cooley, K, Saunders PR, Cardozo V, Hannon N. 2020. The effect of *Echinacea* spp. on the prevention and treatment of COVID-19 and other respiratory tract infections in humans: a rapid review. World Naturopathic Federation. Advances in Integrative Medicine. Volume 7.
- Saunders, PR. 2020. Ancient herbs: potential cancer treatment in a new clinical trial. Townsend Letter. 445/446:34-35.
- Lloyd I, Saunders PR. 2020. Laboratory testing: pre- and post-Covid-19. June 17. World Naturopathic Federation. 9p.
- Lloyd I, Saunders PR. 2020. Assessing for co-morbidities and factors that may affect a patient's Response to COVID-19. Vital Link, Submitted.

2019

- Saunders, PR. 2019. Entheogenic botanicals: an overview within naturopathic medicine. Arizona Psychedelic Conference, Tempe, AZ. February 8-10, 2019. Tempe, Arizona. 11p.
- Proefrock K, Saunders PR, 2019. Are psychedelics part of naturopathic medicine? Arizona Psychedelic Conference, Tempe, AZ. February 8-10, 2019. Tempe, Arizona. 10p.
- Saunders, PR. 2019. Botanicals and cancer: promising herbs and clinical trials. OncANP Annual Conference, San Diego, California. February 15-17, 20-19. 14p.
- Saunders, PR. 2019. Lyme disease and associated conditions: advanced prescribing. Lyme Literacy for Naturopathic Doctors. Collaborative Continuing Education, Vancouver, British Columbia. March 2, 2019.
- Saunders, PR. 2019. Early-life alcohol consumption and high-grade prostate cancer: Is there an association? *Natural Medicine Journal*.11(3):1-6.
- Saunders, PR and Anderson P 2019. IV-C: Part I: Research update. Canadian College of Naturopathic Medicine, Continuing Education Parenteral Course. March 10, 2019. 13p.
- Anderson P and Saunders PR. 2019. Parenteral therapy update Part 2: Customizing IVs. Canadian College of Naturopathic Medicine, Continuing Education Parenteral Course. March 10, 2019. 20p.
- Saunders PR. 2019. Physician assurance reduces patient symptoms: Placebo effect or meaningful response? *Natural Medicine Journal*. 11(7):1-5.
- Saunders PR. 2019. Introduction to homeopathic and botanical medicine for health care providers. Beaumont Faculty Scholar Program. Troy, Michigan. April 12, 2019. 30p.
- Lloyd I, Saunders PR. 2019. IV Therapy practice by NDs in Ontario: a short survey. Michigan Integrative Medicine Conference Proceedings. Beaumont Troy, Michigan. May 17-18, 2019.
- Saunders, PR. 2019. Pernicious anemia: two cases. *Matrix Minutes*. July. 6p.
- Saunders, PR. 2019. Blueberries for knee osteoarthritis: another indication? *Natural Medicine Journal*.11(8):1-6.
- Yarnell E, Saunders, PR. 2019. Botanical Medicine: Research Update 2019. 34th Annual American Association of Naturopathic Physicians Conference, Portland OR. August 14-18, 2019. 19p.
- Saunders PR. 2019. Escharotic treatment: cases from naturopathic medical practice. 34th Annual American Association of Naturopathic Physicians Conference, Portland OR. August 14-18, 2019. 1p.
- Saunders, PR. 2019. Blueberries improve cardio-metabolic function. *Natural Medicine Journal*. 11(9):1-6.
- Saunders, PR. 2019. Esophageal cancer: treatment with radiation, oral vitamin C, chemotherapy and the effects on inflammatory markers. *Natural Medicine Journal*. 11(10):1-6.
- Saunders. PR. 2019. *Nigella sativa* dissolves small renal liths: ground seed may help treat renal liths. *Natural Medicine Journal*.11(12):1-6.
- 2018**
- Saunders, PR. 2018. Cancer treatment: is there a role for homeopathy? *Natural Health Products Research Society*. 15th Annual Conference. Guelph, ON. May 14-17, 2018. 4p.
- Saunders, PR. 2018. Bioavailable curcumin for rheumatoid arthritis: a randomized controlled trial. *Natural Medicine Journal*.10(5):1-5.
- Saunders, PR. 2018. Acupuncture at CV-12 for type 2 diabetes. *Natural Medicine Journal*. 10(3):1-3.
- Saunders, PR, Barlow, K. 2018. Principles and practice of naturopathic botanical medicine. Revised Edition. CCNM Press. Submitted.
- Saunders. PR. 2018. Homeopathic medicine for treatment of multiple myeloma---clinical cases. 7th Oncology Association of Naturopathic Physicians Conference. Phoenix, AZ. February 16-18,2018.
- Saunders PR. 2018. Protomorphogens and laboratories: a clinical perspective. Back to Basics. Alberta Naturopathic Association Conference, Calgary, AB June 15-16. 31p.
- Saunders PR. 2018. Scope of practice: the determinants of possible change. *Vital Link*. 2018. 24(3):9-11.
- Saunders, PR.2018. Botanical Medicine Research Update. 33rd Annual American Association of Naturopathic Physicians Conference. San Diego, CA. July 11-14, 2018. 28p.
- Saunders, PR. 2018. Caffeine, CYP1A2 and athletic performance: a review of clinical trials. *Natural Medicine Journal*. 10(6):1-5.
- Saunders, PR. 2018. Epigallocatechin-3-gallate and facial dysmorphology in trisomy-21. *Natural Medicine Journal*. 10(8):1-6.
- Saunders PR. 2018. Nanocurcumin and riluzole for amyotrophic lateral sclerosis: a pilot

- randomized clinical trial. *Natural Medicine Journal*. 10(9):1-12.
- Saunders, PR. 2018. Expectations and placebo effect in allergic rhinitis: a randomized controlled trial. *Natural Medicine Journal*. 10(10):1-6.
- Saunders, PR. 2018. Lyme and related conditions: botanical of clinical significance. ILADS Conference. Chicago, IL. November 1-4,2018. 10p.
- 2017**
- Lloyd, I, Saunders PR. 2017. IV Therapy Survey: Ontario Naturopathic Doctors. 6th OncANP Conference, Tempe, AZ. February 17-19, 2017. Proceedings.
- Armstrong, Hallie, Saunders, PR. 2017. Homeopathic Medicine: an introduction. Faculty Scholars Program, Beaumont Health System. Troy, MI. April 21, 2017. 7p.
- Saunders, PR. 2017. Botanical medicine for clinical practice. Faculty Scholars Program, Beaumont Health System. Troy, MI. April 21, 2017. 7p.
- Crowder, Michelle, McDonald Jim, Saunders, PR. 2017. Herb Walk, Faculty Scholars Program, Beaumont Health System. Troy, MI. April 21, 2017.
- Crowder, Michelle, McDonald Jim, Saunders, PR. 2017. Panel Presentation on Botanical and Homeopathic Medicine in Clinical Practice with Question and Answer. Faculty Scholars Program, Beaumont Health System. Troy, MI. April 21, 2017.
- Saunders, PR. 2017. Botanical medicine research review. 32nd Annual American Association of Naturopathic Physician Conference. Biltmore Phoenix, AZ. July 12-15, 2017. Proceedings. 22p.
- Saunders, PR. 2017. Do B vitamins cause lung cancer? *Natural Medicine Journal*. 9(111):14-16.
- 2016**
- Saunders, PR. 2016. Adrenal fatigue: botanical treatments and literature review. Association for Advancement of Restorative Medicine. Toronto, ON. January 29-31, 2016. pp.161-169.
- Saunders, PR. 2016. Botanical medicine. review of recent research. Association for Advancement of Restorative Medicine. Toronto, ON. January 29-31,2016. 19p.
- Saunders, PR. 2016. NPLEX and NABNE: A Brief Introduction. Testimony to the Michigan Legislature. April 19, 2016. 3p.
- Saunders, PR. 2016. Perinatal medicine: research review. Integrative Approaches to Perinatal Care. Toronto, ON. April 23-24, 2016. 11p.
- Saunders, PR., Biswas, K.2016. Useful IV Therapies and Demonstration. Restorative Medicine Regional Conference. June 17-19. University of British Columbia, Vancouver, BC. Proceedings. 6p.
- Saunders, PR. 2016. Monday morning IV therapy guide. Restorative Medicine Regional Conference. June 17-19. University of British Columbia. Vancouver, BC. Proceedings. 1p.
- Saunders, PR. 2016. Botanical medicine research review. 31st Annual American Association of Naturopathic Physicians Conference. Snowbird, UT. July 28-30. Proceedings. 16p.
- Saunders, PR. 2016. Useful IV Therapies. 14th Annual Restorative Medicine Conference. Hilton Head, SC. September 14-17. Proceedings. 18p.
- Saunders, PR. 2016. IBS and probiotic treatment in pediatric patients. *Natural Medicine Journal*. 8(91):26-28.
- O'Reilly, S, Chen M, Johnson M, Saunders PR. 2016. Response to Health Canada Natural and Non-prescription Products Directorate on changing natural health products regulations. Canadian Association of Naturopathic Doctors, Toronto, ON. 9 p.
- 2015**
- Saunders, PR. 2015. Naturopathic medicine: 25 years of change. IN Health Fusion, CAND, Calgary, AB. June 26-28, 2015. 17p.
- Saunders, PR. 2015. Botanical tour of Norway and Scotland. IN Health Fusion, CAND, Calgary, AB. June 26-28, 2015. 13p.
- Lloyd, I and Saunders PR. 2015. IV therapy practice in Ontario: a short survey. IN Health Fusion, CAND, Calgary, AB. 1p.
- Hardy, M and Saunders PR. 2015. Natural health products for public use. IN Natural Health Products Research Conference, London, ON. August 14-17, 2015. 7p.
- Saunders, PR. 2015. Intravenous infusion therapy: research update. BRB CE Group. Station Creek, Gomey, ON. September 11, 2015. 34p.
- Saunders, PR. 2015. Botanical medicines for mental health: review of current literature. IN OAND Annual Conference, Toronto, ON. September 25-27, 2015. 26p.

- Saunders, PR. 2015. Pharmacology for Ontario Homeopaths. Canadian College of Homeopathic Medicine, Toronto, ON. September 12-13, 2015. 138p.
- Saunders, PR. 2015. Laboratory Diagnosis for Ontario Homeopaths. Canadian College of Homeopathic Medicine, ON. November 7-8, 2015. 15p.
- Saunders, PR. 2015. Curcumin and premenstrual syndrome: building on evidence of mental-emotional effects of *Curcuma longa*. Natural Medicine Journal. 7(12):1-4.
- Saunders, PR. 2015. Vitamin D: research on dosing. IN Journal Club, Beaumont Integrative Medicine, Troy, MI. December 14, 2015. 16p.
- Kapoustina P and Saunders PRT. 2015. The role of gut microbiome in metabolic syndrome. Naturopathic Doctors News and Review. 3p.
- Saunders, PR. 2015. Columbia river basin. Sage Ecology Series. IN PRESS.
- Saunders, PR. 2015. Vitamins and cancer. IN The SAGE Encyclopedia of Cancer and Society. Colditz, GA. Ed.
- Saunders, PR. 2015. Alternative therapy: pharmacological and biological treatment. IN The SAGE Encyclopedia of Cancer and Society. Colditz, GA. Ed.

- 2014** Lloyd, I and Saunders, PR. 2014. Laboratory testing in naturopathic medical practice. to Transition Council of Ontario, Naturopathy. Toronto, ON January 8, 2014. 4p.
- Lloyd, I and Saunders, PR. 2014. Submission on health scenarios for ND laboratory diagnosis to Transition Council of Ontario, Naturopathy. Toronto, ON. January 10, 2014. 24p.
- Green, J, Saunders PR. 2014. Homeopathy in cancer care. 3rd OncANP Conference Proceedings. Phoenix, AZ. February 14-16, 2014. 15p.
- Green, J, Saunders PR. 2014. Homeopathy for cancer: quick reference summary. OncANP Conference Proceedings, Phoenix, AZ. February 14-16, 2014. 4p.
- Saunders, PR. 2014. Pharmacy and naturopathic medicine: our roots and the future. Vital Link. 21(1):1-4.
- Saunders, PR. 2014. Intravenous therapy in Ontario: Probable new standards. CCNM Continuing Education Program. Toronto, ON. April 5, 2014. 25p.
- Saunders, PR. 2014. IV-C research update. CCNM Continuing Education Program. April 5, 2014. 38p.
- Saunders, PR. 2014. Pharmacology for Ontario Homeopaths. Canadian College of Homeopathic Medicine, Toronto, ON. May 10-11, 2014. 300p.
- Saunders, PR. 2014. Herbal medicine for managing mental illnesses. Association for Advancement of Restorative Medicine. Dundas, ON. June 18, 2014. 22p.
- Saunders, PR. 2014. Botanical medicine intravenously: When is intravenous administration of herbal formulas preferred? Association for Advancement of Restorative Medicine. Dundas, ON, July 16, 2014. 28p.
- Saunders, PR. 2014. Botanical medicine update: 2013-2014. American Association of Naturopathic Physicians 29th Annual Conference, Biltmore, Phoenix, AZ, August 6-9, 2014. Proceedings.
- Parsons, D, Lloyd, I, Saunders, PR, Baron, RA, Frosina, M, Marsden, E, Reid, M, Shah, R, Arseneau, L and Langille, C. 2014. Submission on TC-CONO's proposed IVIT inspection regulations. OAND, Toronto, ON. 34p.
- Saunders, PR. 2014. Botanical medicine for mental dis-ease and conditions. BRB CE Group. Station Creek, Gornley, ON. Nov 1, 2014. 31p.
- Saunders, PR. 2014. Homeopathic treatment of multiple myeloma: clinical cases. IN-CAM, Homeopathy Interest Group, Calgary, ON. Nov 6-8, 2014. 7p.
- Saunders, PR. 2014. Patients with cancer: some treatment options. Integrative Medicine, Beaumont Health System Troy, Sterling Heights. Dec 8, 2014. 6p.

- 2013** Lloyd, I, Saunders, PR, Marsden E, and Stauffert, K. 2013. Point of care testing and collecting clinical samples to Transition Council of Ontario, Naturopathy. Toronto, ON. December 2013. 8p.
- Lloyd, I and Saunders, PR. 2013. Submission on laboratory investigations in naturopathic medicine to Transition Council of Ontario, Naturopathy. Toronto, ON. September 2013. 200p.
- O'Reilly S and Saunders PR. 2013. Submission on parenteral therapy to Transition Council of Ontario, Naturopathy. Toronto, ON. April 2013. 6p.
- Saunders, PR. 2013. Herb walk: Local ecology, local plants, and medical constituents.

- AANP 28th Annual Conference, Keystone, CO. July 10-13. Proceedings.
- Saunders, PR. 2013. Herb walk: Regional geology and local plant communities. AANP 28th Annual Conference, Keystone, CO. July 10-13. Proceedings.
- Saunders, PR. 2013. Botanical medicine update: 2012-2013. AANP 28th Annual Conference, Keystone, CO. July 10-13. Proceedings. 24p.
- Stansbury, J, PR Saunders, and D Winston. 2013. The calming action of *Anemone pulsatilla*, *Nepeta* and *Rauvolfia*. *Journal of Restorative Medicine*. 2:1-4.
- Stansbury, J, PR Saunders, and D Winston. 2013. Phytoestrogens: recent findings and safety in hormone based conditions. *Journal of Restorative Medicine*. 2:1-7.
- Stansbury, J, PR Saunders, and ER Zampieron. 2013. The use of *Lobelia* in the treatment of asthma and respiratory illness. *Journal of Restorative Medicine*. 2:1-8.

2012

- Saunders, PR. 2012. Botanical medicine update: research review from 2011. CCNM Continuing Education Weekend. North York, ON. January 14, 2011. 20p.
- CAM Review Committee. 2012. Living with HIV and Hepatitis C Co-infection. CATIE, Toronto, ON. 17p.
- Saunders, PR. 2012. Inflammatory bowel disease: naturopathic medical approaches. Niagara Chapter, Crohn's and Colitis Foundations of Canada. St. Catherine, ON. March 8, 2012.
- Saunders, PR. 2012. Herb contraindications and drug interactions 4th Ed. *International Journal of Naturopathic Medicine*. Submitted.
- Saunders, PR. 2012. Herbal Medicine from the Earth, 2nd Ed. *International Journal of Naturopathic Medicine*. Submitted.
- Saunders, PR. 2012. Clinical perspective on priority medicinal herbs for future R & D. Cultivating Natural Bioactives: An International Conference. July 9-11, 2012. London, ON. 6p.
- Coates, PM, Burton J, Alton-Mackey M, and Saunders PR. 2012. Natural health product regulation panel: Canada and United States Comparisons. Natural Bioactives: An International Conference. July 9-11, 2012. London, ON.
- Saunders, PR. 2012. Botanical medicine update: 2011-2012. American Association of Naturopathic Physicians 27th Convention. Bellevue, WA. August 15-18. 6p.
- Saunders, PR. 2012. Auto-Immune Conditions: Important concepts for clinical practice. Nova Scotia Association of Naturopathic Doctors, Halifax, NS. Sept 21-23, 2012. pp. 91-99.
- Saunders, PR. 2012. Naturopathic medicine: options for rheumatology patients. Rheumatology Education Day, Sick Kids Hospital, Toronto, ON. 4p.
- Bonilla, E and PR Saunders. 2012. Homeopathic practice in Canada: A Baseline 2011. 4th Homeo-Net Research Forum, 7th IN-CAM Conference, Toronto, ON. Nov. 2, 2012. 5p.
- Saunders, PR. 2012. Managing your wellness during the cold and flu season: nutrition, vitamins, herbs and homeopathy. 7th IN-CAM Research Conference. Toronto, ON. Nov 2-4, 2012. 6p.
- Saunders, PR. 2012. Female Fertility/Infertility: botanical medicine. BRB Continuing Education Group, Station Creek, Gornley, ON. November 3-4, 2012. 24p.

2011

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