

PLAR Program Timeline

Step/Process	Required Actions and Documents	Required Outcome/ Performance Standard	Fees	Estimated Timeline
Pre-Registration Application: Establishing identity with the College.	Fill out the Pre-Registration Application , and submit with a copy of valid, photo identification.	Form properly completed and submitted, including a copy of applicant’s legal identification.	None.	3-5 business days.
PLAR Eligibility Assessment: education a) Assessment of education by 3rd Party Credential Assessment Agency or diploma/transcripts from recognised North American post-secondary educational institute.	Education completed outside of North America: Submit all official diplomas, transcripts and any other documents required to one of the following credential evaluation agencies: <ul style="list-style-type: none"> • World Education Services (WES); • International Credentials Assessment Service of Canada (ICASC); or • International Credential Evaluation Service (ICES). 	Submit proof of education ¹ : <ul style="list-style-type: none"> • North America: 4-year undergraduate degree. • International: equivalent to a minimum of a 4-year undergraduate degree. (NOTE: course-by-course assessment optional but not required).	\$200–\$300 depending on agency (fees paid directly to 3 rd party agency).	7–10 business after receipt of report or transcripts. Additional time may be needed if additional verification is required.
PLAR Eligibility Assessment: language proficiency b) Proof of language proficiency in either English or French.	Submit evidence of language proficiency in accordance with the College’s Language Proficiency Policy .	Declare fluency in English or French AND provide proof of education showing language of instruction in English or French OR Submit results of a College-approved language test: CLB—8.0 on all skills, or equivalent : TOEFL—580 on paper-based (or 100 on iBT). IELTS—level 7 on all skills.	\$200–\$300 if a language test is needed. Cost depending on the test (fees paid directly to 3 rd party institution).	7–10 business days after receipt of evidence of language proficiency, or language test results directly from 3 rd party.

¹ *Original transcript or certified copy. Degree must be in a healthcare discipline reasonably related to naturopathy.

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		CanTEST—4.0 on each section TESTCan (For French only)— 4.0 on each section.		
Stage 1: Paper-Based Assessment.	<ul style="list-style-type: none"> Fill out and submit the Documentation of Education and Experience (DEE) form. Copies of the DEE are available from application@collegeofnaturopaths.on.ca Provide support documents (transcripts, course descriptions, work experience, etc. as per PLAR DEE Guide). 	Substantial proof of relevant education through previous education programs and/or an acceptable combination of formal education and work experience (see detailed lists and descriptions of content areas and mandatory requirements in the PLAR DEE Guide).	\$300 + HST.	2–3 months following receipt of all required documents and the fee. May take longer if additional verification or information is required.
Stage 2: PLAR Examination #1 (Ontario Biomedical).	<ul style="list-style-type: none"> Complete exam registration form (assesses need for exam accommodation, etc.). Pay exam fee. Write the exam. 	Pass exam (minimum scaled score of 550 required).	\$450 + HST.	2–6 months from notice of eligibility to sit PLAR Exam #1 (two sessions offered annually, every 6 months).
Stage 3: PLAR Examination #2 (Ontario Clinical Sciences).	<ul style="list-style-type: none"> Complete exam registration form (assesses need for exam accommodation, etc.). Pay exam fee. Write the exam. 	Pass exam (minimum scaled score of 550 required).	\$850 + HST.	2–6 months from notice of successful completion of PLAR Exam #1. (two sessions offered annually, every 6 months).
Stage 4: Demonstration-Based Component a. Structured Panel Interview.	Participate in a 90-minute structured, entry-to-practise, competency-based interview with a panel of 3 PLAR assessors NDs (the Panel). One hour of preparation time provided prior to the panel interview.	Demonstrate a minimum of 75% of the assessed competencies (as determined by at least two of the three assessors).	\$450 + HST.	2–3 months from notice of eligibility to participate in the Panel Interview.
Stage 5: Demonstration-Based Assessment	Participate in three clinic scenarios with standardised patients (actors trained to act	Demonstrate a minimum of 75% of the assessed	\$1,300 + HST.	2–4 months from notice of eligibility to

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b. Interaction with a Standardised Patient (3 stations).	as patients) for a total of 3 hours. Delivered by a third-party agency in conjunction with the College of Naturopaths of Ontario (the College). No preparation required.	competencies (as per competency evaluation metrics).		participate in interaction with a Standardised Patient following successful completion of the Structured interview.
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